

*The Human Soul:  
Emotions & The Mother Taboo*

*By  
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This ebook is a transcript of a seminar delivered by Jesus (AJ Miller) on 26th June 2010 in Buderim, Queensland Australia, as part of the Human Soul series. In this seminar Jesus discusses why emotional injuries with mothers are the dominant emotional injuries in people, he describes common emotional injuries in females that impact on motherhood, and inter-gender relationship injuries on Earth and how to heal them.

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## *1. Introduction*

Today's subject is going to be a very interesting subject. It's part of the Human Soul series of talks that I've been doing and is called "Emotions and The Mother Taboo".

The first thing I would like to talk with you about this subject is this; many of you ladies in particular are going to feel that I'm being unfair with you. Many of you are going to feel a bit angry about that perhaps, if you're not already angry about it already. (Laughs)

With regards to this issue, I've dealt with a lot of my mother emotions. In fact I've hardly got any women-based emotions left at all aside from my soulmate based emotions now, and so I'm in a very, very clear space when it comes to women. Now many of you women have already experienced that with me, you know that I'm loving with you with the way in which I deal with all of your emotional injuries, you know that I don't get angry with you and upset with you, even though sometimes you're quite angry and upset with me. So you know that I'm in a fairly clear space when it comes to women and how women feel about things.

### *1.1. Jesus' views on female equality*

You also know and realise that for many centuries, if we can say the last twenty of them, I've always promoted women's equality with men, in all of my actions. And because of that, a lot of men have been very, very confronted by what I've done with them, in terms of helping men get into a stage where they recognise the equality of women.

In the first century what would happen quite often was the men would be in more of a rage with me than the women, and the reason why, is that many of the men felt that I was treating women too equal. They had this very, very strong opinion that they were basically the masters of the human race and that the women were their possessions, and they treated women like their possession. Then you have a man come along who never treated a woman like a possession at all - you can imagine the confrontation. Many of the confrontations that my own disciples had with me in the first century were about women. So many of the men were very angry with me, very frequently, as a result of my treating women well.

They were also very angry with me in my relationship with Mary, in the sense that every time that I demonstrated or was involved with any discussion with any group of people, I would always have Mary with me. That meant that there was often a group of men, sometimes ten or twenty men and Mary was the only woman present, because none of the other men would actually invite their women to come along. This meant of course that these men would often be angry with me as a result of my saying the woman had just as much right to be here and be a part in this conversation as a male does.

The result of that was that after I passed there was a lot of backlash against Mary from the male disciples, and as a result of that Mary got treated quite poorly by many of the men who believed themselves to be my friends at the time. So many of the people you know of like Peter and James and so forth, who you would of heard of in the Bible, were our personal friends, treated Mary quite badly after my passing, as a result of my saying that Mary was equal to me.

Now that all being the case, now is the same - I still have the same feeling towards men and women, in that they are equal to each other in all aspects. And you know from my own dealings with you, particularly those of you who are women, that I have treated you with the upmost of respect and love and care and I've always listened to your issues and problems, and I've always also tried to address the underlying causal emotions with love in you. You've also noticed from my relationship with Mary that I treat Mary with that same respect as what I treat you. [00:05:57.01]

Now I'm just reminding you of that. The reason why I'm reminding you of that is because after this session you're going to think that I've been very unfair towards women. And I want to remind you upfront of the underlying emotions that I have towards women so that you can cast your mind back and ask yourself, "Well how does AJ treat me when I have a personal interaction with him?" Because if you can remember that, then you won't get hooked into the anger you feel after the result of this conversation.

## **1.2. Resistance and anger in the women in the audience**

Now you'll notice there are more men here again today. So we'd just like to welcome those men who haven't been here before and the reason why there are more men here today is because myself and Mary are working our way through these emotions about the woman/man issue. And this subject will hopefully go a long way to evening out our audiences to be fifty-fifty male and female. One of the reasons why we've not had a fifty-fifty male female audience is because many of you ladies are holding on to your rage with men, and as a result of that, of course your men do not want to come along with you while you're in that space. Now we want to talk about how we can work our way through these emotions.

Now one of the other things I want to do too is just address the reasons why I want to have this discussion with you. What we've noticed in all of the workshops and the presentations that we've ever done, that actually it's the women who've projected the most rage. In fact, even though I've talked to men on many numerous occasions - and in fact I've talked about the male emotions in terms of negatively on far more occasions than the females - and even though I've talked freely about how the male needs to deal with these particular emotions, I've only ever had one male come up and complain to me that I was being unfair to men. And in almost every session I've ever presented, I've had usually more than one female come up to me and complain about the emotions about females that are being presented. So what does that tell you? Well it tells me the same thing is going on with the workshops as well, and that is that many women are very resistive to looking at themselves emotionally about what's going on.

Now what we're also noticing is that there is a large numbers of spirits coming along to the workshops that Mary's presenting, who are very negative, angry, women spirits who are shutting down the workshops in such a manner than whenever we try to get the people in the workshop into their mum emotions, these women spirits become enraged. What we often find is when we're doing the male-based emotions, the father-based emotions, everyone connects to them fine. Everyone gets into their rage and gets into their anger and then gets into their grief and releases their stuff, and starts releasing stuff towards the male; often in an angry place still, but they get into their stuff towards dad quite well. But when it comes to their mum stuff, the majority of people feel they don't have any of it with their mum.

What I'm going to tell you today is actually the majority of your emotions came from your mum - and that's particularly the case in the Western society. And we'll talk about the reasons why emotionally.

So what I want to do today is present to you what is going on between the masculine and the feminine, but particularly what's happening for many women. One of the things I felt today was a heavy, heavy projection upon the audience to not be here today. And I know many of you made a last minute choice to be here today. The reason why is Mary and I prayed quite a lot that our Celestial friends would help you get over the resistance to coming and be present in a discussion about the mother taboo, because it's such an important issue. [00:10:48.11]

## **2. Why "mother" emotions are dominant**

Firstly we'll talk about why "mother" emotions, if I can do it in quotations, are dominant. This is particularly the case in western society but it does pertain to almost all societies on the planet at the moment. From the age of when you were born to the age of four or five years of age generally in Western society, who do you spend most of your time with? It's your mother.

If you think about it, the average nuclear family, if we can call them that, consists of dad, mum and children. And because in a Western society we're quite removed from the grandparents or the great grandparent relationship that many have in other societies, often it's the parents who have the primary care giving role towards the children or some of kind of child care arrangements have some kind of dominance there as well.

### **2.1. Women generally spend more time with children than men in Western society**

Now let's look at, from a percentage point of view, how much time gets spent with the males compared with the females as you're growing up.

So what happens to dad; what's his general life? Well he might get up at six or seven in the morning, he'll usually be



off to work at say 8am, let's say, and the kids are up at the same time but they're getting ready for school. So let's say he might get one hour of time with them in interactions. They won't be very quality interactions because everyone's busy, getting washed, getting dressed and all those kinds of things, but let's say he gets about one hour there. Then 8am till let's say 6pm, because generally nowadays there's a lot of travelling involved, the male is not present for the average family. But who is? Mum is. So mum gets that hour in the morning and then she also gets 8am till 6pm, which is ten hours that dad doesn't get with the child.

Then dad comes home, and the average child is usually in the sack by time 7.30, 8 o'clock. They're usually in bed. So he might get let's say two hours maximum with them there. But he comes home tired and he's a bit grumpy from doing a job that he never liked in the first place and on top of that obviously, there's also work to be done in the sense of preparation of meals and all these different things to be done. There might be even outside things that's got to be done - the lawn mowed or whatever else needs to be done. Take the kids to - nowadays - the footy and the basketball and the music lessons and the ballet and everything and before you know it there's very little of that time. But let's say it's two hours that he gets with the child, which of course mum also gets.

So mum's getting thirteen hours with the child and dad's getting three hours total in a day. So straight away what does that tell you? Who has the most emotional influence environmentally over the child? Mum, obviously.

Now of course it doesn't have to be that way does it? But the fact that it is that way is all about the fact that we already have a dynamic on this planet where we've accepted that the woman's role is a certain thing. This comes from generations where the women have the role of bringing up the children until a certain age and then other people take it over generally.

Now let's say mum does work. By the time the child hits maybe even one year of age nowadays or even younger, often the child gets childcare, doesn't it? How many male childcare helpers have you ever seen? It's very rare isn't it? I personally have not met one, but I do know of some that do have male childcare helpers. But generally what is the dominant influence at childcare? Again it is female. Feminine. So the same thing applies again really. This time the mum's not getting the ten hours in between morning and evening, but another woman is. So it's still a female influence in that period of time.

Then you start school, you're four or five years of age, you go to prep first, or whatever you call it in different countries. In Australia you're five years of age in grade one, and then grade 2, although in other countries it's a little different. What are the dominant gender of teachers at that age group? Females, are they not? So you'll get a school where there are only two male teachers or three male teachers in primary school and the rest are females. It's rare to get an even number of males and females in a primary school teaching environment. [00:17:01.29]

So we still have the same dominance. So this is up to say five years of age, and then from five through to even twelve in Australia it could be still quite a lot of female dominance, in terms of the time, that's getting spent with this child.

So, we know now from our own experience and also from what we've been taught about all the emotions that enter us as people, we know that actually the dominant emotions that enter us, that are damaging to our soul, come from our environment. And if our environment is dominantly female all the way through our formative years, obviously the group of emotions that we need to deal with are going to be dominantly coming from the female side of the gender injuries.

## **[2.2. The majority of our emotions come from our mothers](#)**

Now that being said, let's look at the average woman who is now a mother. She has a group of emotions in her. And the group of emotions in her, some of which are reflected towards her father, or lack of a father in her life, and some of which are reflected towards her mother. But, 80% of the emotions that she has come from her mother. So even though she might have huge amounts of rage with the male, 80% of that rage came from her mother, and not the interaction with her father. In other words 80% of that rage came from her mother's rage with the male. Because if you look at the percentage of time, the male's only had three hours with her whereas the female's had thirteen hours with the person in the day in her formative years.

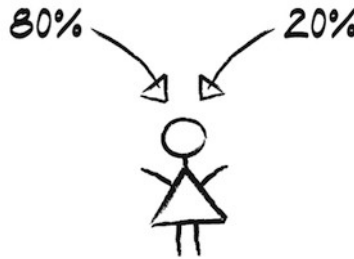
This is something many of these spirits that are with us need to recognise too, who have been here projecting at you not

to go into your mother emotions. They need to realise actually that most of your emotions came from your mother's emotions, and most of her emotions came from her mother's emotions, and so forth.

What we need to do is start recognising that actually, dealing with the mother emotions is going to be one of our greatest challenges. It's going to be one of the most difficult things we do. What we normally do when we're processing emotions, the natural thing of the soul is to do what's easy first. So what we finish up finding is we start getting into our male-based emotions, in other words the emotions we have toward the male. Bearing in mind of course that 80% of those actually came from our mother. So 80% of my own emotions towards the male - towards myself and towards the male – actually came from what my mother taught me about the male. Therefore even what I feel is about my dad is really about my mum's issues with her dad. It's not really about my dad even; it's about my mum's issues towards her dad, that she has not healed. 80% of it at least is that.

And what about my issues about mothers? Well that's going to be very much about my mum's viewpoint of herself, and my identification with that. So what happens a lot of the times is 80% of my emotions towards the women come from the woman herself, as well, and 20% comes from the male about the woman. This is whether we're male or female as the child, it doesn't really matter.

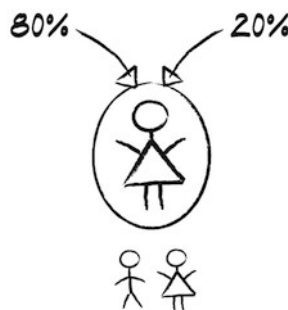
So mum and her influences are; 80% comes from her mum's emotions, of which you'd say a good half are going to be about dad and a good half are going to be about herself, and 20% of the emotions come from her dad, a good half of which will be about himself and some of it will be about women, and that enters mum.



*80% of mothers' emotions come from her mother and 20% from her father*

Mum's now got all these emotions and she conceives you, and right from the moment of conception, any of those emotions that are unhealed are entering you; they're entering you from that moment. It's no wonder you wake up after a birth crying; because you've already got 9 months of crying to do before you began. (Laughter) That's how it is.

So we're just this little child - we could be a male child or we could be a female child, but either way we're going to have these very big influences coming from our mother because 80% of our time with a parent is about our time with mum. So can you see straight away why we've already got a lot of emotions to deal with about mum, and they're not necessarily about mum, they're often about what mum believes.



*Children (below) are impacted by their mother's emotions from conception, 80% of which come from her mother*

### [2.2.1. Our beliefs are more likely to come from our mothers than fathers](#)

So for example if mum believes that the Catholic religion is the only religion for her and any other religion is not acceptable, then there's a higher likelihood – if mum believes it - that I will actually take on that belief than if dad believes it. And if mum believes that it's acceptable to actually sit in a relationship that is damaging to herself, for the sake of the children, what am I going to grow up and believe? Well there's an 80% chance that I'm going to grow up believing the same thing; that it's acceptable to live in a violent relationship for the sake of the children. It's a pretty high likelihood I'll have the same belief.

So can you see how the mum's emotions have a huge effect on me as an individual? I have a huge amount of emotions in me that are about what my mother accepts as true. And can you see that it's actually easier for me to disagree with my father's beliefs than it is to disagree with my mother's beliefs? Well you think about it, if he's only got three hours with me, I'm only going to be at loggerheads with him for three hours. How hard is it to be at loggerheads with someone for thirteen hours? It's much more difficult to do that.

So what we finish up doing is we finish up trying our best, even with the emotions that we don't agree with, to accept or somehow cope with my mother's beliefs systems, and we will be pandering to my mother's belief systems far more than I would to my father's belief systems because my father only has three hours that he can disagree with me whereas my mother has thirteen. So there are a lot of very practical reasons why our issues with our mothers are some of the biggest issues we're ever going to face.

### *3. Common female injuries*

#### *3.1. Common mother projections onto children*

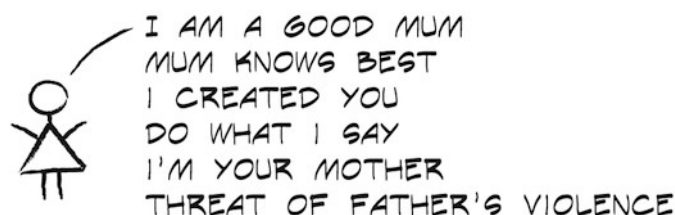
Now what I would like to discuss is a whole other set of dynamics that are going on with our mothers, that don't generally happen with our fathers, and that make these emotions even more difficult to access and deal with. So not only now do we have 80% of our emotional belief systems, 80% of our intellectual belief systems, 80% of our emotional damage that will mirror my mother's emotional damage and belief systems – no only do I have that happening - but now I have another dynamic getting created by my mother herself.

What do most mothers believe about themselves? "I'm a great mum." Well underneath that is "I'm not a great mum" most of the time. But what do they tell you? "Mum knows best." You never hear a father knows best, do you? Rarely anyway. (Laughter) "I created you; you've got to do what I say." Let's keep going. "Do what I say. I know better than you - I'm your mother." How many of you heard that from your mother? Or just "I'm your mother". And that can be applied to a thousand situations. So you've got to do what I say because I'm your mother. It's always, "I'm your mother," brought up. You very rarely hear, "I'm your father and you've got to do that."

**Participant:** My mother used to say to me, "If you don't behave, I know better, but I'll call on your father."

Exactly. Now we're starting to get the threat of father's violence.

When my boys were young my wife used to say to my boys, "You wait 'til your dad gets home." Now how many of you have had that said to you? The majority of you. So you wait to your dad gets home. Now that is a very subversive thing that your mother is actually doing because what she is doing is she is controlling the violence towards your person through that action. She is actually also in control of your father, and she is able to manipulate him in such a way that he is willing to belt you at her word. That is a very subversive and underhanded thing to actually create because if the father then acts out the violence to the child at the behest of the mother, what do we finish up thinking? Mum's the good cop and dad's the bad cop. That's what we end up thinking, and that's what we end up feeling.



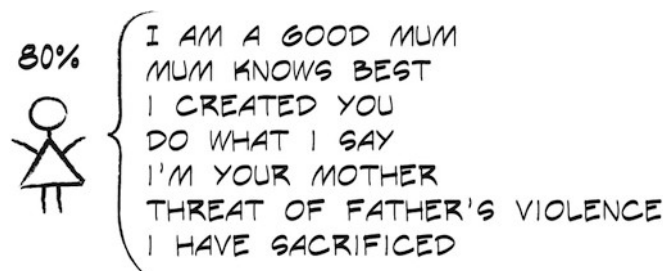
We could go on for ages with this list of all these beliefs, but the issue with all these beliefs is they create a resistance in yourself, the child, to ever touch any issue of feelings of anger or rage towards their mother. Woe betides if you cry about how bad your mother treated you. Because that's really what this is about - preventing you from seeing the truth about how you've been treated.

I'm not saying all mothers are like this, but let's face it, it does happen. As you've seen, the threat of father's violence from your mother happened to almost all of you, from your mother. Can you see how this is a way of treating you in such a manner that you start taking on your mother's belief systems about your father? And you start taking on your mother's belief systems about religion. And you start taking on your mother's belief systems about pretty much everything, and woe is you if you ever disagree with your mother. [00:29:33.00]

Mary and I were listening to songs - Mary has been looking for songs about anger and rage and other issues with mother for her workshops, and we found hardly any at all. What blew us away was we found hundreds of thousands of songs about how good mum is. Literally hundreds of thousands of songs about how good mum is. Some of them were religious in nature where there's God, then there's mother below God, and then there's you below mother. There was one song, written for the Muslim community actually, where they were singing about how you must respect your mother, which is obviously one of the basic tenets of the Muslim religion, as it is also one of the basic tenets of the Christian faith. As a result of that, this song was just saying how your mum carried you; you can never condemn her for anything she's done because of what she's done for you.

Often you hear from mothers, "I have sacrificed for you." Now it's interesting that many of us have had this from our own mothers, but now many of us here in the audience are mothers. How many times have you done these things with your own children? Can you see how straight away there's a dynamic that happens, that while I'm reflecting upon my mother, I can own up to the fact that these things have happened in that relationship, but as soon as I become a mother, what does everybody say? "I realise the instant I become a mother, I forgave my mother for everything she did." Do you know really what you're doing there? You're forgiving yourself for your own unloving behaviour for what you're doing. That's all you're doing. Doing that is not very positive if you want to become at-one with God.

So we have all these belief systems that all came from this person who had, let's call it, an 80% influence in our life. So naturally we're going to take on many, if not all of her belief systems.



### [3.2. What commonly happens when we disagree with mothers](#)

Now some of us rebel. You try that and see how long you last. Who's tried rebelling against their mothers? How successful was it? The majority have tried it, and it's not very successful. Mum just seems to be relentless.

What dad will do most of the time is he'll just give up the first time you try it - most of the time. So it's rare for him. With my father it was just like - "I'm not speaking with you for the next seven years, that's it." And so he didn't. So that was easy to handle wasn't it? It's easy to handle in that you know where you stand. This is the thing with many men - you do know where you stand even if it's unloving. So when a man comes up and bops you in the nose, you know where you stand. When the woman comes up and without you knowing, plans the rest of your life for you, you've got no idea what's going on. This is a truth - many of you ladies have tried this.

Can you see that much of this comes from the desire to control because of this feeling that inside of myself that if I don't control I'm going to be hurt somehow? So while we may laugh about what's happening, in terms of the environment, the actual underlying emotions in many women are very sad and need to be addressed.

So this is part of what I want to discuss with you today, how to help yourself address those particular emotions. But before we address the emotions, we've got to identify that they're there and we've got to be honest with ourselves that they're actually present.

So what happens is 80% of the time is I'm now being influenced by mother. So that means 80% of the time I'm taking on her beliefs and all of her issues and her problems and all sorts of things are being taken on by me at this point. This is the reason why initially when we start our emotional processing work, we feel that most of our problems are with our father because actually most of our own emotional set, which is often in direct disharmony with love and God, came from our mothers. So I am in agreement with my mother initially, in my growing life, most of the time. So I am actually quite blind to the fact, in this state, that I've actually got any issues with my mother because I am in agreement with her emotionally the majority of the time. [00:34:44.27]

Now if you feel your emotions, many of you mothers become highly distressed when your children stop agreeing. When you have an anger-based situation or a son or a daughter starts confronting you emotionally, you notice how easy it is for you to feel very distressed about the situation? The reason why is because you've had 80% of their agreement all of your life, and that's an addiction in you. You've become addicted to actually having your children's agreement, and woe betide the child if they don't agree with you anymore. You go into this sad place initially and you start crying. And what do they feel? "I'm making my mum sad is what is often felt." Is that true? No. This sadness that is being triggered is already in your mother; it's been in her for generations. But many mothers will go down the track, "Don't you do this to me, I'm your mother." Can you see all of this teaching that goes on so that you accept what your mother does, even if it is unloving.

### **3.3. Multi-generational injuries in women towards men**

So the truth is actually that - as a generation - we are more prepared to accept unloving behaviour from women than we are from men. So when a man is violent we all condemn it. When a man does something we all criticise it, condemn it, condemn him, judge him. But what about the women who played a part in that violence?

Now to give you some statistics, you can have a look on the Internet for some statistics about who goes to prison. The majority of murderers on death row in the United States came from single parent, mother parent households. I think it's as high as 90% of them. Now if you start looking at statistics like that, you start seeing actually the effect that these inter-gender emotional issues have on the next generation of people.

What I'd like to do is just show you for a moment how this gets infected down the chain. Now one of the reasons why women now have this really, really deep emotion within them to not talk about women in a negative way is because many women have had the experience of having the multi-generational abuse that's occurred over centuries. In the spirit world right now there are literally millions and millions of women spirits who have been raped and abused the majority of their life, and who are now in the spirit world. These come from the last three or four thousand years of humankind existence, where the women were viewed as possessions and even if the woman was married to a man.

This was the case in my first century life, even if the woman was married to the man, the majority of the time she got raped. She didn't have any desire for the man to have sex with her, but he would just take what he wanted, whenever he wanted it - that was her role. That was the whole reason why he bought her, and paid the bridal price to her parents. He bought her as a possession.

Now to be frank with you, this is still happening on Earth as we speak. In the majority of what we call the third world, and in many Asian nations and in much of the Middle East, a lot of this is still going on, where women are being bought and sold. For example in some Asian countries, it's actually not illegal to murder your wife. And there are a lot of family vendetta type payback systems to the wife if she doesn't perform. [00:39:26.22]

### **3.4. Competition between women**

Unfortunately many times it's actually women of an older generation who perpetuate this violence against the next generation of women. Because they've endured so much of that violence themselves, they feel quite jealous if the woman who is their daughter-in-law, that's married their son, gets treated nicely. They feel quite in a rage with her



because of the comparison between her own life and the life of her daughter-in-law, and this is why the mother-in-law is often thought to be the most difficult person to handle in any marriage. Because many times, whether it's the male who's in the marriage or the female that's in the marriage, there's this really deep emotional connection with the mother.

## MOTHER IN LAW

So if I'm the male in the marriage and I've got a very deep emotional connection to my mother, then is Mary going to be able to compete with that? Well there are going to be times when she won't compete with that, where she will feel second best, which straight away creates a rift in the marriage relationship, in a partnership between male and female.

Vice-versa is often the case too. Many women grow up feeling they never want to be like their mothers, but often feel very addicted to pleasing their mother's emotions.

The person who can hurt you the most is usually your mother. In fact many people who grow up and have emotional problems that they've got to deal with or depression they've got to deal with, often times it's about the suppression of rage they have towards their mothers. They don't suppress the rage towards their fathers, because they allow themselves to experience that and express that but they suppress deeply their rage towards their mothers, which creates depression.

### *4. Audience questions*

#### *4.1. An example of a participant who can't remember his deceased mother*

**Participant:** Hello, AJ. I'm Terry, I'm new here. My mother passed over when I was seven years of age and I have no memories at all of her. Would this be the reason why - I'm blocking all this?

A lot of times it is but I feel for you there's a specific grief about your mother's passing that causes you to not have a memory of her. See a lot of times when our mothers pass when we're quite young, if we're growing up in a relationship where the father feels he loves her, there's often a lot of shut down from the father about grieving the mother's passing, and that markedly affects all of his sons. So I feel for yourself it's not really about the harm that mother has brought so much - because I can actually feel your mother with you and she actually loves you quite deeply and has been with you all of the rest of your life. But I do feel the shutdown that you have is more about the issue of not wanting to grieve her passing.

**Participant:** Thank you.

### *5. Inter-gender relationships on Earth*

#### *5.1. Absorbing mothers' multi-generational emotions about men*

**Participant:** For me I've had a lot of anger towards men, but I've been angry towards my mother most of my life. So she's the one that I've thought it's wrong because I've had so much anger towards her. So what's happening there? Even though I've got it towards my dad, I've had it mostly on my mum.

Well what I would like to do, Kelly, is address the issue of anger a little separate to the discussion in a minute. Because the issue of anger is more about the choices that you're making inside of your own soul than it is about whether the issue is with your mum or your dad. But the truth is for most of us, we identify heavily with our mother's emotions and that includes our mother's emotions towards her father. So before we even begin having a relationship with our own father, often we've already accepted through the nine months of pregnancy my mother's emotions with her father. So straight away there is almost a resistance in our soul to even having a relationship with our own father if our own mothers have had a difficult relationship with their father.

**Participant:** Her dad died when she was three.

So the difficult relationship being there that she never had one, the fact that during her formative years, particularly from three onwards, she never had a relationship with her father. She would have had feelings of being abandoned by the male and all those kind of things. All of those emotions that she's yet to release or hasn't released are all automatically absorbed by your soul at the moment you incarnated, at the moment you were conceived. From that moment onwards you're absorbing all of these emotions that mummy has towards her dad. And one of those major emotions would be a feeling that dad abandoned her and rejected her, even though he died and didn't have much control over that. That's the emotion she has. [00:45:13.04]

Not only that, there are also these multi-generational, thousands of year-based emotions that most women on the planet also carry. These are the unfortunate results of man's dominance over women during that period of time. So the problem with males or with any gender dominating any other gender is the following generations deal with the aftermath of it.

So what happened during this period of time, these thousands of years where male dominated female - men took women as they wanted them, did what they wanted with them, discarded them when they wanted to. What happened during that period of time is this multi-generational rage has developed in women for many, many, many generations of how men have treated us. How men have controlled us, and treated us, and abused us, and raped us, and tortured us, and all of those kind of things. Even this generation of women, who for many personally have not had that particular experience, have automatically got that emotion in them because it's never been released by the previous generation of women.

## **5.2. The impact on men of women's multi-generational injuries towards men**

By the way, many of the current generation of men have a very emasculated viewpoint of themselves and the reason why that is is because they have often accepted 80% of their mother's emotions about men, and mum's emotions about men that are unhealed are often quite rageful about men. So then the male identifies with the mother rather than the father.

Now many of you men in this audience have done that - you've identified more with your mother's emotions than you father's in terms of sense of approval and that also automatically means that you're going to enter placating relationships with women. You placate the woman even if she's in a rage because you actually identify with the woman in a rage more than you do the male in a rage because when you were a child growing up you saw dad in a rage and he was violent and angry with you as well, and you rejected the male in a rage and you felt sorry for your mother. Then you finish up attracting a rageful woman into your life and to help you overcome the sorrow you have towards your mothers that you need to actually address and feel inside of yourself.

So often what happens even if we're a male, we also identify strongly with our mothers. And this is why many men, even as they're growing up as adults, refuse to tell their mothers the truth, because they can't handle the results of mum's disapproval. They can't handle it emotionally inside of themselves. So they don't tell mum the truth. So they go off and sneak off and have a relationship, they don't take her home to mum, they go off and do some other things, some scary things like skydiving and rock climbing and all those kind of things, but do they tell mum about it? No, you've got to keep that away from mum because mum will just go ballistic on that one. So many of the men learn from a very young age to keep things away from mum. So what do you think they're going to do with their wives? So here we are as the final generation, the generation that's here present right now, and as a woman you're often getting angry with the man for being a liar. You created the liar. It was the previous generation of women that created this liar.

The beauty of all the emotions that are currently in the current generation is they are all present to correct the previous generation's mistakes. And as long as we start owning them, as individuals, we will heal all of this. We will heal every single bit of inter-generational and inter-gender emotional issues - which is what we need to do on this planet for the next generation to actually love each other as males and females. [00:49:11.18]

While we hold on to all of these belief systems about holding on to mum's beliefs systems, what we're actually doing is perpetuating the cycle of inter-gender violence that occurs on the planet. And I classify any verbal disagreement between the genders as inter-gender violence, besides physical. So why do you think you have an argument at home

when you're married? It's because of the inter-gender emotional issues that are not being resolved by both parties in the marriage.

### **5.3. Suppression of anger towards women**

Now we often deal with the emotions relating to dad because often we're allowed to be in a rage with dad. In fact many of your own fathers have allowed you to be in a rage with them for many years. They say they don't care. Obviously they do at some level but many of them act like they don't. So what finishes up happening inside of us is we feel free to deal with particularly the anger about men, we feel free to deal with, but we don't feel free to deal with the anger about women.

So what we do instead is we suppress that anger about women. When you suppress anger, what finishes up developing is called resentment. That's what finishes up happening. Now if you're a woman suppressing anger towards mother, you're going to end up resenting yourself as a woman as well as your mother. It's the same if you're a man suppressing your anger towards your father; you're going to end up resenting yourself as a male as well as your father. It's the same thing. The same happens in the same way in both genders.

So if I'm a female, I'm suppressing my anger towards my mother because I always feel like I've got to do what she wants, I've always got to please her, she's always at me with, "You never were a very good child anyway, you never did this and you never did that, you've got to listen to your mother." A lot of it even is more subversive than that.

## **6. Common female injuries (continued)**

### **6.1. Subversive abuse from mothers**

The problem is that a lot of the times if it was overtly abusive we would know that it's overtly abusive and we would say, "Yes my mother was overtly abusive to me." We would. And we'd start to deal with those emotions. The most difficult emotions you will ever face your entire life are the ones that are subversive; the ones that are actually all of the hidden underlying messages. The kind of thing where you look in the mirror and mum walks past you and says, "It's what's inside that counts." Well if you're looking in the mirror at yourself and your mum walks past you and says, "It's what's inside that counts," what's the message? It doesn't matter how good I'm looking on the outside, what's inside is a dirty rotten scoundrel. That's the message really; that's the feeling that comes up a lot of the times when that's said.

There are all these messages that often come from a mother in a very hidden way even. So what's the message of "wait till your dad gets home"? Now there are literally twenty or thirty messages in that one single statement, "wait till your dad gets home."

Let's have a look at that one – wait till your dad comes home. If I'm the mother saying that to you, I'm really saying to you that I have control of your father. That's one of the messages. "I can turn on a switch in him and he'll belt you for me"; that's the message. "You can be protected by pleasing me": that's the message too. "If you please me as your mother, then I can turn this switch off in your dad and he won't belt you"; that's also a part of the message. Can you see there are quite a lot of messages in this?

I'm actually saying that I'm also the dominant person in this entire family, that's what I'm telling my child. The woman is the dominant person in the family. The hidden message in that is - if the woman isn't made to be the dominant person then we've got a problem in the relationship. So many women grow up feeling that if they're not the dominant person in a relationship then the relationship's not good for them and they go and find a relationship that they can be the most dominant person in, as a result of that one message.

So can you see just that one message has all of these hidden agendas? They're informing you of how you should believe mum to be. The only reason why mum wants to do any of this, and there's only one reason why mum wants to do any of this, and that is she doesn't want to feel her own grief. She doesn't want to feel her own emotions about herself. So what she does is through these methods of control. [00:54:30.11]

You see, due to a man generally having a larger physical stature, he is able to control by force. So how does a male



control a household if he's abusive? What he does is he comes home and just hits a few people around, then he gets what he wants. Either that or they leave and then he never gets what he wants, one of the two. But he is often very overt in his dominance, because he can get away with it physically.

Now the laws in many Western countries now prevent the male to a degree from doing any of these things, although not in many of the so-called Third World or the Eastern countries. But the males still do it. They even have the threat of being put in gaol and they still do it. So there's that issue, but it's very obvious in that situation who the unloving person is.

But what if mum is controlling dad to smack you or to beat you? Now isn't your mum actually in a more difficult situation with God than dad in that situation? He is being led by the mother into doing something towards you, but it's the mum that actually has control of the entire situation. Now where did mum learn this control? Well she learnt to have this control, this subversive control, through literally generations of violent abuse. She learnt that she had to use her words, and she had to be conniving, and she had to be devious and she had to use all these other techniques other than overt violence to control her environment.

So that's part of the sadness here, that we've got generations and generations and generations of women, who have had to use devious means to control their environment because they couldn't overtly come out and say to the guy, "I'm not having sex with you tonight. I don't actually like you and I don't want to be married to you anymore, let's get a divorce." Now the majority of women in history who ever said that were instantly stoned to death and their own fear of their own death caused them to stay in relationships that were damaging to themselves, which you can understand. If you're afraid of dying, you're going to automatically do that probably. So we've had generations and generations and generations and generations of that.

So this is why ladies, you are far better at lying generally than a man is. There are statistics that you can read that will actually prove that. You lie perhaps less than a male will in a Western society, but in another society you may lie more. The reason why is it's the only way to control a situation. It's the only way to control. So of course we're going to do these things. Now this is not judging any of these things, I'm just stating the truth about what happens and how it got created.

## **6.2. Multi-generational religious abuse towards women**

We also have an additional problem as a woman. As a woman there is this this additional problem. This is that there are literally thousands of years of religious abuse you've received. Let's look at the religious abuse that you've received. In almost any religion you are treated as a lesser person than the male. Is that not the case?

Let's look at the Christian faith. The Apostle Paul said, and I think it's in the 1st Corinthians, "I do not permit a woman to teach in the congregation." He was a male making a ruling against the female teaching, which was in direct contradiction to my own teachings about the woman when I was in the first century. Yet what do many Christian religions do today? Exactly the same thing, and it's obviously unloving. From a Christian perspective, a woman is not allowed to teach in the congregation. If a person is a fundamentalist and looks at the Bible very strictly, they will have to come to that conclusion.

There's another scripture, again Apostle Paul wrote it, where he says an elder or an overseer in the congregation, or a priest in the congregation in some translations, "A priest in the congregation shall be the husband of one wife." What does that tell you? It can't be the wife of one husband. So in other words the priest has to be a male. Ironically if they read that Bible scripture they would see that priests are allowed to be married, but anyway, it's interesting. So it's interesting how we take some things out of even written words like the Bible and we then apply them and before we know it, it all gets mixed up. The reality is the Bible never actually said what's now being practiced but that's frequent as well. But here we go in a Christian religion - she's not allowed to teach, she's also not allowed to be a priest.

[00:54:30.11]

Now there are scriptures that say that the woman is allowed to be a person that gives alms and assistance to others - alms, a-l-m-s and assistance to others, and so she is allowed to be a caregiver.

What else do we find in the Christian religion? Historically we have people like Luther and almost all the popes saying

that women are disgusting because they cause unholy erections in men. (Laughter) Yeah, that's something Luther said. I can actually read a long list of things Luther said, and by the way Luther is one of our Celestial brothers and sisters now. He's a Celestial brother but when he was on the Earth he wasn't that conciliatory towards women. He actually said that a woman's only role is to prepare the meals and be a companion and caregiver to the man's children. Even the male owned the children. In our life, in our first century life, the men owned the children. If you stepped out of line as a woman, the first thing that would happen to you is you would never see your children again. So do you think most women stepped out of line? They never stepped out of line.

Now we're starting to look at all these things about sex. In other words the women are the persons who are creators of the man's lust. Now can you see these patterns? These are patterns in the Christian faith, that have been there now for two thousand years. They all began about three hundred years after my death, so about three hundred CE, and since then all of these teachings came into play.

- 1) TEACHING
- 2) PRIEST
- 3) SEX

#### *Areas of religious abuse towards women*

Now you compare that with the Muslim faith, what do we see? Exactly the same thing, where the woman is not permitted to teach, or if she is she has a lesser position as a teacher. She's not really allowed to be the person who's leading the flock - they're all men. And when it comes to sex what has she got to do? The man is fine wearing whatever he wants but the woman, while she wears whatever she wants under it, but she puts over it the cloak of invisibility so that basically you can't see any of her aside from her eyes in many cases. Why? Because this has been part of the dominance of the woman.

Now there are literally three billion people on this planet right at this moment, almost half of the world's population, who have these belief systems. So how many do you think have passed that still have those same belief systems in the last two thousand years? Large amounts. Now every one of those women even fully believe their own belief system, many times. And there's this pressure now on the next generation to not give up these belief systems as a result.

The problem is that while we have all of these belief systems that are actually attacking the woman, we also finish up with this swing of rage from the women themselves. Of course you can understand why. And this has been my problem most of my life - I've understood the woman's rage perfectly but that doesn't mean I deserve it from you. And this is what we need to address.

So what happens is religion has dominated women to its own detriment. How many of you women feel very attracted to the Christian faith? Many of you will not feel attracted to the Christian faith because of the dominance of the male. How many of you feel attracted to the Muslim faith? It's the same, isn't it? Not many because of the dominance of the male. Now if you grow up in those environments, obviously it's going to be different. But here in Australia, because of our freedom of religion, most of us have given up the prospect of these faiths because of what we can feel is the error and the lack of love in them.

Now that doesn't mean that there aren't some faiths that are loving in their nature, but if we look at what's going on the messages that are given between the genders, we can see there are these huge problems between the genders.

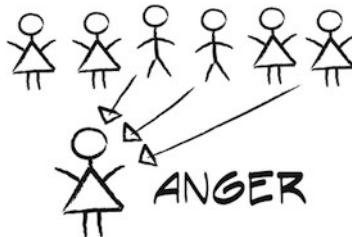
If you're a Buddhist and you grow up, almost every single Buddhist leader is celibate, whether they are male or female. What is that telling you? That's telling you that sex is wrong. And most of them are male, so what is that telling you? For a male to be holy he can't have sex with a woman.

There are all these hidden messages coming out and hitting us emotionally.

### **[6.3. Spirit influence towards women by female spirits](#)**

So what finishes up happening is that there's all this stuff towards the genders but there is a lot of stuff over thousands of years that has been dumped on the women. As a result of that, women in the current generation have now got literally hundreds of millions of spirits who are still angry about this systemic abuse of the whole gender.

Now what that means is, let's say I'm a woman here on Earth and I'm connecting to my anger with my father. How many spirits will be helping me do this? I'll be surrounded by women spirits, and even some men spirits who have all had issues with their fathers, who agree with the women spirits, all influencing me to stay in anger. They don't want me to get out of it because if I get out of it they can't express it themselves anymore through me, and so they want me to stay in it. They want me to stay enraged for the rest of my existence, that's what they would prefer. [01:07:39.17]



*Spirits (above) encourage women on Earth (below) to express anger towards men*

Just as an aside, the reason why they'd prefer that is because if you're in a rage what happens when you pass is you pass into a location of the spirit world where every other person there is also in the same kind of rage that you are. So if I'm in a rage with males and I'm a woman, I will attract a location in the hells of the spirit world where there are large groups of women, and they are all in a rage with men. That's what I'll attract. The only men that will ever come in to my sphere, my existence when I'm in the spirit world in that location is any man who believes he deserves your rage. That's the only man who will ever walk past you in the spirit world.

Now because of that, I'm surrounded by women but there's no men for an outlet of my rage. There are no men there that I can outlet this rage onto because I just want to stay in the rage, I don't want to feel the grief of it - all I want to do is outlet; I want to scream and yell at some men. That's what I feel like I want. So what they do is they feel attracted to a woman who they can influence on Earth and they actually then use her as the outlet of their rage towards men because where they are they can't do that. They have to use somebody here on Earth to do that, and the reason why they can't do it where they are is because there are no men to do it towards where they are, because of their Law of Attraction.

Now if instead of doing that they focused on their grief toward the male they'd actually get into a state of love very quickly and leave that entire location. So they can progress out of that location very rapidly. But they don't want to do that either. The reason why is, if we look at the reasons for a woman's anger - ladies only, why are you angry?

## **7. Common feelings that women want**

**Participant:** I'm being controlled.

Because you're being controlled, is that what you're saying? Yeah, I'd argue with you that's not the case. I would say actually because it's the best way of controlling. When I get angry I control everyone around me. Can you see how I'm just reflecting this back at you? I am controlling. I want control. It'd probably be better to say I want control. You see if men had been controlling in my life and I was prepared to grieve that rather than get angry about it, then I would never get into anger, I would just cry about the control and release that emotion, and ironically once that emotion is released I would no longer be attracting and controlling men into my life anyway.

To be frank with you, many of you are not attracting controlling men into your life at all - you're attracting men who you can control into your life. That's the truth and that's because you want control. What that means is that you feel out of control inside of yourself and you want a male you can control. And if he does something that stops that control from happening, what can you do to get the situation back? Be angry. If you have a man who's a passive man or a man who's pacifying the woman in your life, all you need to do to control him is be angry with him. Now you've got control

back. So “I want control”. What else would you want if you'd been abused all your life? Generationally most women have.

**Participant:** Security.

Security and protection, and some have mentioned revenge. So we want power. So what's the opposite of vulnerability? You see strength is not the opposite of vulnerability, being vulnerable is actually the strongest place you can ever be in. So strength isn't the opposite; this is one of the false beliefs we have. The opposite of vulnerability is control, is it not? You don't want to be open to everything happening, you want to be in control of everything happening.

**Participant:** I didn't recognise I was angry until recently when I realised that every time I withdraw I'm angry. So just withdrawing.

So what does withdrawing give you?

**Audience:** Power.

Well it gives you power and control but what else does it give you? What's the feeling you have when you withdraw?

**Participant:** Well I always thought I was just keeping to myself and not doing anything but I only realised lately that every time I withdraw I'm projecting anger.

Yep.

**Participant:** And I guess that controls people.

So when you withdraw you're protecting yourself from that particular situation basically, aren't you?

**Participant:** I thought I was, yeah.

Every time you withdraw, you step back from the situation. Why would you step back from the situation? Because the situation is confronting in some way. There are some other things not mentioned yet. What are they? If you've been sexually and otherwise abused all of your life, what are the kinds of things you want to do? What are the things you want to have in your life?

**Participant:** I was going to say that you want to punish. [01:14:19.28]

Yep, so that's really revenge, punishment. Blame can come under revenge. We want to get the person back; we want to punish all men for what's happened. Anything else?

**Participant:** Love.

You want love.

**Participant:** Well I'm not talking the pure love; I'm talking a distorted love.

So what kind do you want?

**Participant:** Anything.

So let's look at it. So we want attention, we might feel that as love. What else might we want?

**Participant:** Recognition, sympathy.

Sympathy. To feel special.

**Participant:** Okay my friend says romance. (Laughs)

You want romance. I'd say a desire for all of these things - attention, recognition, sympathy and to feel special - is never going to give you any romance actually. That's the way it goes. (Laughs) Well these are just some of them. These are just some of the feelings that would be there.

- 1) I WANT CONTROL
- 2) SECURITY & PROTECTION
- 3) REVENGE (PUNISH, BLAME)
- 4) POWER
- 5) SAFETY
- 6) ATTENTION
- 7) RECOGNITION
- 8) SYMPATHY
- 9) SPECIAL

You see if I don't want to feel these things; so in other words, if I don't want to feel unsafe, if I don't want to feel powerless, if I don't have the mechanism for revenge, if I'm not getting the attention and the recognition and the sympathy from the male that I want, what is going to be my first thing that I will do? Just get angry with him. Tell him he's a bastard and he can get out of my life and I'll go and find another guy who'll do that for me, not understanding actually that it's all this multi-generational injury that needs to come out of me and be released out of me.

So all of these emotions are all multi-generational emotions sitting inside of us and sitting inside of most women. And you can see why, when you've had years and years and years and years and years and years of punishment and abuse and sexual abuse and rape and all these different things that have happened to your life, you've been never noticed, you've been treated as just possessions; of course you're going to have a group of emotions like this.

### [7.1. Releasing female emotional injuries](#)

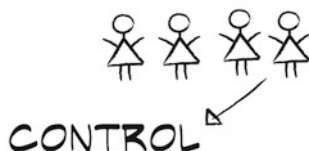
However one thing I'd like to point out to you is that while these emotions are in you, the only person who can release them from you is you. So it doesn't matter how angry you get at the male, it's still not going to get you closer to God or closer to not having one of these emotions in you. It's only going to actually make your soul condition worse rather than better.

Now what I found is happening with many women on the Divine Love Path is that they start getting to this group of emotions and they spit the dummy, as the saying goes. They get very angry, very upset, they want to look for the nearest male who will actually give them a justification for that upset and anger and then just hammer him for it and then leave the whole thing. Then even leave the Divine Love Path as a result of these emotions.

I have found that actually there have been very few women that have gotten through these emotions and out the other side of them. This is the danger for you ladies - many of you are coming up to these emotions, and many of you are in danger of just staying in them, rather than actually feeling the grief that's underneath them.

### [7.2. Camaraderie amongst women and female spirits](#)

Now one of the reasons why you're in danger of staying in these emotions is because there is this whole group of spirits around you who want you to stay in them. They've been the ones who have had to personally endure generations of abuse by the male, and they feel totally justified in helping you stay in this rage with the male and they want you to stay in this rage with the male.



*Women spirits assist women on Earth to gain control*

You'll notice how women seem to have a camaraderie between themselves about staying in these emotions. Do you notice that? You might even notice that inside of yourself.

Now often I also attract a male who will accept me in this place. That means I'm going to attract a male who actually will let me have control. He will try to make me feel nice and safe and secure. He will allow me to blame him for things that are not even his fault. He will allow me to take power in the relationship through anger. He will worship me and give me all the attention and recognition I need. And when I'm crying he sits there with me and listens to me crying, tries to hug me out of my crying, and he tries to make me feel special. That's the kind of man that I'm going to attract.

You know what I'm going to do with him? I'm going to turn him into another abuser by my actions. Because if I don't release those emotions, he is going to eventually leave or if it's not here it'll be when he arrives in the spirit world and he is going to be in a rage with women as a result of my actions. Can you see all I'm doing is perpetuating the cycle of violence between the genders? That's all I'm doing. [01:20:50.02]

So what's happened with Mary and I quite frequently, is a few months ago we were driving along in the car and all of a sudden I just saw Mary just go into this really angry place with the male and felt this large number of spirits around her, and she did too. So we started talking to these spirits and her hook into the spirits was she wanted the woman's approval. So you notice this happening on Earth a lot. What does one angry woman do? She rings up all of her friends, and puts that anger into that relationship. So what's the desire? The friends all agree with her and now she has a justification for her anger that she doesn't have to release.

Now you don't see men doing this quite as frequently because what happens with most men when they're angry is they just go and bop the person in the nose they're angry with, or they yell and scream and tirade for a while and then they're over it, for most men. So most men are more overt with their rage than women are. But what women will do is stay in this rage and talk to all of her friends, so now she's got a whole group of friends who also agree with her position. Why does she do that? Because it makes her position stronger, it makes her feel like yes she's done the right thing. "I've done the right thing here, yeah the bloody men they did this and they did that, or whatever." So can you see how straight away what I'm doing when I'm doing that is I'm influencing other women to also be in the same rage that I'm in and I'm using the hook of "us girls have got to stick together against the male gender". And what we finish up doing in that state is we create a wall or a barrier between that group of people and the opposite gender.

When we do that do you think we're ever going to be at-one with God in that place? No, never. And do you think we're ever going to be at-one with our soulmate in that place? Never. And do you think we're ever really going to attract our soulmate to our lives in that condition? Probably not. The reason why is there's just this huge amount of stuff coming out of me toward the opposite gender that I'm not owning and my hook is to please the other women in the environment.

So oftentimes what happens in many of the situations, this has happened in quite a number of workshops as well that Mary's done, where women have made a pact between each other, that if one of them gets sent home the other one will go home with them because there are these pacts that are made to support each other's emotional error. That's the whole reason for these pacts – to avoid the process of confronting our emotional errors.

## ***8. Inter-gender relationships on Earth (continued)***

### ***8.1. Gender differences in expressing anger***

Now most of us are surrounded by large numbers of spirits. Now if I'm attracting this on the Earth, I'm also going to be attracting a heap of spirits in the spirit world who also want us to avoid dealing with these emotional errors that we feel, this projection onto the universe that; I've got to have control of the universe, the universe has got to make me safe and secure, I want revenge on anybody who's done anything wrong to me and I'm going to plot that revenge to the greatest intricate degree and make them all pay. Again, generally the man in his own rage will just go and bop the person in the nose and as a part of that the emotion gets released and so he doesn't feel like planning the revenge for the whole rest of the person's life, generally. But because of the feeling of control that they've never had all their life, many women do feel like wanting to damage the rest of this person's life. They do feel that and this is the reason why. And



often the reason why too is because we've got a whole group of spirits with us in exactly the same place - plotting and conniving and experiencing the same group of emotions, or when I say experiencing - living in - rather than releasing the same group of emotions that we need to release. [01:25:23.07]

So for this reason, it's very rare for a woman on Earth, and there's yet to be on this planet, a woman on Earth, who's ever gotten through these emotions. By the way there's only ever been one man who's gotten through them either. (Laughter) And it's not a comparison anyway. It's about why. The reason why is because there is this huge, huge projection from the spirit world, "Don't you touch mother. Don't you touch mother's emotions, don't you go and say anything wrong about your mother. If you do, even the men will protect the mother." And you look at that happening in the family, you can see that happening.

**Participant:** I got that really strongly over the weekend. I got it very much, don't you dare go there. It's quite strong.

How many of you are more afraid of a woman's anger than a man's? I've been in my life. The main reason why is because the woman's rage doesn't get released through action a lot of times, becomes like "hell has no fury as a woman's scorned". And that is often the case; that a woman in that place can become very cold and calculating. Males are not very good at cold and calculating. They're mostly good at overt violence, but not very good at cold calculating planning in many cases. Well you look at almost all of the violent murders towards the opposite gender; the ones the males have committed have usually been done in a rage. The ones that have been done by females have usually been meticulously planned.

**Participant:** That just reminded me AJ a friend of mine in New Zealand, she is a prison officer, and when I realised a few years ago when she was talking about being there, I said, "Are you in a women's prison?" and she said, "No way." She was at a male prison, a high security prison, and what she said was basically when they do something that really annoys or really upsets a male prisoner, they strike out and let it go straight away. But she said with the female prisoners, she said that they harbor it, and they'll come back even stronger and get them basically.

Yep. And understand ladies, this is not something that is a part of your basic nature. This is not what femininity is about. Femininity doesn't do this. This is about an emotional injury caused by generations and generations of abuse towards the female, that's being played out. That's all it's about. So I'm not saying here that any of these things are a part of your true feminine nature, so please understand that. These things are all just a part of the multi-generational inter gender abuse that occurs towards the female. That's what they're a part of.

**Participant:** I was doing this telling my friends thing, going on and on. I did it in my marriage, and then I did it and continued with the same pattern. However what happened this time it all backfired on me. So now what I'm doing is shut my mouth, feel it, then I go and ring a man up and ask from a man's point of view what to do with communicating.

You felt it completely from his perspective.

**Participant:** Yeah. Is that okay?

Yeah that's a lot better than doing the other, certainly. (Laughs) It's like if I have issues with women that women can feel, then obviously if I go to a woman and feel them, then the woman might be able to tell me what's going on, if she's not enraged with a man already.

## **8.2. An example of women feeling anger when men are sad about their mothers**

What I notice a lot happening though with many of the ladies in the audience is that they go up to the male and say, "You're angry with women." When in reality what I feel from the male is this deep sadness with the woman from having to do what the woman says all of their life. I don't feel much anger in them. A lot of the times what happens is that we often impose our belief systems emotionally upon the opposite gender. And the reality is, many women hate feeling the sadness of the male. The reason why that is there is this underlying knowing that much of this male sadness results from how their mothers have treated them. So they know that a woman was the cause of it at some level and underneath that there's this feeling of I don't want to feel blame as a woman for my male's sadness. Instead the answer is to get angry with him being sad. And many of you are attempting to do that at times - get angry with the man for being sad, and blame the man for being angry when in reality he's really deeply hurt and sad. So there are those kinds

of emotions present as well.

**Participant:** AJ, Tris and I have that. We were talking about it last night where Tris starts talking about his mum and I feel so bad about myself because I feel blamed. So is the key just feeling bad about myself, or is that self-deception?

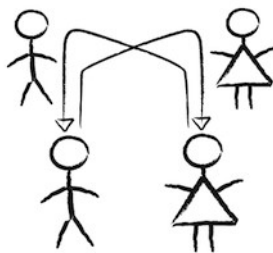
No. Part of it is your mum feeling bad about herself that you've taken on, obviously. So the key is to allow yourself to feel the grief as a woman that a male has been treated that way by his mother. So if it triggers any emotion inside of you, instead of fighting the emotion of shame, just allow yourself to feel it. But understand that it probably also means that you have some women spirits with you who have treated men in the manner that Tristan has been treated in the past. And you are often connecting with their feelings of, "How dare he blame me?" and then the anger rises instead of allowing the sadness.

The key is if you allow the grief, even the grief that you are to blame, even though you're not - obviously Tristan's not saying you are in that moment - how can you be logically? You don't even have children of your own, so how can you logically be to blame for Tristan's stuff that he's got before he even met you? Logically you can't be. But the fact that you feel to blame means there is the emotion there that's present. [01:32:48.17]

Now look at whether you're taking on the women spirits' emotions with you or whether it's actually your own mother's emotion, and allow yourself to feel it either way. But look at whether it's coming from one of those two sources. The fact that the anger comes up is demonstrating there's an emotion inside of you that you don't want to feel. That's the thing to go for, every time, rather than choosing to get angry with a male because all that does is it shuts down the male from feeling his grief towards the female. What's going to happen then is he's going to start getting angry more because he feels more and more frustrated that he can't grieve. And he's not even grieving about you, he's grieving about his mother and this is the thing.

### [8.2.1. Filtering our relationships through our parent injuries](#)

Remember in all of the relationships, what's mostly going on is with Mary and I in the relationship, what we're often doing is Mary is seeing me through her father's image, and actually seeing me the way her mother sees her father, is probably even more accurate considering 80% of its mum's emotions. And all I'm doing is seeing Mary through my mother's image. So I'm seeing Mary through my mother's image and beliefs.



***In a relationship a man (lower left) filters his female partner through his mother (top right) emotional injuries, while the woman (bottom right) filters her male partner through her father (top left) emotional injuries***

Often what's happening is when I don't allow Mary to grieve her stuff with men, what I'm doing is I'm preventing her from releasing grief, and all she's going to do after that is get angry, because where can her grief go? It can't go anywhere now. And what's on top of grief? Is fear and anger generally. So all we do is we get into rage when we can't feel our grief.

So I would look firstly at how your mother feels about herself when she's with men - number one. You know that mum feels quite bad about herself with men and you can see that in her treatment of your brothers, because your brothers, her sons, dominate mum to a degree with regard to their emotions. You can see that she must feel bad about men, and that's creating that, and so that means you feel like you're responsible for some of the man's pain, even though you're not.

So you need to allow yourself to feel that emotion because the emotion is inside of you and needs to come out. But



when you say, "I'm not to blame for this, how dare you get ..." and start crying when he's not even crying about you, he's crying about his mother, shows that there must be a camaraderie emotionally between you and Tristan's mother because you're taking it on. Well there's some camaraderie, there's some support of the mother - I feel defensive about the mother.

And remember this is all about the mother taboo. Taboo meaning of course, "I feel really defensive every time mother comes up. I want to defend mum."

So what we even find in males who have had abusive fathers is they're constantly defending their mothers. But why didn't their mother take them out of the abusive environment? Why didn't their mother leave? The male who we're trying to assist emotionally will come up with a thousand reasons why she shouldn't have had to leave. But he won't deal with the fact that mum didn't leave, he won't deal with that emotionally because he's hooked into, "Mum's sacred ground, I can't go there, my feelings towards mum are sacred, I can't go there." It has to be about dad every time.

So if you're feeling whenever Tristan cries about the female, about his mum, and you're feeling blocked towards that or resistive towards that or angry about that at any point, then you know there's something there for yourself to look at about how you believe women are yourself. Otherwise you wouldn't feel defensive. [01:37:03.04]

**Participant:** I just think I need a little bit of time to saturate, I'm feeling pretty blocked to it at the moment.

Yeah and the truth is for many of you ladies at the moment, there is a heavy spirit influence trying to shut you down on this matter. How many of you have headaches by the way? Yeah, quite a few. This is the heavy spirit influence that starts occurring when we start raising this subject. Mary's found in the workshops that the entire workshop goes from being high, to going flat, and nobody wants to look at the mother stuff. Nobody even wants to touch that area.

### *9. Summary of the cause of mother emotional injuries*

So what I've covered so far is why we have this stuff with mum and why it's so large. You can see the reasons why practically - what's going on there? Can you also see that many of the emotional injuries that mothers have relate to multi-generational abuse at the hands of males? So therefore there are large amounts of rage towards the male in particular and resistance towards feeling any grief about that, and then there are all the controls that they have in place to make sure that they never have to feel any of those emotions again, and those are being projected at you constantly.

Now because of that, when the majority of us begin our processing, as I've already mentioned, we have no idea that actually the mountain of stuff we have emotionally is more about our mother than our father. The majority of us feel actually, I've got almost nothing with my mother. That's what we feel, the majority of people. Even men who have been placating their mothers all of their lives, grow up saying, "No, no, I don't have any problems with mum at all." The reason why is because a person who's placated gives you the rewards of the placation. It's not love by the way, not the kind of love we're talking about; it's rewarding them getting what they want.

So in other words your mother generally has projected at her children their entire lives to give her what she wants because she didn't get that from her life, from her husband or her father or her mother, and so she's projecting that at the child. And because the children are the persons who are dominantly in her life, of course that's going to happen because it's not the male who's sitting at home doing the washing and the ironing and the cleaning and looking after the children, and all those kinds of things generally, it's still often the female doing those things. So because the female's doing those things, the person she associates with the most is her children. So her children are going to become the persons who she tries to get most of her emotional addictions met from. And as a child if you meet those addictions you will receive approval and while you've got mum's approval everything is fine, everything is sweet. But as soon as you no longer give mum the approval or the addictions that she wants met, what happens then? Then you do experience generally the wrath that is underneath those emotions.

**Participant:** She turns into a dragon.

As she turns into a dragon (Laughs) What do you call your mum sometimes? I probably shouldn't say it! Do you mind? He minds. (Laughter) All of a sudden often your mum goes from this sweet, loving, seemingly caring individual to this vampirish viper who is now attacking you at every possible moment. Then as soon as you go back into towing the line,

it's back to sweet mummy again. "Oh I've loved you all the way along, even when I was angry with you, I was fine." And that's the way it goes.

## *10. Unloving behaviour is never justified*

**Participant:** I'm wondering where does the Law of Attraction come into all of this? I'm thinking is there such a thing as a global Law of Attraction that we have - women been suppressed by men.

Of course there's a global Law of Attraction. But what I'm finding a lot for people on the Divine Love Path is we are justifying the Law of Attraction as a method to continue treating other people badly, and this is not on from God's Perspective.

### *10.1. An example of a man abusing a woman*

For example, here's a man that I had in my life in the past and here I am as the woman, and this man verbally abused me and he sometimes hit me. He hit me and he verbally abused me, and I've had him to put up with in my life. Now that's also a Law of Attraction isn't it at play? But does that justify his unloving behaviour? Does my Law of Attraction justify his unloving behaviour? No. Just because it's my Law of Attraction it's not a justification for unloving behaviour. Unloving behaviour is unloving behaviour, no matter whether you attracted it through some soul condition of your own or not. It's still unloving behaviour. [01:42:52.23]

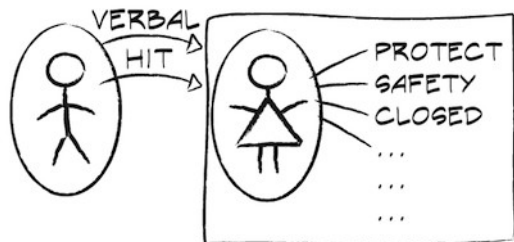


*Unloving behaviour of verbal and physical abuse is never justified*

### *10.2. An example of a woman closing her heart to men as a result of abuse*

Now as the woman, I can say well now I'm going to feel like I need to protect myself from men. That's the result of this man's abuse. I'm going to look for safety and security, and I'm not going to be vulnerable to a man, I'm going to be closed towards the man - all these different things, that I could list as the result of this man's verbal and physical abuse of me.

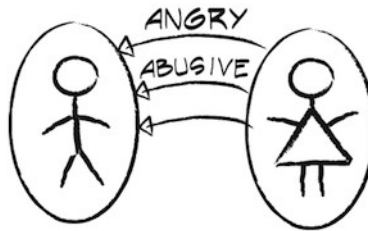
Is all of that justification for you to shut down your relationship with God in the end? No. So what we've got to do is we've got to say "Alright, now all of this stuff has entered me, sure there was a Law of Attraction, but this man was unloving." He was very unloving and there is no doubt about that, and in fact all of God's Laws will go to correct his unloving behaviour at some point in his life, and usually it's a mixture of now and in the spirit world. He will be corrected for his unloving behaviour. But that doesn't justify now my unloving addictions. It doesn't justify my unloving addictions.



*A woman protecting herself from unloving behaviour does not justify closing down her relationship with God*

### 10.3. An example of a man who placates an angry woman

Now let's reverse that, we've got now this man who's a placating man, who placates the feminine. He wants to look after the feminine, make her safe, and make her secure. Every time he gets out of line she is angry with him, she is abusive towards him, and she talks about him to all of her friends and so forth. Who's the one being unloving now? She is. So she's got all this unloving behaviour. Now is that his Law of Attraction? Yes. But does that justify her unloving behaviour? No.



*A woman being angry and abusive to a man is never justified*

You see we've got to stop justifying our own unloving behaviour. When I'm in a rage am I loving? No. Stop justifying your rage then. What's the point of justifying your unloving behaviour? All you're doing is saying to God, "Like F you God, I'm going to do what I want." That is basically what you're saying. You're saying that you're going to stay in a state of anger, rage and resistance and you're going to stay in that state for as long as you want, which is fine, you're allowed to, God says you're allowed to - you're allowed to stay in this place. But do you think you're ever going to be at-one with God staying in this place? No, of course not. How can you be at-one with God when you're not at-one with one of his creations, which happens to be your husband or your wife or your daughter or your mother or your father, how can you be? [01:45:38.19]

### 10.4. An example of a participant glossing over her anger

**Participant:** Hi. I do the justification thing really well.

Of?

**Participant:** Of anything. Of if I've done it to someone or if someone's done it to me, I feel the anger and then I can get to the compassion of the story behind what's happening. Then I find it so hard sometimes to get to the grief because the story that I was told of Jesus, it gets in my way. I want you to help me with this. I even remember the whole vision of when I was little and I'd see a movie of Jesus and Jesus would be going to the cross and people would be hurting him and I would feel upset when I would see that but then Jesus would say, "It's okay they don't know what they are doing," and he would love them. And because I've been wanting to be like Jesus since I was little, that's what I do, I love them and I justify things that happen because of that.

This is the problem; is that we face the difference between what I want and what I am. You see the only way I became what you imagine to be perfect with regard to interactions with people, is by releasing what I am.

But you see when we go, "Oh what I want to be is this perfect person, and so what I'm going to do now is avoid my emotions of what I am," I will never become the perfect person I want to be. The only way to become the perfect person you want to be is to never avoid the emotions of what you are right now. So never make the choice to actually ignore the emotion that's present right in this moment.

So a situation occurs, the story happens, and all of a sudden I'm feeling an emotion, let's say the emotion is of anger, feeling angry. I can tell myself the story that I shouldn't be angry and get out of this anger, or I can start feeling the anger and get into the grief that's under the anger and release it completely. If I tell myself the story which is saying, I want to be something different and that's what I'm going to make myself, when I tell myself that story, what I'm actually doing is forcing myself away from my true emotional condition. And as I force myself away from my true emotional condition, I will not release the underlying causal emotion.

## STORY

1) I WANT

2) I AM

So what I'm doing is creating this strange condition where actually I'll be angry every time that event occurs. Every time the same thing happens, I get the same response, same thing same response. And I'm doing that because I'm never allowing my response to go fully into its grief and release it.

What we often finish up doing in that space is we tell ourselves messages like, "It's not spiritual to feel angry," and I agree totally - that is a truth. It's not spiritual to feel angry in the sense that when you are completely at-one with God you will never feel angry again, that's true. However the truth is in this particular moment I am angry and I need to recognise the truth of the moment - I am angry. So therefore that tells me I am not at-one with God yet and do I want to be? Yes I do but how am I going to be? By feeling the fears and the grief that is underlying this anger and releasing it, it's the only way.

### *10.4.1. Forgiveness comes from the heart rather than the head*

**Participant:** So, AJ, when I'm feeling angry, in a way what pops up is the bigger picture, like I can see where the pain's coming from ...

Stop seeing the bigger picture.

**Participant:** Yeah, so that's what you're saying, because that's when the justification comes in.

Exactly.

**Participant:** So that's just a habit.

Yeah that's a habit and it's a great habit to get out of emotionally, it's a great tool that we've used all of our lives to get out of emotion. What we do is we tell ourselves, "Oh but mum was only feeling this," or, "Dad was only feeling that," or, "My husband he didn't really mean what he said, he just had a bad day at work," and we go down that line. But what we need to do instead is release the cause of it. And the cause of it is our own soul condition's Law of Attraction and if we can go deeper into the cause of it inside of ourselves and release that, the event will not occur again or if it does occur again it won't affect us, in that we won't have an anger response. [01:50:57.25]

**Participant:** Yeah, the event does reoccur and I do feel the same and I have this illusion then, because I see and justify it's easy for me to forgive, and then I think I have forgiven but I've only forgiven in my head, haven't I?

Exactly. True forgiveness is in the heart and true forgiveness results in the event generally never occurring again. So if I'm having a constant Law of Attraction, with same thing happening, for example, I have men coming up to me treating me the same way every time. Well that's telling me that you can forgive all you like here in your head, but there's something in your heart attracting the event, which means you haven't forgiven in your heart.

**Participant:** I think I have forgiven in my heart, but I obviously haven't. So that's what I've become aware of now.

### *10.4.2. The Law of Attraction will change when we have released a causal emotion*

Yeah so the key is to now go, "Alright this is an emotion inside of myself that's attracting these events and I need to release that emotion, I need to go into the grief in the end," because most of its grief or shame or guilt and all those other deeper emotions that we need to allow ourselves to experience. When we experience those, our Law of Attraction will change.

Our Law of Attraction is beautiful because it tells us that we have yet to change, you see. So most of us finish up going around avoiding our Law of Attraction. It's a bit like an obstacle course! So there's an obstacle there, an obstacle there,

an obstacle there and we just go - avoid that one, avoid that one and avoid that one, by avoiding the persons who generally trigger us a lot too.

This is what we do. We've got a bad relationship with our mother so what do we finish up doing? We avoid her most of the time and that's a way of actually avoiding my Law of Attraction. I'd be better off confronting my mother with the issues and confronting each issue emotionally inside of myself. And as I did that what will happen? I will heal that and ironically I'll have probably either a better relationship with my mother or my mother will leave my life voluntarily. One of the two will happen. So when we start doing the emotional obstacle course and we start ducking and weaving out of our Law of Attraction, what we're actually doing is not owning the fact that we are creating our life through our Law of Attraction.

## ***11. Inter-gender relationships on Earth (continued)***

### ***11.1. Confronting inter-gender emotions***

What is happening in my life right now is the result of my Law of Attraction. All of you are my Law of Attraction. The fact that I'm having this conversation with you actually is about my Law of Attraction. Because you know what my Law of Attraction has been with women? I have placated angry women all my life and today I'm stopping. (Laughter and Applause) And one way to stop is to have a room full of women who are quite upset with men, and to tell them the truth about what's going on. That's one way of confronting the situation for myself.

It's exactly the same in my personal life with Mary; we're having to confront these issues of what's going on between each other in terms of my placating an angry woman. And Mary, because of her humility, is getting into the grief associated with her controls. That's the beauty of doing this, and that's the beauty of you guys no longer responding with anger in kind, and no longer getting violent with the woman because of her attempts to control you, but rather being honest and not blowing off this stuff anymore, it is a powerful thing that will help you ladies get through this emotion too. [01:54:31.28]

So in other words every time you support your wife or your partner being angry, you are actually helping her stay away from God, that's what you're doing. And if she supports you being angry she is doing exactly the same - helping you stay away from God.

So can you see how if we start looking at the mother in a true and accurate picture we can see that actually the majority of our emotions that we have to heal will relate to mother? Therefore if we're female the majority of our emotions that we have to heal relate to ourselves. And if we're male the majority of the emotions we have to heal, and I'm talking about this Law of Attraction in this audience, not every male, but if we're male in this audience, we've got to look at how much we're prepared to placate the woman in the process, and that's been our pattern up until this point. Now AJ's Law of Attraction is changing which means that in the future males might be in a different place.

### ***11.2. Separation of the genders on Earth***

So one thing I've noticed a lot too happening as a result of this is many of you are setting up little helper groups, where you want to help people, you're setting up groups where you're meeting together once a week or whatever and helping each other deal with emotions. Have you noticed the gender that is there? How many men are there present with you ladies? None in most cases. Why do you reckon that is? Can you see that any man in his right mind is not going to come? (Laughter) You'll only attract someone like me along because a man who actually has a sense of himself and a sense of loving himself won't be attracted to that environment. So look at your Law of Attraction. One of the first things is I would discuss if I was a group of people meeting together, is I would look at the dominant gender in that group and I'd say right, we've got to focus on ourselves first because there's a heap of blocks we've got towards this opposite gender, right at this moment.

So you notice the separation of the genders occurring all the time on this planet. All the time. You go out for the hen's night, or the buck's party - it's all separation. Do we want to have that or do we want to have something different, like change on the planet?

What I would like to see on the planet is no gender separation. In other words we each treat each other in a loving manner all the time and we don't want to separate the opposite gender from anything we do. So you know ladies when you go and get your manicure and your pedicure, men are all invited, if they want to come of course! And you guys when you go out and play footy on the footy field, all the women are invited. Now of course there are a lot of emotions there. See a lot of the men are just competing with the men so they don't want women there. And a lot of the women are just angry with the men so they don't want men there.

If you look at even what's even going on in terms of literature on the planet, you can see all of this inter-gender separation occurring. How many women's magazines are there? You go into an aisle of the newsagent and what kind of women's magazines are there in the entire aisle? Lots of gossip, so that's a woman's Law of Attraction. Fashion, which is understandable - it's creative so that's a good thing. Beauty, which is about women's Law of Attraction, about feeling ugly. They're called ugly magazines, aren't they? There's a song that goes like that isn't there? I forget what it's called now. And you look at what are men's magazines - sex and sport basically.

### ***11.3. An example of women wanting strong men to protect them***

So we can see in that the actual emotional issue in both genders. See why do men choose sport? Mostly it's to compete with other men. Why would they compete with other men for? So they can feel good about themselves. And who makes them feel good about themselves? The women. Do you see? [02:00:23.01]

You see if I can show off to my woman and show her I've more prowess because what's a woman looking for? She's looking for a nice strong man. Because what's she got? No safety, she's got no safety, and she needs security. So she needs a nice strong man, someone who's going to demonstrate that he's going to fight for her.

## **STRONG**

Many of you ladies have this emotion where you want the man to fight for you and if he doesn't fight for you, you would spit the dummy. Honestly you'd even break your relationship sometimes if he doesn't fight for you. Can you see where this comes from? You want a man to protect you. Is that love? No.

What if your man's only waist height and he's your soulmate? (Laughter) And you're as tall as me, and there's this big giant man who comes along who wants to rape you? I'm serious now - who wants to rape you. Is this shorter man going to be able to protect you? No, and you've got to ask yourself why was this man wanting to rape me in the first place, there's got to be some emotions I'm not dealing with here too. Why have I not been able to just see this event right from the beginning and not even be around it? See there are issues there that we need to face. [02:01:43.08]

Remember that the person who's unloving isn't being loving, what I'm saying is that this person who's attracted this does have a Law of Attraction to also work their way through. And what we need to do as any party in any situation is we need to look seriously at our Law of Attraction of what's really going on. We need to allow ourselves to deal with the emotions inside of me.

### ***11.3.1. Working through emotions about safety and security***

So if I'm a woman and I feel unsafe and insecure, the answer isn't to get a big strong man to make me feel safe and secure. That's not the answer. The answer is to release the unsafe and insecure emotion from me and then I'll know that God is with me at all moments and I'll be told in advance what is going to happen and I'll be able to avoid all sorts of situations as a result, just from me being in this different space where I'm connected with God now, because my unsafe insecure addiction has been dealt with and no longer draws me to a male who can protect me. Ironically it will then draw me to the male who is my other half, which may not be the exact thing that you thought in the first place.

As I've said in the past, there are murderers and there are rapists and many of them are in gaol and some of them are your soulmates. They've got to be somebody's soulmate, don't they? So what we need to do is work our way through the issues where we can actually address these inter-gender issues and actually attract this soulmate even if he's in that condition, that's what we want to do.



## *11.4. Emotions inside of us create events in our lives*

**Participant:** Given that we're the other half of that person how much have we as the other half created that circumstance in them?

We've got to be careful about getting too metaphysical with all of this but there is a truth in that any emotion that is inside of me does actually create your life. And what I want to do after the break, in “20100626 The Human Soul - ‘Fate’ & ‘Destiny’”, is tell you how that occurs.

One of the things that we often feel is this really, really deep desire to hold on to our own free will. In other words what we do is we justify to ourselves doing whatever we want, whenever we want, with whomever we want, being completely self-sufficient and self-reliant, and we justify to ourselves our own free will without knowing actually what's being created by ourselves at that moment.

The truth is that everything you ever hear of and everything you ever see and everything that ever happens not only in your life but in the lives of the people you are surrounded by is actually, partly your creation. So that means if I am driving down the road and I turn on the radio and right at that time I'm hearing about a woman in Africa who's been abused by men and who has had her vagina sewn up, in what is it called - female circumcision - and I'm driving along in that particular moment, whoever I am, male or female, there's a Law of Attraction and I'm a part of the event. There is an emotion inside of me that was a part of creating that event just because it's part of your Law of Attraction. As soon as it's part of your Law of Attraction, there's an emotion inside of yourself that helped create the event. This is something we all need to understand. And what I'll do after the break, in “The Human Soul - ‘Fate’ & ‘Destiny’”, is talk to you about that and we'll relate that to our lives and our Law of Attraction.