

Title:	Constance & Assistance for Enraged Earthbound Spirits
Type:	Spirit Assistance
Category:	Assistance to Spirits Earth Bound
Spirits:	Constance and many millions of enraged spirits
Location:	Spirits surrounding and influencing the earth
Description:	Mary channels Constance, who lived as a slave woman in the Indies over 300 years ago, and many millions of other spirits, who died violently and remain earthbound continuing to harm others on earth because of their rage at injustice, who are drawn by Jesus into a conversation about forgiveness
Date/Time:	6th March 2018 at 10:50pm
Location:	Wilkesdale Queensland Australia
Session:	1

[1050][00:00:49.17]

1. Introduction

Title

Constance & Assistance for Enraged Earthbound Spirits

Subject

Mary channels Constance, a woman who was a slave in the Indies over 300 years ago, and many millions of other spirits, who died violently and remain earth bound by their own rage at injustice and desire to protect others from injustice, who are drawn by Jesus into a conversation about forgiveness, and who are then assisted by other spirits to stop affecting the earth with their rage.

Summary

The earth is surrounded by "earthbound" spirits, who are attracted to the earth even after their passing. Many of these spirits are very angry and resentful, and encourage the cycle of violence on earth.

This spirit conversation through Mary begins with Jesus speaking to Amantu, a Celestial Spirit, who speaks with Jesus about how to help earthbound spirits who are perpetrating more violence on the earth.

Jesus arranges with God to bring a group of enraged earthbound spirits to him in an attempt to help them progress, and the group that comes first is a group of spirits who have been abused or enslaved when living on earth. These spirits have not forgiven perpetrators for the abusive treatment they experienced.

Constance becomes the spokesperson for a group of around two million spirits who are enraged about the violent treatment they received, and these are eventually assisted to connect to spirits who have been attempting to help them make their transition into the spirit world.

A conversation with Amantu, the assisting spirit, and between Jesus and Mary, conclude this presentation.

Preliminary Information

Jesus and Mary regularly help spirits. Sometimes, Celestial Spirits who are attempting to help people on earth, spirits in the "earthbound" condition, or spirits in the "hells" of the spirit world, ask Jesus and Mary to help them in their attempts to connect to and assist those spirits who are in darkness and suffering, or to help spirits who are still causing damage to others.

Amantu is a Celestial Spirit who Jesus and Mary have talked to before, and he wants Jesus and Mary's help to begin the process of assisting "earthbound" spirits who continue to hurt people on earth.

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2. Amantu asks Jesus for assistance to help angry earthbound spirits

Amantu asks questions about his role as a spirit guide

Amantu speaks about emotional enslavement and how similar it is to physical slavery experienced by many African people

Jesus explains that a lot of negative spirit influence on Earth is created because spirits do not engage the forgiveness process

Jesus asks if Amantu has made any contact with groups of earthbound spirits

Amantu describes the cycle of distress earthbound spirits are in and how they don't see him

- The cycle of distress consists of anger and fear emotionally cycling through earthbound spirits due to unhealed emotions
- The cycle of fear and anger in earthbound spirits is causing violent conflict on Earth

Jesus further explains the cycle of distress Amantu described

- Spirits who experienced abuse in their lives influence the thoughts and feelings of people on Earth who are in a similar situation as they were
- Jesus explains how people on Earth who have never been hurt often take preemptive action to avoid the potential of being harmed
- Jesus explains that there is no way to feel relieved from anger and fear except by engaging the forgiveness process
- Jesus explains that relief comes when we forgive, not when we impose our feelings upon others

Jesus asks God and his spirit guides to help make contact with a group of earthbound spirits who were oppressed and enslaved when they lived on Earth

Jesus explains how people who have had similar experiences are drawn into groups in the spirit world

Amantu suggests speaking with people who have recently entered the spirit world

Jesus explains that people who have recently passed do not have as much influence as people who have solidified into groups

Jesus explains how discussions are organised with people in the spirit world

Jesus mentions to the group of spirits that speaking through a medium is a different process to influencing people's feelings

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3. Constance, a woman who experienced slavery in the West Indies

Jesus explains why he has invited Constance and the group of spirits to come and speak with him and Amantu

Jesus explains he wants to speak to Constance about her life experiences and to help her work through her anger if she wants help

Jesus introduces Constance to the concept that there is a better life available in the spirit world than what she currently has

Jesus informs Constance and the group that he wants to introduce spirit guides who can assist the group to become happier

Constance shares her experience of engaging mediumship through her daughter in the past

Constance expresses how full of rage she feels

Jesus explains to Constance how to stop projecting anger through the medium

Jesus explains to stop projecting anger we have to feel the anger is ours and not someone else's

Jesus reassures Constance that it's natural to have anger about the abusive treatment she has experienced

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4. Constance speaks about life on earth and the spirit world

Question: Do you remember when you were a little child?

Question: Where were you born?

Constance shares she was born into slavery in the Americas, 300 years ago

Constance doesn't know where she was born as she was enslaved, never educated and never left where she lived

Constance expresses the deep injustice she felt being enslaved during her Earth life

Constance's children were taken from her at a very young age

Constance shares how every dignity was taken away from her by her abusers

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5. Jesus introduces Constance to Amantu and spirits who can assist her

Constance speaks about pain and mistrust of people

Jesus explains the general rule that in the spirit world any person in a brighter condition is in a happier condition and they have more love in them

Constance expresses how she feels she has been trying to protect others on Earth who are in similar situations to herself

Constance expresses her rage at the injustice of so many people being harmed

Jesus encourages Constance to feel what emotions are coming from the spirit friends

Constance feels the spirit guides love for her and wants to know why they didn't come before now

Jesus informs Constance that Amantu and his friends have been around her, but she has been unable to see them because of her anger

Jesus and Constance briefly discuss men who love and treat women well

Jesus speaks about how there are ways to protect people without resorting to violence

Constance expresses how difficult she finds it to be around men

Jesus comments that not all men are bad

Jesus brings Constance's attention to the fact there are men in the group with her who she didn't see

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6. Jesus describes the cycle of abuse and how abusers gain power

Jesus shares how some men have also been victims of abuse and slavery

He describes how abusers use separation of men and women and separation of people from one another in order to demoralize them

He confirms there are millions of people in the group with Constance

He describes how people with similar feelings are automatically attracted to each other

He describes that the anger about the abuse the each person endured on Earth attracts them together

Constance's memories begin to surface

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7. Introducing women spirits who have suffered similar abuse as Constance

Jesus gets the spirit guides to show their brightness to the group of earthbound spirits

He describes how in the spirit world love is power, and how brightness is the measure of how much love you have

He explains how holding onto anger or fear causes us not to love, which results in having no power

Spirits build rapport with Constance

Spirits share their personal experiences with Constance to build rapport

Jesus confirms that Constance and others in the group can change and become like the spirits helping them

He explains his first reason for talking to Constance was to introduce her and the group to spirits who can help them

He draws the earthbound spirits attention to the fact they have not seen each other until now

He explains how anger and vengeance become like tunnel vision and we only see the things that make us angry and vengeful

8. Jesus reunites Constance with her daughter

Constance is shown how to find her daughter

Jesus encourages Constance to be open to receiving help from Amantu and the spirit guides, as they are brighter than her daughter

He explains that being completely focused on Earth prevents exploration of the spirit world

Constance shares information about her daughter's experiences on Earth and in the spirit world

She wants to know why the ancestors didn't come and meet her when she passed, but they did meet her daughter

Jesus shares that Constance was so focused on vengeance she couldn't see the people who tried to help her when she passed

Constance expresses her anger at the injustice she and others experienced on Earth

Jesus explains that anger is a result of the suppression of sadness

He speaks to Constance about how anger has negatively affected her life

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9. Helping Constance and the group change and become happier

Constance expresses her fear of ceasing to exist if she gives up her anger

Jesus appeals to Constance to logically examine how the spirit guides have changed and grown from a similar state to what she is currently in, to where they are now

He describes locations in the spirit world and how beautiful they are

He shares that people live in locations in the spirit world based on their condition of love

He speaks about why people are drawn to different locations in the spirit world and what causes that

Constance is concerned about the white men who abused her going to the same location as she does

Jesus speaks to Constance about white men who have been enslaved and oppressed and shows her some who are in the group

He speaks to Constance about where abusers are attracted to live in the spirit world

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10. Constance's lack of faith and false beliefs about God

Jesus shares how God has been attempting to help Constance her entire life

He encourages Constance not to believe things about God based on false teachings

He explains that anger always makes our viewpoint smaller

He explains that to find the truth we must have a bigger viewpoint and to have a bigger viewpoint we need to release unloving emotions

He expresses his compassion for the abusive treatment towards Constance and others in the group

Constance never believed she deserved the harm and abuse she received. Her mother taught her she wasn't responsible

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11. Constance and the group learn how to release anger

Jesus shares that God does not cause pain and suffering in the world but humanities choices do

Constance wants the world to know that oppression and abuse is wrong

Jesus speaks with Constance about her intentions to have vengeance on those that harmed her

He discusses how influencing others to take violent actions is a sin

He discusses how people who have been abused and then take violent action towards others become the same as the abusers

Constance doesn't believe that revenge on the part of people who have been abused is the same as the abusers' actions

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12. Jesus speaks about true justice

Justice comes about from a loving course of action

God already has a justice system in place through His Laws

Jesus mentions that we can't know what we don't see

Question: How are you going to get justice for yourself?

Jesus and Constance discuss how to get justice when you have already been harmed

Jesus explains that encouraging harm towards others does not gain justice for yourself

Jesus and Constance speak about what drives her anger and the childhood reasons why she suppresses her sadness

Jesus explains how God made provision for crying and the benefits of crying

He describes things Constance and the group haven't been able to see due to holding onto rage and anger

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13. Helping Constance work through anger and grief

Jesus speaks about the intergenerational cycle of violence occurring on Earth

He reminds Constance and the group that focusing on vengeance makes them short-sighted

He encourages the group to let themselves see more than what they have been seeing

An invitation to speak again if more assistance is needed

Jesus and Constance finish their conversation

14. Helping listeners understand the earthbound condition

Amantu asks Jesus if he would have more discussions with groups of earthbound spirits in the future

Jesus asks Amantu to describe why the group of spirits couldn't see each other

Amantu describes how the group was enthralled in their own emotion

He describes how it appears as if the emotion has hijacked the soul; and reasoning, intellect and self-awareness recede from the person

Jesus clarifies how the sympathetic emotion in each person creates a group consciousness to occur

He describes how even if an individual tries to leave the group the emotion pulls them back in

He shares that it is the avoidance of feeling painful past experiences that causes people to become enthralled in the fear, anger, violence cycle

Amantu and Jesus describe how Constance's group had no logical reasoning and was driven by their collective unhealed emotions

Constance and the group believed they could prevent future violence and harm and wanted to protect others from the experiences they had endured

Question: How many people were in the group?

Amantu shares there were two million people in the group and that many spirit friends had arrived to help them

Jesus shares how once a group becomes conscious, then individuals can leave and make different choices

Jesus asks Amantu how many other groups of spirits there are with similar issues to Constance's group

Amantu estimates there are at least 5-6 groups right there and more further afield all caught in a similar cycle of pain

Jesus comments that in Barbados there are a large number of oppressed spirits due to their history of slavery and violence

Amantu comments that Constance is from the Indies

Jesus comments on the terrible suffering of people from the 16th to the 19th centuries due to slavery and oppression

Amantu thanks Jesus for helping him

Amantu comments that Jesus' time and love for the spirits is not a small service or gift

15. Consideration of the spirit discussion with Constance

Summary and conclusion of the discussion

Mary shares how sad Constance's life was

Jesus comments how sad millions of people's life experiences have been

Mary relays her feelings and impressions about Constance's life

Constance's mother was originally from Africa and was brought to the Indies as a slave

When Constance passed she was not as enraged due to having love for her daughter

Constance observed from the spirit world her daughter being raped and afterwards

Constance entered an enraged, vengeful state

The differences between Constance and her daughters spirit life experience

How spirit guides have previously attempted to help Constance and the group

How common it is not to accept help from spirit friends

The importance of forgiveness and desiring to forgive

Forgiveness relieves us from our rage

In order to forgive we need to feel what happened to us, feel the actual harm perpetuated towards us

Jesus comments that many people have been terribly harmed by others

Mary comments how Constance had a terrible life and death and how disconnected from her memories she was

Why people cannot remember what has happened to them

We learn many lessons from our own emotional process

How people can only be helped when they have an open mindset

The importance of making a point of contact with people

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