# Overview of Divine Truth: Secrets of the Universe

By

# Jesus (AJ Miller)

Session 2

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This ebook is a transcript of a seminar delivered on 27th September 2009 in Nerang, Australia, by Jesus (also known as AJ Miller). In this talk he describes the different facets of the Divine Love Path, soul incarnation, life after death, clearing emotions, teaching, healing, the laws and processes of forgiveness and repentance, emotions involved in abortion and rape, his life in this incarnation and how he came to remember his identity. This is the second day of a two day presentation.

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# Secrets of the Universe: Part 1

# **<u>1. Introduction</u>**

How is everyone feeling today? Not too bad? That's good. What I was going to do today is start off by describing some of the features of progression spiritually and emotionally on the Divine Love Path for you. Once we have got into that discussion, you will probably have lots of questions about yesterday's presentation that I'd like to answer as well. Hopefully that will be the run of the mill today, where we will answer a lot of your questions.

# 2. Introduction to the Divine Love Path

The reason I wanted to begin by presenting the differences between the Divine Love Path and lots of other paths is so that you can get a bit of a flavour inside of yourself about how it encompasses all of your life. You can't just do little bits and pieces of things when it comes to God. God expects, and you could say God has designed Her universe in such a way that, if you want to come to Her, there is only one way to do it, and this one way encompasses all areas of your life. There's not a single area of your life that will not be touched by progression on the Divine Love Path. So what I'd like to do is to describe some of the different areas of your life that are going to be affected, and describe some of the different areas that a lot of the other paths don't incorporate. The reason why is on the Earth today a lot of spiritual paths, we have literally millions of spiritual paths and many of them incorporate aspects of different parts of what God actually designed the universe to be, so all of them have bits and pieces of truth, if you like. (00:01:48)

The difference between the Divine Love Path and all of these other paths is that the Divine Love Path of progression has the Absolute Truth and the Absolute Truth of course, is going to incorporate all of these little bits of truth. So you'll notice, 'Ah, that's very similar to the Buddhist path, that's very similar to the Hindu way of doing things, that's very similar to the Muslim way of doing things, that's very similar to the Christian way of doing things, that's very similar to the New Age things that we have learnt'. All of it is incorporated but not all of the factors of those different paths are – only the truths of those paths are incorporated, if that makes sense.

What you finish up getting is this whole life experience that is incorporated and your connection with God will change your entire life - completely. It actually not only changes your life, but it actually physically changes your soul, your spirit body and your material body. On all the natural love paths for example, they often talk about the 7 chakras and of keeping all of those chakras open and progressing that way. On the Divine Love Path there are actually more chakras that your body starts to develop after a while, I think there are 13 chakras once you become at-one with God, not 7.

# 2.1. Changes to the physical and spirit bodies

So even your spirit body changes. While I haven't remembered everything about how it all changes because of my own emotional suppression of my fears that I am working my way through now, the reality is, what will happen on the Divine Love Path is that your physical body will start releasing its ailments and you will get to the point where you have no ailments – no sickness, no disease at all. However when you are going through different emotions those ailments will flare up until you have released them. You get this cycle of things going on with your physical body, where your physical body makes adjustments and changes. My body has made huge changes over the 5 or 6 years that I have been really focused on doing everything again, my body has changed immensely. (00:04:10)

#### 2.1.1. "The eyes are the window into the soul"

In the 1st Century I said, "The eyes are the window into the soul". Have any of you done iridology? When you look into a mirror you will notice these blemishes and specks in your eyes all the way around the iris, (in the coloured section) and you will notice that it can clear up, which is a reflection of what's clearing up in your body. So what happens is even your eyes become very clear, and the clearer they become the more you know you are releasing emotional injuries. Eventually they become so clear that if you take a photo of the iris it's just all one colour without blemishes at all. When you become at-one with God there are no blemishes at all in the irises of your eyes.

Many of you have done some reflexology at some point, you know foot reflexology – the same applies there. You know there are these pressure points that you can press to connect to different parts of your body and you can release

different emotions if you allow that to occur. On the Divine Love Path you get to the point where there are no sensitive places on your feet at all, you can press any pressure any point and nothing hurts. (00:05:32)

How many of you have had a deep tissue massage for example? Quite a few. With deep tissue massage the idea is to get right, right deep into it and it can be quite painful when you are getting it done and if you allow your emotions to rise, you will be crying or whatever. I remember my first deep tissue massage was with this lady in Dallas who gave me a three and a half hour session and I just screamed and cried the entire session. When I came out my whole body was black and blue with bruises and it took a week before those bruises disappeared. In the last session I did with her, she did the same things. The first half of the session was really incredible because I was still in terrible pain in different parts of my body. Then all of a sudden I went through this barrier of fear and then I came through it and she was still doing the deep tissue stuff but it felt pleasurable - I couldn't believe it. Just by something clicking inside of me about fear, all of a sudden my body now responded differently to what she was doing. It was just a temporary state that I went into at that point; but it helped me understand how you can be in that state. I have memories of being in that state, obviously from the 1st Century and it helped me connect with those memories of permanently being in a state where there is no fear in your body.

So, if you can think of almost every single thing you have done – spiritual practice, physical body repair, health and all those other things that affect your life; and then if you look at the spiritual and moral side as well and all of the things you may have done there, what happens in the end is that the Divine Love Path incorporates all of these things in certain ways, as you would expect if it was connected to God.

Obviously if we are connected to God, then we are going to learn the truth about our soul, our spirit body and our material body. Not just guessing; we will come to know the truth about it; how it actually works in every single way. In the 1<sup>st</sup> Century I said the words, 'If you long for Divine Love, if you long for God's Love, if you long for a connection with God, all these other things that you are seeking will be added to you." What I meant was, your health will be added to you, your eyesight will repair itself and will be added to you, and all these other things will be added to you. So eventually what will happen is these things (eye glasses) will disappear as you progress on the path, all the ailments of the body will disappear. If you have any body distortions caused by emotions as you grew up, they will disappear. Some of you might grow a few inches taller for example, because in the end all of these things are all affected by the emotions the soul is storing. (00:08:42)

# 3. Facets of the Divine Love Path

# 3.1. Absolute Truth

On the Divine Love Path God's way has many different facets that we could start looking at. For example, on God's path one of the major facets that we are going to have to look at is Absolute Truth. We have to get away from this concept that my truth is paramount.

On many of the natural love ways and particularly in today's New Age movement, this is very prevalent. There is this constant view point that my truth is the most important thing, as long as I stay in my truth everything else will work. Now there is a truth to that concept. The truth is that if you stay in your truth, you have more integrity and integrity is a very important part of your progression. Just because you are staying in your truth however, doesn't mean that your truth is God's truth about a certain issue.

For example, I may believe with all of my heart and all of my intellect that if I go to war under certain circumstances. The circumstance might be that I am being attacked. I have decided inside of myself emotionally that I can go to war if I am being attacked and I can defend myself. So I have this view point inside of myself and I feel it's a truth, that I am allowed to defend myself when I am being attacked. Well on the Divine Love Path when you connect with God you come to realize that that's not a truth anymore. If you defend yourself you are actually breaking some laws of love. Now most of us, when we first hear that, we go, 'Ah, what about this situation? What about that situation?' We start listing these kinds of situations where we feel impelled to defend ourselves, but that's our truth. We feel that we can defend ourselves, but if you want to become at-one with God you will get to a point where you never defend yourself again from attack. You may leave a place, but you will never defend yourself. (00:11:07)

That's why in the 1st Century I said that if someone slaps you on the cheek just turn the other cheek, implying that they may slap you again actually and you wouldn't defend yourself from that. People go 'What about self love then? What

about self love?' Well, there's a whole aspect of self love where self love doesn't compromise love of the other. So if you slap me, you are not being loving to me, I agree, but if I slap you, am I being loving to you in return? No. Now if I love myself, I won't compromise love for you. There is a big principle there that I have actually got to apply on the Divine Love Path. That's the principle of coming to see God's truth about every single little situation, every event, everything in my life. Now the way I do that is I release the emotional reason inside of myself that causes me to attract you slapping me, and then I am going to get slapped a lot less - that's number one. Once I do that somebody might still come up and slap me. When they slap me, I don't feel any more physical pain from the experience, aside from the initial physical pain. There's no other pain because there is no fear associated with the event - that's number two. There's no emotional rage that rises in me saying 'What have you done to me?' because I love myself completely, so therefore I don't have a response of rage towards the other person – that's number three. (00:12:44)

Can you see by the time I start applying these principles (I only listed 3 involved in that interaction), that I feel emotionally, once I am connected with God, I am not going to respond in defence to anyone - and I am going to be perfectly happy within myself about that. I won't feel the need to respond.

Let's apply that to relationship. I go into a relationship - the person yells and screams at me - I am getting an attacking emotion from them. I am on the receiving end and if I have developed in these areas I won't even feel that as an attack. I am not saying that I am intellectually jumping over all of this. The truth is that you can zen out and jump over a lot of things that happen to you. The whole Buddhist path for example is about that, the path of meditation, connection with self, disconnection from desire, and a lot of times disconnection from your own emotional response. What happens there is you can zen out over what people did to you. You can explain it and you can reframe it in your mind and make the emotion go away. I am not suggesting you do that. What I am suggesting is; don't reframe anything in your mind, feel the emotion fully and the emotion will go away and it will never return. You will never have to deal with that again. (00:14:11)

# 3.2. Experiencing emotions

Another aspect of God's way concerns emotions. Emotions need to be fully experienced in order to be released. Now, a lot of different paths on the planet talk about emotions, don't they? Many of you have heard of EFT for example – Emotional Freedom Technique. This is where you do tapping on different pressure points on your body. If you are an acupuncturist or something like that you would know many hundreds of pressure points on the body where you can release certain things and you can actually tap certain places in your body and that causes you to actually get out of the emotional response.

Now while that may look very attractive as a way of dealing with certain emotions, do you think that Celestial spirits go around tapping their body to deal with an emotion? Well, no they don't. What they do is they fully experience their emotions. Because they have fully experienced all their emotions, all the negative emotions in the body that created the initial response are gone and because they're gone, there's no need to tap anything anymore. Can you see the difference? So when I fully experience and release an emotion, I no longer have a need to do anything to my body to skip over that emotion or even access that emotion, because it has been released. So emotions are a very important part. (00:15:54)

Now many of you would have heard of Brandon Bay's Journey work, EFT, there are lots of different things - there's emotional intelligence work that a lot of people do. I have seen hundreds of different things coming out, particularly recently. The reason why these things are coming out in recent times is because there are whole groups of spirits now cottoning on to the idea that you do need to release these emotions and if you can do it on the Earth before you pass, it's going to leave you very, very free once you get into the spirit world because you will have already released a lot of emotions. The issue though is that often we are still not allowing the emotional experience of these emotions.

# 3.3. Becoming child like

So, with emotions we become child like. What does a child do? You take it to a super market, it doesn't get its own way, anger comes up – big tantrum on the floor, it doesn't care who sees it, "Ah!" away it goes. That's what a child does. Now I am not suggesting that you crack a tantrum every time you don't get your own way, because cracking a tantrum is actually an emotional injury. If you are upset because you're not getting your own way, you need to work through it. Why don't you get your own way? You need to connect to that emotion. The child doesn't have to think about it. The child's there kicking and screaming on the floor cracking a tantrum, or often you see them sitting in the

trolley trying to reach for the lollies. A lot of parents just quickly go past the lolly aisle or look up at the signs and think, "I'll go past that later", which is an avoidance of the child's emotion. I don't know if you have tried this in the supermarket, most people don't. You allow the child to scream and scream and scream, it isn't done very often nowadays because everybody starts looking at you and judging you, like, "What are they doing? Strangling that child or something?" and so they don't do that. But if you allow the child to scream and scream, the child will go through a period where they go through anger and rage about not getting their own way. This is the emotional injury; they are experiencing the effects of the emotional injuries that they hold within them. Then they go into this place of crying in a deep really sobbing way and once they get in there, they are now processing the emotional injury that actually created their need to demand things from you. The screaming might take an hour, (which is why it isn't often done in the shopping centre) and the crying might take twenty minutes or so, but afterwards you will find the child will have released that emotion completely and you won't notice them demanding anything from you anymore. (00:18:56)

Mike and I were in a car and we actually tried that with Mike's step-son. It took him just a bit over two and a half hours with six people in the car. It took him just a bit over two and a half hours to do the tantrum thing first. We were driving from Miami to Cape Canaveral and everyone in the car had to put up with two and a half hours of screaming and had to deal with their own emotions about that, which was very interesting in itself. In the first part he was screaming, yelling, cursing everybody and telling me I was terrible and shouting, "I Hate I hate you," and saying, "I hate you Mummy," and it went on and on. As each person dealt with their own emotions he eventually got into the core emotion and processed that core emotion and straight after that he was amazingly loving.

In fact, when he was bought some strawberries he shared them all with everyone in the car, all this automatically happened. This is the thing that we often do ourselves. We don't even allow our child to experience that and therefore we are never going to allow ourselves to experience that. Yet when you hit the spirit world, this is the experience you are going to need to have, if you want to be on the Divine Love Path. You are going to need to connect with every single causal emotion inside of yourself and release it. So the idea is to start doing that now.

There are many paths of spiritual progression on the Earth that are already saying that to you, that are already saying you need to deal with your emotional work. So that is one facet of getting to God, doing this emotional work.

#### 3.4. Morals

Then there is another facet, this is a facet that is not very often considered, particularly on Earth. In the spirit world it is something that's known very, very well, but here on Earth there is a tendency to skip over it. Although, if you look at every single spiritual path on Earth that talks about God, there is generally a whole list of you must, you must not things for you. So you must not murder, you must not commit adultery, you must not steal, and so on. We often refer to them if we come from a Christian background as the Ten Commandments. I have quite often heard from people, "I practise the Ten Commandments. That's all I need to do in my interaction with others." That is a part of coming to God to be frank, practising morals, but God's perspective on morals and ours is very, very different.

Our perspective on morals is, as long as we act morally then it means we are moral. Most of the time that's what we believe, "As long as I don't murder, I am fine". That means that I am free of that "murderous" emotion if you like. No it doesn't actually. How many times, when you get into a rage, do you feel like throttling someone? How many times do you even feel like murdering them? The only reason why you don't is because; 1) they are not there in front of you or 2) there's no weapon to do it with or 3) you know if you do that you will get put in jail yourself, or 4) you will get condemned yourself. As we go through the different reasons why we don't, we start seeing that actually we do have murderous emotions inside of ourselves that we just don't act upon. (00:22:40)

God's view of morals is that the murderous emotion is what needs to be released. So instead of having a list of you must nots that I actually don't do, from God's perspective there is a list, you could say, of 'you must nots', that you actually need to feel, not just not do. You have to actually feel them. So in other words, when I notice inside of myself that I have a murderous emotion towards somebody, on God's path I need to look at the underlying emotional reason why I have this emotion, and I need to get to that emotion and release it before I can progress.

Now you think about it, if someone has hurt me a lot in my past, getting to those emotions will be a pretty difficult process, but it is something that is essential on the Divine Love Path. Remember yesterday in our discussion we talked about the morals of a lot of spiritual paths where they are very focused on free sexuality. That's one area where you will have to deal with those emotions, with whatever is going on there, if you are on God's path. God designed you to

be completely sexual, but within a framework of love inside of yourself, which brings us to this other part, the sexual part of your life. (00:24:24)

# 3.5. Sexuality

Now eventually on the Divine Love Path, you will come into a complete and permanent sexual union with your soulmate. What that means is that there will be permanent sexual feelings flowing back and forth between you. The soul union state is like an orgasmic feeling- 24 by 7. So you will have this complete sexual union happening all the time in your life.

To get to that place, means working your way through inter-gender emotional injuries about the opposite sex and about how you feel about your own body and your own sexuality. Now, for many of us that's like a minefield, isn't it? You look back at the different relationships you have had and the hurt you have got from this person and the hurt you have got from that person or you look at how your mum and dad think about things. There are many gay men and women who are not even ready to tell their mum and dad that they are gay, let alone somebody else. In fact they'd probably find it easier to tell somebody else other than their mum and dad, because there is often a lot of judgment, a lot of criticism about sexuality, a lot of shame. (00:25:38)

We are going to have to work through all of those emotions on the Divine Love Path. Frankly it's quite enjoyable to work through them, because every emotion you release causes you to be more connected with yourself, more connected to your own desires and if you were single, later on in a partnership more connected to your partner.

We have so many inter-gender injuries and we have them over multi-generations. Each generation has these really deep, deep issues with regards to sexuality. So can you see that if I am wanting to progress on the Divine Love Path, this is an area of my life that I am going to have to heal, because God created you as a sexual being. A lot of people have this viewpoint of spirituality that it is not 'holy' to be sexual. You think about what people say about my life in the 1st Century, they said that I was a virgin all my life. It's not true. I was a virgin till I met my soulmate and then we made love. So, what happens is that on this Divine path you will need to heal these particular issues within yourself, heal these particular sets of injuries.

Now, we can't just skip over them. We are not going to be able to skip over our sexual injuries. When I say skip over them, one way we skip over them is we find a nice man or a nice woman who doesn't trigger us too much. For example, if I am a woman who only wants to have sex once a month. Now compare that to 24 by 7 orgasms, you can see there are problems! 24 by 7 orgasm and you only want to have sex once a month! So there are some injuries in that gap there that you need to deal with. Now, if I am that woman, I'll be very, very tempted to find a man who feels that sex is unholy or that sex is a bad thing. I'll connect with him because he feels nice and safe and secure and he feels like he's got everything together sexually. He loves my soul, he doesn't just love my body, that kind of thing– in other words, he is working around my emotional sexual injuries. So it feels good, I can have a safe relationship with this man, we have a wonderful relationship, and we have a wonderful partnership. My question would be: 'Yes but are you headed for 24 by 7 orgasms. Is that what you are headed for?' If that's not what you are headed for, and you don't want to get there, then look at your emotional injuries, there's something going on. You see, on the path to God you are going to have to look at those emotional injuries, whatever they are.

Then on the other side of that sexual coin if you could call it that, a lot of men have the injury that it doesn't really matter what partner they have sex with. As long as they have sex, everything's fine. Well that's another set of emotional injuries, so they think 24 by 7 orgasm sounds really good, but, the problem is, they don't care who it's with and there are a lot of moral sexual injuries involved with that. So they will need to work their way through that because actually God designed you to have a sexual relationship with one person in the end and that would be this 24 by 7 relationship. It's an incredible state to be in, but it takes work; working through different emotional injuries. So you can see, morals and emotions start tying into the sexual side of our lives and we need to start dealing with these different things. (00:29:58)

# <u> 3.6. Free will</u>

Then there's this whole other area that we have called free will. Remember I said yesterday that on the Divine Love Path one of the secrets of the universe is God designed you to have free will. That means God designed your partner to have free will too by the way, not just you. So what that means is that I will actually honour the free will of my partner. Now what if my partner decides that she wants to have sex with someone else because of one of her injuries? Well I am going to honour the free will of my partner. That's pretty challenging to do that in that situation, isn't it? That'll be very challenging.

What if my partner even just wants to do something, I want to go sailing and I would love for her to come along but she doesn't want to go sailing; she wants to knit for the day or whatever she wants to do. She is allowed to do that and I am allowed to do what I want to do and I need to deal with my emotions about that in the partnership.

By the way, this free will also means that even if the other partner's desires are in disharmony with love, I need to allow them to take those actions. Now I am not saying that I have to stay around while they do it. I am just saying that my love of free will would enable my partner. (00:31:36)

My partner might do things for me automatically, like maybe every night she makes a meal. After the 3<sup>rd</sup> night I am starting to feel to myself, "Well, is this really what she wants to do every night?" If I love my partner and I love this aspect of free will, I have to start asking myself that question. Is she really exercising her free will or does she think that's her role, because role isn't free will anymore is it? As soon as I put myself in a box and create a role, I now no longer have the freedom of expression. So I'd have to ask myself, "Am I enabling my partner's free will? Yes, we both need to eat, but what's stopping me from cooking tonight, except from the fact that maybe I can't cook very well and I might need a few lessons?" Can you see how we need to work our way through those issues on the Divine Love Path?

# 3.7. Natural Love towards others and the environment

Then we have got natural love issues. Remember we said yesterday that the Divine Love Path incorporates natural love. So we have got issues like, "How am I practising love in my life? Is it loving for me to yell at my children no matter what they have done?" What do you feel? Most of us feel when we feel about it, "No, it's not loving," but when we're in the situation where our child is so frustrating and annoying and just keeps badgering you in the situation; it's totally different, isn't it? You get in the situation and before you know it you are smacking a child. You just broke one of your own personal rules of violence towards another person. So on the Divine Love Path, we have to incorporate these principles of natural love in our life and that in itself is going to be quite challenging, can you see? It's quite challenging to do what is the loving thing to do. (00:33:48)

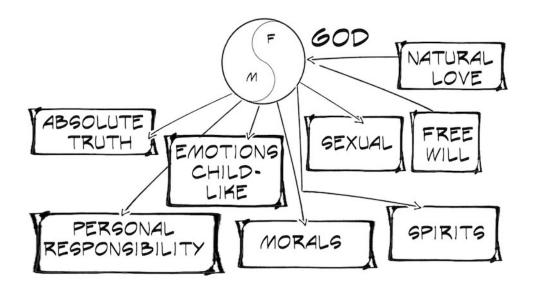
Now, natural love also encompasses your environment. I have to start looking at all sorts of issues inside myself with regard to the environment. With regard to the environment I'd have to say to myself, "How do I feel about the animals? How do I feel about the birds? How do I feel about the fish?" I say, "I just love animals you know, I just love my dog, and I just love my cat." Well then okay, why is that meat sitting on your table if you love animals so much? There's a whole different area there to work your way through with regard to natural love. On the Divine Love Path, if you loved creatures so much, do you think you would kill them to put them on your table? If you really took personal responsibility, you would actually have to kill that animal yourself.

# 3.8. Personal Responsibility

Have any of you tried doing that, just slitting the throat, skinning it, gutting it? For most of us it would be totally unbearable, our stomachs would be churning. I don't know if you have ever gone along to an abattoir. I have been to a number and the men in there are so detuned because they have had to detune themselves from the whole process. They are so detuned from anything to do with flesh and pain and lot of other things too. (00:35:36)

On the Divine Love Path we need to start taking personal responsibility for the actions that we get other people to do for us because we don't want to do it for ourselves. I need to start taking personal responsibility for the fact that I want this meat on my plate. Can you see a personal responsibility issue there? I need to take personal responsibility for the fact that I want a great big house, two cars in the garage and all of these other things which actually have a big impact on the environment. I need to start taking some personal responsibility. I even need to take personal responsibility for the things I eat that are disharmonious with love, because there are things you can eat that are disharmonious with love. Animals, of course, are one, because you have got to kill them to eat them and they are living creatures. You will start feeling your emotions about all that – remember, emotions are going to be incorporated into all of this.

Can you see now there's all these different ways you could incorporate in this path. Many of these things are part of some forms of religion or New Age stuff. Now we're starting to bring them all together and incorporate them into our



Facets of the Divine Love Path

# 3.9. Spirits and the afterlife

We also have other issues regarding spirits, or you could think of it as the afterlife. We start realising there are a whole lot of things going on out there in the different dimensional spaces that influence us. That is what some of the paths have done haven't they? The Buddhist and New Age paths have done this. They realise that people actually come and influence us. We start seeing the relationship between spirits and ailments in our own bodies and the connection with the Law of Attraction and so on. We start noticing all that on the Divine Love Path. (00:37:46)

We start feeling them around us; "Oh! That feels a bit strange!" You can walk into a room, nobody's in it but you know somebody is in there, you can feel it. Many of you have already done that but you become more and more aware of that as time goes on; aware of what their energies are, what their emotions are, what's going on for them and how their emotion is attracted to your emotion and how that works. So you start connecting with these spirits a bit more. You start actually even being able to talk to them about their stuff and they talk to you about their stuff and you can talk to them about your stuff.

You start realizing, "Wow, my Dad who passed has been around me all this time after he passed." I thought, "He abused me when I was little, but now that he is dead and gone, it's great, but he has actually been hanging around me all this time!" You start to realise that you still have emotions to work through about that. When you start working through your emotions, he starts working through some of his emotions about it. Initially he might be angry and then he goes into facing the facts that he did what he did. He goes into sadness or grief about what he did, just by you living in the truth of that. (00:39:00)

# 4. Audience Questions

# 4.1. When a parent dies, does he/she stay around me?

Participant: So are you saying that when my father and mother die, that their spirit stays around me?

It depends on the type of attractions you have between you and them as to whether they stay around you. Let's say your mom has this emotion, 'I was a good mother, I was a good mother' inside of her. You think of something she did to you that was not very nice, the feeling you have inside of you is 'Ah, she didn't treat me very nicely in that particular instance'. She will know in the spirit world that that's happened inside of you and she will feel drawn to come to you and tell you that she was a good mother, just like she used to do when she was on Earth, if that was the emotion. 'I was a good mother to you – don't you go blaming me for things that are your problem' –then she might do

that from the spirit world, and if you are sensitive to that, which you will be on the Divine Love Path, you will start feeling that emotionally.

**Participant**: That gives me the opportunity of looking at my own resistance within?

Exactly. It gives you a really good opportunity for you to work through the emotion. It also gives her the opportunity to acknowledge that actually in that particular instance she wasn't a good mother, that actually she had acted upon other emotions that she had that weren't very nice, that damaged you, in that particular instance. It gives her the opportunity to work through those things. So you start having an understanding about death on the Divine Love Path; that actually, just because a person's passed it doesn't mean that they are out of your life and, that there is really no such thing as death. You come to release the emotions that are related to grief and you no longer grieve when someone you love passes, because they are still there and you can feel them and you don't grieve them anymore, you can still have a relationship.

# 4.2. Animals don't have a soul but they have a spirit body

Participant: AJ, do animals have a spirit body and a soul also?

Animals don't have a soul but they have a spirit body. This is a very important thing to understand that the animal is actually relating to your soul, an injury in your soul. So, sometimes when an animal goes into attacking mode it's because of an injury in the person that they're trying to attack. It may be fear and many of you may have noticed that if you are afraid of a dog then a dog seems more inclined to bark at you and be upset with you. It's feeling your fear and responding and reflecting that back to you. That's a natural thing in all of the plant life and animal life on this planet. They all reflect back at you, your emotion. So you will find that with animals, and particularly dogs or domesticated animals, they are actually reflecting your emotions constantly. (00:42:24)

Now there have been many scientific studies about this. For example, in a BBC study: a man has a dog at home. He goes to work and when he leaves work to go home the dog waits at the door as he is leaving work, the dog knows that he is leaving work. Then he changes the time he leaves work, and the dog still knows when he leaves work and he starts waiting at the door at that time for him to come home. Animals are very, very sensitive to us emotionally when they are connected to us, less so when they are wild, but they are still very sensitive emotionally. They have a spirit form but they don't have a soul but because they just have a spirit form, they can grow with us through our lives even if we are in the spirit world. When a really loved animal passes over, it is often still around us here on Earth and it waits until we pass, that's what happens to many domestic animals. So when we pass we are welcomed not only by the people we know but also by the animals that we still love.

**Participant**: I am just curious about emotional release and free will and morals that you talked about. Are you trying to say that God actually condones murderous intent or torturous thoughts, you know, if you hate someone do you need to release that emotion of wanting to kill him or something like that? (00:44:04)

Can I answer that after I have talked a little bit more about this issue? I want to answer the question in full which I haven't yet.

The issue regarding animals is that when you work through your different emotions your animals will respond to you in different ways. They are like children really, in the way that they respond to our emotions. So yes, animals do have a spirit body, they do not have a soul, but we often feel like they have a soul because they are actually responding to our emotions. By the way, it's our suppressed or denied emotions that they are also responding to and that's the thing that you often notice. Mary and I have a 40 acre property out in the bush, and we often walk up our path. On the days that we are not afraid, the animals, the kangaroos and everything come right up close to us. We have got little joeys at the moment that are just bouncing around the house, on the days we are not afraid these little joeys come out of mum's pocket and bounce around, they are wild kangaroos, but as soon as we come out afraid, we hardly see any of them at all, or we walk out of the door and then they are off. Just because of our emotions. (00:45:22)

Getting back to your question regarding emotional processing; God gave us free will. God gave you the will, the ability, to decide to do anything you want to, but God also set up a whole series of laws that have consequences; rather than thinking of them as punishments, they are actually consequences. Every time I break a law, there will be a consequence to the breaking of that law. Now the highest of these laws are the laws of Divine Love, the laws of God's

Love and whenever I break one of those laws there is an automatic consequence inside of my own soul where I will experience pain.

The problem on Earth is that we have often detuned so much from the pain that we don't notice it growing inside of ourselves emotionally and it's only when we pass over into the spirit world and we have a look in the mirror that we see this very, very gross distorted body. So a murderer for instance, who passed into the spirit world would pass over into one of the lowest spheres of the spirit world; the 1st sphere, which is very, very deep and dark. There are literally thousands of planes in the 1st sphere and the bottom of those planes is very dark. In fact there is hardly any light at all and there are lots and lots of terrible emotions in that place. So a murderer, when he first passes, he would look in the mirror and see this body that actually disgusts even himself. He will actually live in this place until he works through the emotional reasons why he committed the murder. (00:47:07)

# 4.3. Releasing murderous intentions

**Participant**: How are you going to prevent a murderer from releasing his murderous intent? Or how are you going to prevent someone who has torturous thoughts towards a person?

God doesn't prevent them so you are not going to be able to prevent them either.

**Participant**: That's why we have the Ten Commandments. The Ten Commandments show you how sinful you are, in the sense that you can't control your murderous thoughts or your lustful intent and therefore you need to....

This is what I am getting at. If you release the emotions inside of you that creates the murderous thought or murderous intent, you will no longer have it, ever.

Participant: You would have killed someone. You would have murdered and tortured someone!

What you are saying?

Participant: You are saying that you have to release the murderous thought inside.

Not by acting upon it.

#### Participant: Okay.

I am not saying by acting upon it and this is the assumption you are making. I am saying you need to feel your underlying emotional reason why you want to do it. You don't release your emotions by acting upon an emotion that's unloving. You release your emotions by connecting to the underlying emotional reasons why you want to do that particular thing.

**Participant**: If you have negative intentions or evil thoughts then that means you, in a way you commit murder in your mind or to torture in your mind.

That's correct! You need to release the emotional reason why you've had that thought if you want to come to God.

#### Participant: How do you release it?

By connecting to the underlying emotion. The underlying emotion might be that you have been harmed a lot by other people or that you feel terrible about yourself. With regards to a murderer there could be literally hundreds of different types of emotions that cause a person to murder. The key is not to act in harmony with an unloving thing. Remember I said we must also act in harmony with love. We don't act in harmony with an unloving desire. What we do is we feel the emotion of the unloving desire, fully. So I would go out to my boxing bag and get a baseball bat and yell and scream and swear and bash and just connect to the emotion. After I do that then I drop down into the grief and when I drop down into the grief of that, then I will be crying about whatever it is that caused me to be so upset about that particular person. Mary wants to answer a few things about it too. (00:50:14)

**Mary**: I think it's a really valid question because I think if somebody is new they don't quite understand the difference between a causal emotion and an effect emotion. Definitely when someone wants to murder or torture or harm another, they are already acting in an avoidance of some of their own personal pain.

They are really denying their own personal pain.

**Mary**: So there's a common assumption on the Earth that some people are just murderous and some people are just 'evil', if you like, but my belief is that that's not the case. Those people are really trying to avoid a deeper causal emotion within them and all anger is actually an avoidance of those kinds of emotions.

So all anger and rage is an avoidance technique. You are not actually dealing with your emotions.

**Participant**: This may sound a bit "off". You have some people who believe that the reason why you have some murderers or serial killers or rapists. The reason why they can't control themselves is because they have a dark demonic entity within them.

It's true. A spirit who is a dark spirit, an entity that is dark, may connect to us but if we deal with the causal emotion that spirit cannot cause us to murder. (00:51:40)

**Participant**: In order for a person to do that do you need the Holy Ghost, the Holy Spirit of Jesus Christ moving within them?

Dealing with our emotions without God is much harder than with God

The truth is that we don't need it. The truth is that we can deal with our emotions without God, but it is much harder to deal with our emotions without God. So this is why, on the Divine Love Path when you are connecting to God, you realize that you have got to deal with your emotions that are murderous or angry and rageful and all those emotions, but you can actually get to the underlying emotion, and the way you do it is by always feeling your connection with God. As you do that what happens is that you sink down to the underlying emotion instead of trying to express the denial emotion. The denial emotions are all those things like rage, anger, abusing others, hurting others, even yelling at others; they are not part of the Divine Love Path. When you are doing those things you are now out of harmony with God and you are now denying emotions within yourself. (00:52:41)

#### 5. Working through capping and causal emotions

**Mary**: I would really love to be able to explain to this gentleman about causal and capping emotions and how the Law of Attraction works in our life. I'd like to explain how we can release emotions without God but how we are assisted when we involve God, and how spirits work in our Law of Attraction.

#### 5.1. The difference between causal and capping emotions

Mary is afraid; you feel I will do better but you are the one who wants to answer.

Does everyone get all this? That the Divine Love Path is going to incorporate all these avenues of development? You are actually going to bring together lots of the different things that you have learned over your life, into one way of progression- towards God; that's what is going to happen on this path. Does everyone understand and grasp that? Mary can go on and explain the difference between causal and capping emotions. (00:53:59

**Mary**: I feel the way God created the universe is that He created us as emotional beings. That is, everything is responding to this all powerful soul that we have, which is actually an emotional part of us. It's got lots of other things about it but in essence it's emotional and all of our intellect is just an extension of this emotional state that we are. God also created a lot of laws in our universe so that we could come to understand this truth about ourselves. One of those laws is the Law of Attraction. Now a lot of people think that the Law of Attraction acts around the way we think about things, but it's actually based on our emotions. God created the Law of Attraction and Law of Desire so that when we are in a pure loving state where we don't have any emotional injuries, we attract everything that we desire; everything that we want and we need in our lives.

**Mary**: The problem is that when we are children we are not allowed to be this emotional being that we are, because everyone around us isn't in that state either, so it's very confronting for them when we are emotional. The way that God designed our soul was that all emotion would just flow through it, naturally. Even now in the world that we live in where things are not very harmonious with love, if a child was raised in a way where they could just feel all of their emotions passing through them, even if they were painful and sad, they would actually grow into an adult with very

few emotional injuries. However what happens is that we get shut down. The way the soul is designed to be is just like a general emotional flow that happens all the time. However when we are children and we are smacked or told, "Don't cry," or, "When you cry I feel upset, so don't do that," or even worse some abuse or something happens to us that we are not able to express to others or to deal with, the emotions come into us and they get stuck. We are not allowed to cry or scream or feel what we feel. Usually we don't have this with happy emotions, because everyone's okay with us laughing.

**Mary**: So we end up with this soul that has lots of stuff stored up in it, it can be sadness and grief, feeling unloved by people around us. So that's an issue for us. Then, because we are not allowed to feel our sadness, we then start to have other emotions on top of it, like anger. As we grow into adults, some of the anger is childhood anger that we have there on top of our sadness, because we weren't allowed to feel sad, then we felt angry about it and then we weren't even allowed to feel our anger, so that's stored within us. Then as we grow into adults, other things happen in our lives and we begin to get triggered, or we begin to have these emotions stir within us. But because that's a really scary place for us; we have never experienced that before in our lives- we start to have other emotions on top that are going to help us avoid those really deep, blocked emotions and some of those are also angry emotions and sometimes they can be murderous or torturous. AJ, how am I going?

I think that you are doing great!

#### 5.2. Emotions create our Law of Attraction

**Mary**: But God designed this beautiful law called the Law of Attraction, which is actually a law to help us to return to this very emotional state. This very free state where we can just live in our emotions and express who we truly are. So what happens is, when we have these blocked emotions within us the Law of Attraction acts not on our thoughts, but on these emotions. Well it acts on all of our emotions but we notice it more when it acts on these emotions because what happens is... I am just trying to think of an example. Can you think of an example?

Let's say I want to have a relationship but I don't seem to be attracting any women into my life, but I want to have a relationship. The truth is that here (in my head), I am thinking that I want to have a relationship but there is an emotion in me where I feel that I am unworthy of a relationship. So that emotion is creating my Law of Attraction, it's not my mind. I often think I'd love to have a relationship. Sometimes I even cry. I am crying and thinking I want to have a relationship but in reality there is this feeling inside of me, it might be a fear of vulnerability around having a relationship that I am not releasing and it's that fear, through the Law of Attraction, that creates my reality. We often hear about sub-conscious emotions, but the truth is, that all emotions can be conscious and all thoughts can be conscious too. The truth is that this suppressed emotion that I don't release, creates my Law of Attraction so therefore creates my reality. (00:59:48)

**Mary:** So everyone then thinks, 'Gee, my Law of Attraction is pretty bad'. If I feel like I am never going to be loved by a man', that means I am never going to be loved by a man. The truth is that it's actually a beautiful law. If I am aware of my Law of Attraction and I want to be in a relationship; if I am looking for a man and I am going out on dates and nothing ever happens, if I am willing to feel the emotion that is being triggered within me to its core, (it will probably be to a feeling I have about my dad) – 'my dad was never around and I never felt loved by him'. If I release that, it will actually leave me. So I'll feel it at very childlike level and it might take me a couple of hours to have a really good cry about it. When I do that, my soul is then in a clearer condition in that one area, and then I will actually start to attract a man who really loves me.

**Mary**: So that's how the Law of Attraction works. Now when it comes to feeling my emotion, if I involve God in that process, if I am longing to God, asking for God's assistance to help me feel this emotion and to help me feel some of Her love- if I long for God in that process, it will speed up the process. So that emotion will leave me a lot quicker and my Law of Attraction will change for the better. (01:01:27)

# 5.3. Spirits also have blocked emotions

**Mary**: Now before you mentioned about spirits; it's very true that sometimes murderers and serial killers do have very dark spirits with them and those are just people who were just like us on the Earth once, who had a lot of blocked emotion. A lot. They didn't know about the Law of Attraction, they didn't know about God, they didn't know about any of the beautiful laws of the universe. When they passed and went to the spirit world they didn't understand where

they were then either, but they knew they had these awful feelings inside of them; "I don't want to feel what's really hurting inside of me, I need to hurt, I need to rape, and I need to kill."

**Mary**: So what happens is they are in the spirit world and there is someone else on Earth that has similar emotions. Through the Law of Attraction that spirit comes closer to that person, because God designed it that the Law of Attraction would bring us things that would help to trigger our emotions. So you can see why this is an important law for everyone to learn about, because the person who have these deep dark emotions who are still on the Earth, if they don't know about it then they are compelled to go and hurt another person. If they know about the Law of Attraction they realize, "Oh my gosh, my dark feelings are really heightening, there must be something here for me. If I am brave enough to go into my emotions it will be released from me, and also that would actually help the spirit who is with me." (01:03:01)

# 5.4. The original cause of sin: Amon and Aman

**Participant**: This is very interesting. I am just curious; what are the sources of these repressive, suppressive dark emotions, what is causing a person to experience a repressed emotion?

Mary: It's because we all walked away from love.

**Participant**: What causes us to walk away from love? You have some people up there who are being brainwashed, mind controlled and conditioned by their environment. You have to ask yourself who is the one that spiritually generates, if not manipulates and creates a system of wiliness where you will have people like that who will be living in repressed emotions.

**Mary**: The truth is that we are all living with repressed emotions at the moment; every single one of us in this room. We can judge these people who have really dark amounts of repressed emotion within them, but the truth is that a lot of us have just as much repressed emotion. We are just not acting on it.

I will explain the original cause. There was a first human couple and that's something we didn't discuss yesterday. Their names were Amon and Aman (and you can speak with them in the spirit world when you pass; they are in the spirit world). What happened was right at the beginning God gave them this gift of free will, just like we have the gift of free will. But they decided they would be better off becoming gods. In other words, instead of actually being God's child (which is how God created us to be: Her children); they decided that they were going to be gods in their own right, not needing God at all in their life. (01:05:08)

So they made this big decision together, to deny any assistance from God and when you speak with them about it they will actually explain some of the emotions that rose in them. They were in a perfected natural love state but they decided that they wanted to be God; they decided that they could be God, themselves. In other words they could have their own universe; they could have their own rules. They decided all these different things, it was a huge decision that they made. By the way, many of us make this decision every single day of our lives when you think about it, many of us right now, still make the same decision. They made this decision to be the rulers of their own universe, to be completely self-reliant and so they started walking away from God. The problem with walking away from God is we automatically start detuning from God's Love and as soon as we start detuning from love, emotions start arising within us that are disharmonious with love and as soon as that starts occurring then, we do more things that are disharmonious with love.

So it all comes from the fact that we were given this free will choice. We have the free will choice to do anything we wish. Now a lot of people then say, "Well then God has made a mistake. God shouldn't have given us free will." My feelings are, "No, we made the mistake by using our free will in a manner disharmonious with love." (01:06:42)

I think personally that the gift of free will is one of the most powerful gifts God has given us, and in fact the whole point of individualization is actually to use our free will, and learn how to use our free will in a way that uplifts ourselves and everyone else around us. One of the most damaging ways to use that free will is to try to damage myself or damage anyone else around me. When we do those things we walk away from God, we walk away from love, we walk away from truth, and the only result of that action, walking away from God's Love and truth, is a degradation of our own condition.

So what happened is Man started in the 6<sup>th</sup> sphere state and degraded in condition so much, that some of these men from the past that they have now found skeletons of, were only very short and in a very, very poor state. That was all the result of the degradation of man's emotional soul condition. So man went through this process of de-evolution instead of evolution where instead of evolving into more powerful beings, they devolved into these animal-like creatures in the end, where their primary motivations were food and sex and that's about it. Many of them only lived until they were 20 or less and died because they were old. You know how we have old people of 70, 80, and 90 or 100 years of age, well back then an old person was 20 in this devolved state. Then because the spirits all passed and started working through their emotions, man started to have positive influences coming from the spirit world.

Now because they had positive influences, they started having a little bit more understanding about love, about these laws of free will, about how they were damaging others. Slowly man started to evolve again, to grow out of this really dark and dingy condition and rise out of that condition into being what we are today. By the way, today we are still not what we could be. The truth is, today every single person in this room could look 25, no matter how old they are now, if they dealt with lots of their emotions and progressed to a fully evolved condition. We are not yet in our fully evolved condition, but we are nowhere near that terribly devolved, damaged condition we were in, say a 100 thousand or even 50 thousand years ago.

The reason why that whole scenario occurred was because we decided to walk away from love. We made the choice to do it, and when you think about it, today many of us still make the same choice; we make it for lots of different reasons. As Mary was saying, it's often because we don't own our own emotions. They are all blocked there within us and that causes pain, then instead of feeling our emotional pain and working right through that, we feel, "I want to create pain in you as well." As soon as I go into that state, I personally am devolving. I am going backwards again in my own progression through the exercise of my free will. (01:10:16)

### **<u>6. Does Satan exist?</u>**

Participant: Do you believe in the existence of Satan?

No. I have been in the spirit world and there is no Satan. However there are spirits who have come from Earth, who are far worse than any Satan than you could imagine. There are hundreds of thousands of these spirits who are far worse than any Satan that you could draw a picture of in your mind or see in books. They are very distorted and grotesque physically and they also have a terrible, terrible group of emotions that means that all they want to do is to destroy everything around them. They have gone so far into denial that they are now in this terrible state. We can help them get out of it and they can still get out of it. Here on Earth we can help them and in time we will. I feel very positive about that. In fact what's coming up in the next 10 to 20 years means that the majority of them will get out of that condition. (01:11:27)

# 7. Teaching in a loving way

Participant: As a teacher, how do I teach without impeding the free will of the kids in my class?

Yes without putting some controls on things. Eventually what's going to happen on Earth is that the teaching here will be the same kind of teaching that happens in the spirit world, which is very, very different to what's currently happening here.

You see the teaching system that's created here on the Earth is based around a lot of injuries in the adults about what we perceive education to be. So what do we perceive education to be? You quite often hear from rigid people that education is just a process of the intellect- the three "Rs". Now we also know from books like Emotional Intelligence, that there is an emotional part of a person that needs to be developed. In fact once we start being a teacher we can see how emotions in a child affect their learning. When they have some emotions, they often can't learn very well; so you start seeing this inter-relationship between emotions and the actual learning process.

However we have got the imposition of the Government and its laws and what everyone perceives to be the right thing to do which is: "No, no, no don't worry about the emotions; just make sure you get those basic skills into this person." In the spirit world it doesn't happen like that at all. The way it happens is that a person exercises a desire to learn and then they are taught. The way it's done is very clever though. The way to do it is to create an environment that is so fascinating that the person cannot but help themselves asking questions. As soon as we are in this desire phase in our

soul, as soon as we desire an answer about something, now we can be taught. There is this location in the spirit world at the top of the 1<sup>st</sup> sphere called Summerland and they have these very, very large places that are for all the children who pass and are not yet adults- they are not exercising their own free will properly at that point. What they do is they educate them through this system of desire. (01:14:35)

What they do is they create an entire system in a location that is purpose built to attract attention in every possible way and it's very, very fascinating. You get these little children who have passed and what happens is that these children are so fascinated they want to ask question after question. It has been like this with your children at times, you are walking along the road- 'Daddy–why does that happen, why is that animal like this?' and so on. You get a constant series of questions and that is the best time to teach your children.

So in the spirit world that's how it's all governed, there is no focus on reading, writing, arithmetic and all that kind of stuff because that's all a part of it. When they ask a question they are shown the maths around it, or they are shown the language around it or they are shown the skills they need to actually express themselves as a part of the exercise; but it is all driven by the desire of the child. We are talking now about an ideal school system and when I give you an answer, I will present it based on what God wants us to do and not what we are currently doing.

So, in this ideal system every one of these children is allowed to experience their own emotions. If they are experiencing anger and they actually start dumping their anger on to another person, what happens in the spirit world is they are scooped up by a spirit who is versed in helping with this kind of problem. They are taken away and given private help to actually work their way through that emotion. Once they have worked their way through that emotion, they are allowed to go back to the location where they were with all the other children because they will no longer damaging the other children. (01:16:29)

# 7.1. Removing economy driven education

For that to occur on Earth, we have to throw away money as the driving factor in education. Money at the moment is one of the most damaging problems that we have on the planet. The truth is there is enough food to feed all of us, there are enough resources for all of us to have shelter and quite a lot of things on this planet. But what we do in the end is, we focus on the money and economy becomes the driving force of most of the things we finish up doing. Most of the things we finish up doing in health are economy driven. Most of the things we finish up doing in education are economy driven.

Now if we threw away economy driven education, what we would be able to do is have people who are able to help these children who are what we would call "problem children". Why are they problem children? As you know, when you've got a child that's unruly in your classroom, it's generally because of what's happening at home. So it's not wise for us here on Earth to just help the problem child. What happens is, we help the child cry an emotion out today and they go home tonight and get belted, slapped around and abused not fed or maybe fed once in the morning and so on. When they come back to school they have got another lot of damage to deal with. (01:17:53)

If we were in that real situation in the spirit world, that child would not be allowed to go back to those parents anymore until those parents exercise the desire to deal with their emotions that caused them to abuse that child. Those parents would actually be separated from that child in the spirit world. Of course the child goes along with it because the child doesn't want to be abused anymore, and then the child is helped to work their way through their emotions and the parents are also helped. In the spirit world there is no condemnation of the parents for being in the condition that they are in. All that happens is everything is driven by desire. So now the parents would have to develop the desire within them, if they want to have their child, because the child's will is to not stay in a location where it's going to get abused.

Again, what we do here is economy driven. In this economy driven system, what happens if there are whole groups of children who don't want to be with their parents? What do we do in this society? We condemn the parents for their behaviour. We sometimes even lock them up, which actually creates more damage to that parent and doesn't help them deal with their causal emotion. The child is expected to go back to the parent or maybe to a few foster families, which creates all sorts of issues as well.

So we have got so many issues to change here when it comes to education that are also linked to things other than education. What we need are people on the planet who are actually going to be leaders in these areas. With regard to education, on the planet there are already some educational locations where the children actually build and live in the

building where they are going to be educated. Through that process they learn many things about building, self responsibility, how to interact with others and lots of other beautiful qualities that they develop. Then they educate each other and the lecturer or the person who is the teacher is only there to give advice. Now in Russia there is one of those systems. They actually have children who are coming out of that system who are university educated by the time they are 12 years of age. (01:20:17)

# 7.2. Dealing with paedophiles lovingly

We need to start incorporating these particular things into mainstream society, but it's going to require us changing a lot of our belief systems to do it. One of them is condemning parents, rather than helping parents who are abusive. We so often go into condemnation; you see this when a paedophile goes into a location, what happens? You don't give them help to work their way through their causal emotion about why they are a paedophile. What you have is a hundred parents in fear, picketing their house trying to prevent them from being anywhere near their children. What's going to solve the problem? The man dealing with the causal emotion is the only thing that's going to solve the problem. Before his release back out into society, he needs to be working through those emotions. Once you are sensitive to emotions you can tell when another person has worked through their emotions.

Many of you come up and talk to me. I tell you that you have got this emotion to deal with and that emotion to deal with and you say, "No I don't". I say, "Yes you do, I am sorry - I can feel that emotion is still there." Now, if you have hundreds of people sensitive to that in someone, or thousands of people who are sensitive, you would know when a man who is a paedophile hasn't worked through his emotions. There would be no court system deciding that he had, because you know you can fake a lot of things on this planet, just by what you say. There would actually be people feeling; say five of us who can feel the feelings from you. We can say, "You have got this issue with your mother to work your way through and that issue is driving this issue. We can feel inside you that you have this sexual issue with children to work your way through and you can't really be released until you have worked your way through that particular emotion."

# 7.3. Creating change in the education system

So getting back to the education system, you can see that if the education system is based around desire, then it's going to work really well. It also is going to be a beautiful thing to be a teacher in that environment, because you are not getting hammered by economics. You are not getting hammered by all these different governmental rules and regulations that half of the time you don't even agree with. You know what's happening on the ground and you can help all these children that are having difficulty learning- in a loving environment. To do that, there needs to be quite a lot of change and we need to have leaders who have a passion for that change and some of you will probably do that. (01:22:54)

We have quite a number of teachers in our audiences generally and many of you after applying some of these Divine Truth principles in your lives will feel the drive to actually create these kinds of locations. Because you will no longer have Law of Abundance issues, or issues with money, you will create those things in education.

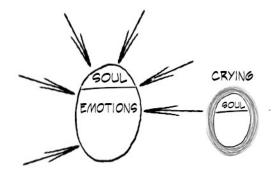
Until that time, what needs to occur (and this applies to every system that we are in), is that each of us needs to start looking at living in truth in that system. If you are living in truth in the system you are in, the system will be confronted because the system is usually in a place of error. If we are in a place of Divine Truth, where we are connected with God, we can feel God's truth about a matter. What will happen is that we start speaking this truth; we will start actually verbalising what we know to be true without fear because we have worked through our fear. We will also have to work through our desire to condemn. Once we can do it without fear, condemnation or judgment, but still live in truth, we can be in a system and confront it daily and if you have enough people confronting a system then the system will change. It doesn't take many people confronting the system for the system to change; a far less proportion than what you might imagine. This is why it's so important to have this initial change occurring inside of us emotionally first. Does that answer some of your questions about education? Some of those things you have already felt too. (01:24:32)

# 7.4. Positive effects of teachers working through their emotions

**Participant**: Just on that topic of being a teacher, if a teacher works through the Law of Attraction in the fact that they are actually going into the classroom and they are attracting certain kids that trigger them into their own emotion of maybe powerlessness or frustration, does it change the classroom environment if the teacher works through their own

#### emotion?

Very much so. If the teacher has an emotion inside herself that she wants to suppress, say she has got some grief that she wants to suppress. Let's say there is a child (who is just another little developing soul), and it is attracted to the teacher through the Law of Attraction. This child starts crying. The teacher would firstly need to deal with what emotion inside of herself causes her to suppress her own tears that this child would begin to trigger. Now as she does that, this child will actually cry in a causal way and release the emotion very rapidly, but if the teacher doesn't deal with her emotion, this child may cry all day, because there is an emotional confrontation happening. This is why it is very interesting being a teacher because you have got a classroom of 20 to 30 people, and they are all Law of Attraction emotions towards you.



A teacher's soul (left) has many emotions coming towards them from the classroom, including a crying child (right)

Now lot of us, as parents, have problems with that going on with 2 or 3 children; so if you can imagine 30 of them doing this? There's going to be Law of Attraction things happening to you all day. As a teacher, one of the core things is going to be you owning your own emotions. By owning it I mean you are going to need to experience it. If I were a teacher, and if I couldn't experience my emotions in the environment that this education system has created, what I would do every time I noticed the emotion of anger arise in me I would write that down as I'm teaching. If I noticed an emotion of grief in me I would write that down; if I noticed some other emotion I would write that down during the day and then I would revisit and pray about those emotions when I got home at night and allow myself to actually be triggered by those things that arose during the day. (01:27:00)

Now once you progress even further you won't even wait anymore, you won't care that you are going to get the sack. So when a child triggers you emotionally, you will just go straight into your tears too. If a child is crying or doing something and that triggers something in you, you cry and the child cries. What happens with children all the time is when you are dealing with a causal emotion, there is now no longer pressure on the child to conform to your emotion or denial anymore and what most children do, is they start calming down, and ironically, what happens in most cases is they actually do things quietly until you are done.

So in an ideal environment the teacher would be allowed to experience her emotions. Now when I say an ideal environment, you can create the environment by confronting the system. You have got to be brave because you might lose your job doing that. The problem that we have in the world today is that often times the person in this area of responsibility is not allowed to express their emotions. What happens when they are not allowed to do that is that everyone around them gets that unhealed emotion, moment by moment.

Imagine if you had managers all sitting down working through their causal emotions. People are attacking them so they deal with their causal emotions. If you had a perfect world, this would happen automatically. It is not a perfect world but how is it going to become one? It's going to become one by a few of us doing it automatically and showing others what's going on - what's actually happening, then it's going to become a perfect world. Scientists will start proving that this actually works; that it is not cognitive therapy and behavioural therapy and behavioural modification and all of these other things that work, because as you know as a teacher, they don't work very well. It's this thing that's going to work- dealing with the emotions. But what usually happens is nobody wants to do this because all of us are in the state, as Mary said, where we want to shut down some causal emotion. (01:29:10)

When we get to a phase where we have got openness with our emotions, then what will happen is that a lot of these changes will happen very rapidly. This is where, if you want to change the world, you have got to start with yourself,

but start with yourself at the soul level.

# 7.5. The example of a Montessori preschool

**Participant**: Hello AJ, I work in a Montessori preschool. Montessori was born 100 years ago and she was a scientist but she wanted to help children. She observed them first; then she allowed them all free will. We make the environment ready for children; for anything they want to do; painting, dough making. There's nothing fixed; they can go sit down with a book for 1 hour if they want to.

So there are no real rules imposed upon the children. They are allowed to do what they want to do.

**Participant**: In a creative environment, they can do anything they want; books, puzzles whatever they want, science, maths or blocks or even food; fruit and veggies are ready for them if they are hungry they just help themselves.

So they are allowed to even eat when they want, awesome, I don't know about you but I'm impressed by that, I like that, I like eating when I want. (01:31:01)

**Participant**: They don't have to tell us they are going to the toilet. They just get up and go and if they wet, we just change them. They don't have to tell us what they are doing, if they can't do something, if they need help they tell me. It is such a free environment that children sometimes come to school and scream, then when their parents leave, in five seconds, they are smiling and they are happy; once the parents are gone!

Once the parents have gone!

**Participant**: It's so amazing. I can see all their emotions and all our emotions too. If I am not feeling good, very confronting things happen. In the last couple of weeks our director lost her brother and she has a lot of emotions coming up. Children are screaming and crying.

So you have got the children crying and screaming because someone is feeling grief.

**Participant**: Everything is happening. I haven't told her the truth about God and you, but I showed her what to do. I have tried to be open and I showed the children when they feel very angry how they can go and bash some mats with the duster I say, "Ahhhh!" and I show them how to do it. Two children just came up to me recently with brighter eyes after they screamed and everything. They don't need lots of time, after one minute they are the happiest they have ever been. It's just amazing how they do it. I like being there, but it is very confronting these days. In the morning I am so scared to go, but I love children so I am so happy there. I just want to tell everybody there are a lot of Montessori's in the US, Italy, Japan and here in Australia too.

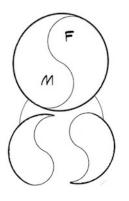
So there are already a lot of things sort of happening. It's just a matter of understanding what's going on at the emotional level a lot of the time- at the soul level, as I have just described. That's really important. Thanks. (01:33:46)

# 8. Soul incarnation

# 8.1. The location of souls before incarnation

**Participant**: Hi AJ, I have another question about souls, they are joined in their un-incarnated condition. You said one soul is born and the other one has this urge. Where do they go before that? They are obviously not in the spirit world, because they would get contaminated, so can you explain the 'before process'.

It's a state rather than a location for a start, it's important to understand that. In the state that they are in, they are connected to God as their parent. In reality (and perhaps this is going to be difficult to understand), what's happening is you are always actually joined to your soulmate. So when half of the soul incarnates, the other half of the soul is joined to them energetically, so it's a state of being and not a location of being. They will be near their soulmate no matter what. No matter where you are on the planet, you are actually still joined to your soulmate whether you know it or not. It's about becoming consciously aware, emotionally, that you are joined as to how it grows. So the truth is that the two halves are really always joined together and can never be separated. They have the largest Law of Attraction but from a physical point of view and an emotional point of view, it feels like there is separation. (01:35:50)



#### Soulmates split into two halves at incarnation but are always joined energetically

#### 8.2. The purpose and nature of the soul, physical and spirit bodies

Participant: Yeah, that does make sense. But they do have to be incarnated on Earth?

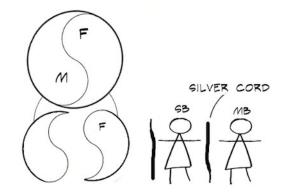
They do have to incarnate into a physical body. The reason why is when the soul separates in this way, there are certain senses that it has as a combined soul. Remember they are still joined but there's a feeling of separation. There are a lot of different parts of the soul, you could think of them like connector points, you know how you can get two things and connect them together like they are one?

#### Participant: Like Lego.

Like Lego or I would actually picture it almost like an almond. An almond has two halves and you split it apart and you get a nice shiny bit down the centre but only that half will go back together with the other side of the almond. You can't put it with another one that you have just broken up. They will never fit together perfectly; but if you get that one particular almond seed, split it open and put it back together, you can put it back together perfectly, right?

Even though they are apart there is still this connection between the two. They mirror each other in connection but in order to experience themselves, in the case of their souls, they have to be connected to bodies. They have to be connected to a body in the physical realm to experience the physical and they have to be connected to a body in the spirit realm to experience the spiritual. The only time they don't need to get connected to a body is when they are back together again in complete union, the soul union state, and then they no longer need bodies anymore; although often they might have hundreds of bodies connected to that point, which is another story.

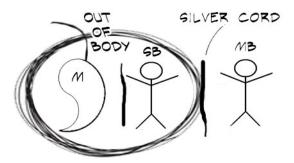
So what's happening is they need this body. Here's a male spirit body and a physical body (AJ draws on the whiteboard). There are the two bodies, and they are connected. These bodies are really just tools through which the soul can gather information, sensory information and emotional information about its universe. I didn't talk about it yesterday, but there are these connectors called the silver cord. In spiritual literature they call it the silver cord because it's actually silver. It is this energetic cord that connects the material body to the spirit body and when you die that breaks; it separates. What this means is that while this cord is connected you can assimilate emotions and sensory information into your soul. When this cord disconnects, now the physical body is no longer able to function because it's no longer physically connected to the spirit body or the soul anymore, and the spirit body then becomes the primary point of sensory input. (01:38:47)



The silver cord connects the spirit body (SB) to the material body (MB)

# 8.3. Near death experiences

Anyone had a near death experience? Okay, quite a few. When you are in a near death experience what's happening is, you are almost at the state where this silver cord is breaking and so what happens is that there is this transfer over of sensory information to your spirit body. So from now on you are actually receiving most sensory and emotional input, even sight, sound, taste, everything, coming through your spirit body sensors into your soul rather than your physical body sensors into your soul. Now if that cord snaps, you pass. If the cord doesn't snap then you can come back into this state. This is also exactly what happens when people go what they call "out of body", or what others might call astral travel. All that's happening there is the physical body is being left as the primary sensory input and your spirit body is now experiencing the primary sensory input. In that state you can travel in different ways to what you can when you move this body and so you can now start experiencing different things in the spirit world. (01:40:30)



An out of body experience happens when the spirit body separates from the material body, but the silver cord does not snap

Now, a lot of people experience quite negative things in that state because of their Laws of Attraction, but some people experience positive things. Sometimes they have spirits with them who take them up there and show them something. As a spirit you can loan another person energy and loan them love, if you like, for a short period of time to show them something, then drop them back down into their normal state. So the out of body experience is the difference between sensory inputs coming from the physical to sensory inputs coming from the spirit body. (01:40:55)

# 8.4. Stages of learning through the physical body, spirit body and the soul

Remember I said yesterday that there is a super set of sensory inputs for each body. So the physical body has certain limitations. When you go to the spirit world the spirit body has fewer limitations, it has a greater capacity for sensory information and the soul itself has even more capacity for sensory information. That refers to one half of the soul, but the combined soul is an even greater unit that has even more capacity. That becomes the greatest unit in terms of having the greatest possible capabilities. Then, if you think of Divine Love growing that soul, into a big super soul if you like, this super soul can grow infinitely in sensory information. So that's the future for your soul.

What you are doing is you are changing states in terms of a part of your learning experience. So your first learning experience is through the material body. When you pass, now your learning experience is via the spirit body. When you get to the soul union state, your learning experience is by the soul, and who knows what we can learn in that state.

Myself, I sort of feel in that state, like I am a baby, I am a baby there. We are a child sitting in mummy or daddy's arms ready to be really educated.

So if you think you are being really educated here on Earth when you go to university or something, trust me that is just like child's play. What's happening in this soul union state is you now have the ability to learn these immensely powerful lessons and also to become the person that God designed you to be. From what I have seen of God's designs, this particular state can grow infinitely. As you receive more and more love from God, that state will grow infinitely. I also have this feeling that Divine Love is not the only thing you can receive from God but there will be lots of other attributes and qualities that you can receive from God, which you can't receive from God in anything other than the soul union state. So that's sort of the future of your soul if you like. (01:43:23)

# 8.5. Emotions surrounding having children

**Participant**: If I don't have a child on Earth, and I die and pass into the spirit world but I can't have a baby there, how do I have the Law of Attraction for releasing the myriad of emotions that I could potentially work through by being a parent?

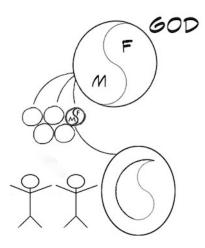
For a start, if you have not been a mother and there is this really burning desire in you to have a child, it is not actually driven by a pure emotion. There are actually a number of different emotional injuries that you will need to work your way through. The irony is, when you work your way through them, you will probably automatically have a child after that point, whether it's through a relationship or whatever else.

The problem today is that often we interpret something as a burning desire, when in reality it's actually based on some severe emotional injuries we have about these particular things. That's quite hard to hear if a man is talking to women about that issue, but Mary has personally experienced that herself as she is working her way through some of the injuries she has from her 1st Century life. What she thought was her desire to have a child she is starting to realize was actually an emotional injury to have a child. Once she worked through that, ironically if she still wants to have a child it would be a pure desire and pure desires are generally always automatically fulfilled. (01:45:10)

Secondly, let's say we are a female soul on the Earth with a burning desire to have a child, but something unforeseen occurs and we pass. We are now in the spirit world; you cannot have a child in the spirit world. When I say, "have a child", I mean we can't give birth to a child in the spirit world. So, what will happen to you is you will have to work your way through those emotions of that feeling of loss and that feeling of regret, about not having a child or not having the opportunity on Earth to have a child. However, when you think about it, if you follow God's path of progression, which results in at-onement of the soul, and the process of reincarnation, you could then certainly have a child at some point in future.

#### 8.6. All children are God's children

But let's look at what children really are, shall we? Let's really look at what children are. Here's God. Here are God's children; remember I drew them as little souls. Then the child incarnates; it is created attached to a body. Whose child is that? It's God's child. Who is that child in relation to me if I created this body. It's my brother or sister.



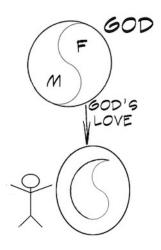
#### God created all souls, and therefore we are all God's children

One of the biggest problems we have on this planet, and to be frank with you it causes a lot of issues with families, education, all sorts of other issues, is this belief that this child is my child. I am sorry but the child is not your child. The child is God's child and all you did was create a body for it. That's all you did through your desire to have sex. That's the only thing that happened. It is not your child. Stop thinking you own your children.

Now this is a very important thing to understand. If I stop owning my children and I start seeing this particular child as God's child that I created the physical and spirit bodies for, that's all I did. Actually, I don't even know how I created the bodies, it was just that sex act that I wanted to do and in that process the bodies were created. Who knows scientifically, how that occurred. Most of us are totally clueless about that operation so we can't even say that we even created the bodies really, can we? God created the entire process that we can enjoy; to create the bodies. I "created" these two bodies in a very, very lose way. I didn't create this soul and this soul is not my child. This soul is God's children. (01:48:48)

#### 8.6.1. Seeing our children as our brothers and sisters

Now what's my focus then as a parent? My focus as a parent stops being, "Don't you do anything to my child, this is my child", getting my child to make me proud. Now all we are focused on now is teaching this child about God's Love for it. As that child learns about God's Love for it, it will learn everything else automatically, and that's how simple it is to bring up a child.



A good parent teaches their child about God's Love

But what do we do? We go down this other road. By the way, in the 1st Century I didn't go down that road, because Mary and I conceived a child together but within a few months I was crucified, so I didn't have that experience. Trust me; in this life I have had the experience. One of the reasons why we are having this experience, returning and choosing the experiences that we have had, was so that I could experience some things that I didn't know about in the 1st Century. My experience of having children; I went down the track for the first 12 or 13 years of their life, of thinking of them as my children just like many of you have.

Now, I see them in a completely different way. They are just my brothers. I have got two sons and they are my brothers, you have seen one of my brothers and he is pretty close to me. Tristan would you like to stand up for the people who haven't met you yet? Here's my close brother Tristan. Tristan also feels himself that he is not my son anymore. He feels that we are brothers too and we both feel like we are children of God. So the beauty of understanding it this way means I am never going to impose my will upon this child because this child is not mine. I understand that completely. (01:51:03)

This child is God's child whom I can love just like any other child. I love Tristan the same amount as I love all of you, but we obviously have a special bond because he and I are on the same path spiritually, growing towards God, both recognizing very, very similar things. Tristan is growing very rapidly in terms of his relationship with God. I feel very close to him as a result of that, because anybody who is growing in this relationship with God, I feel close to. Also, because I have known him for all his life and have seen the changes that he has made because of the choices that he is

making that have nothing to do with me. It's the choices that he is making that are causing him to change.

Now the relationship that I honour the most in Tristan, is his relationship with his soulmate. That's the relationship I honour, because that is the other half of him. In fact it is going to be the soulmate relationship that is going to be the only permanent relationship that you will have. I don't mean that you won't have relationships with other people that last thousands of years or even hundreds of thousands of years. What I am saying is that in the soulmate relationship you are both halves of the same entity. (01:52:28)

Therefore at some point you are going to recognize that. Also at some point you will get to the point where you are combined as one and you will be the one entity even though you may have two bodies connected. You may have four bodies connected, because remember; you can be this person on Earth. Remember on Earth at the moment, you have two bodies. You have a spirit body and a material body, and your soulmate has a spirit body and material body. So there are two bodies each, four bodies connected to this one entity; the soul. You don't need to worry about the bodies we're talking about the soul itself.

So you will get to the stage where, instead of seeing children as yours, you will see them as God's and so you will also see your role. Your role as their older brother or sister is to help educate them in God's Love; that's your role. In fact God created the universe to assist you to do that. There are just so many things on this planet and in the universe itself that can assist you to tell your children and educate them about their connection with God.

The problem is nowadays we just view it all as evolution; that we just popped in here by chance and we just dismiss that there was even a creator of it all. We go down this other track going all scientific teaching about evolution and what are we really teaching them in the end? We are teaching them to detune from the fact that they are God's children. Remember I described earlier how all of our problems came about? It was because the first human couple decided to detune from their relationship with God, and we are re-infecting that choice over and over and over into our so called children, who are not our children; they are God's children. (01:54:37)

# 9. Life after death

# 9.1. What happens to babies when they die?

Participant: What happens to innocent babies when they die? Do they still have emotions passed on by their mothers?

Remember I said yesterday that all emotions begin entering you at the time of conception. So any person who passes after the time of conception does have emotions and some of those emotions can be quite dark because they come from your environment and the environmental emotions are often quite dark. But what happens when a child passes is a little different than what happens when an adult passes and I would be happy to describe both processes if you wish.

This is what will happen when you pass. Let's look at the child first. Let's say the child is an abortion or a miscarriage. In another words, it actually passed before it is born. The child is picked up in this case by a Celestial spirit generally, a spirit who is actually on the Divine Path, and nursed until it actually starts having cognizance of its environment. The child (remember it is the soul connected to the two bodies) is nursed and also given lots of emotional energy to heal itself. What happens is that it is nursed into the process of cognizance where it can actually start to understand its environment, just like a baby. In other words it is nursed to the point of being a baby if you like.

This usually takes around the same amount of time that it would take on Earth for that process to occur. The child also can speak by that stage in the spirit world, and the child is already allowed to make a lot of choices on its own; so it starts making choices.

#### 9.1.1. Children pass into Summerland in the first sphere

Where it's located is in the 1st sphere in the spirit world. Remember I said that there are all these spheres in the spirit world. The 1st sphere, the very first one has thousands and thousands of planes. The depths of the bottom of the planes are called the hells; this is a very dark, dingy, very terrible environment. At the top of the 1st sphere is a place called Summerland. It is probably like the best environment that you can conceive of here on Earth, with some additions. The additions are the creation of an environment where the child is actually triggered into desiring to have answers; we talked about that when we discussed schooling and education. So the child is at that location, after that initial process

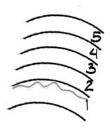
of nursing by an angelic spirit. Once the child is in that place, it begins to learn all different things about the universe. A lot of it is physical but a lot of it is also spiritual and emotional and it is allowed to choose what it deals with. If it has any emotions from its parent that are still within it (which would be unusual by that stage if it died before it was born), it would be nursed through those emotions in a very loving environment. Then it is basically left to have whatever it wants, whatever its desires are. By this stage children usually have a few mates, a few friends, and they have their own environment set up and they progress quite quickly through that state. (01:58:37)

#### 9.1.2. The parents emotions impact on children who pass

Then they are given a choice; a choice to follow the natural love path which is a path of intellectual development, becoming adult-like, all those different things I mentioned yesterday, or the choice to actually follow the Divine Love Path, which is connecting to God. Now, for many of them the choices that they make depend upon what forces start to control them at this point. If they passed as a miscarriage, often by this stage, they will be starting to feel the emotions of their mothers and fathers. They will start to feel some of those impressions upon them pushing them in a certain direction. If the mother and father are into a different path spiritually, they might firstly start to investigate that particular path; but they are completely given the free will to do whatever they wish at that point.

Let's say a person is still a child, but they pass after they are born. They could be just a newborn and if that's the case it would be a very similar process to what I have just described. If they are not a newborn but let's say they are 4-6 years of age and they pass from leukaemia or cancer or some kind of disease or some kind of accident; then what would happen is that they would still have emotions from their environment in them but those emotions would be a bit stronger. They'd be more powerful emotions.

So they would often be nursed through a process of releasing those emotions. In the spirit world, for a child of that age, that happens very, very rapidly. So usually within a few months they will be nursed through that entire process. Now they go to Summerland and the same process goes on. They're educated, they do as they desire and the same thing happens. So, passing for children is a breeze and it's a very beautiful process for them and they are looked after through the entire process. (02:00:37)



Summerland is located in the top of the first sphere

The only time when it's not so much of a breeze is if there is an abortion. With an abortion, the child is kept away from its mother who aborted it. The reason why this is the case is because the emotions in the mother who aborted the child were emotions of rejection of the child. Because those emotions of rejection are very powerful emotions to be felt on the receiving end as unworthiness, the child is usually kept from going back to its mother on Earth until the mother works through the emotional reasons why she aborted that child, and then the child is often reintroduced to its mother. So that's the only time where it is a bit more difficult for the child, because the child itself is getting the emotions of rejection from its parents on Earth. What happens is the Celestial spirits try very hard to actually stop that emotional projection from entering the child, so the child doesn't grow up feeling unworthy.

# 9.2. What happens to adults when they pass

With adults, when we pass it's a little different, because as an adult we made free will choices. So when we pass as an adult, often what happens is that we are healed from the choices that were made by other people that affected us, but we are still going to have a whole group of unhealed emotions about the choices we made. Because of that, we go and are attracted to a location.

When we first pass, we often go into what we see in a lot of spiritual literature; a place that's not fantastic but that's not

terrible and it's just like a place of reception. There are whole hospitals there like that which you could conceive of on Earth, a bit different in terms of how they look and everything; but they are hospitals that would help you get through that first part of transition, particularly if you passed with an injury or a long term illness like cancer, you'd be nursed through that. The body would be repaired from that particular problem. Then generally what happens once we get to the state where we feel our own sense of autonomy, in other words we are feeling our own free will to go and do things that we want to do. We are shown a mirror. By this stage we probably don't want to even look in the mirror because we start seeing other people where we are. We start seeing that they are in pretty bad shape, so we can imagine if they are in bad shape and it seems that almost everyone who comes through here is in bad shape; it possibly means when I look in the mirror I am going to be in as bad a shape as they are. Sure enough, usually by the time we look in the mirror we start seeing ourselves for what we really are.

At this stage we don't understand that it's the emotions that created that. We don't understand much at all and we will only understand what we ask about, if you ask about it, you'll be told. But if you don't ask, often you are not told because everything is based upon the Law of Desire. So anyway, I've passed, I have gone into this stage and I now recognize where I am and I am in a pretty dark place. What happens is that my soul now feels a drawn to not be there anymore and I actually go to a location in the spirit world that perfectly matches my condition of love. (02:04:05)

If I am a murderer and I've passed, obviously my condition of love isn't going to be too great and my soul would be attracted to the conditions in one of the hells that match my condition of love. By the way, where do you think the other murderers are? In the same place! So now, instead of being surrounded by people who are nice and I am the murderer, I am surrounded by all the murderers. That's the way of exposing to me my condition.

Now let's say I was a person on Earth who had a lot of sexual affair, over and over and over again, and I haven't worked through that emotion. Well, I'll be attracted to a group of people in the spirit world who have done the same thing and that will be in one of the hells in a different location. There are literally millions of locations for every single emotional injury you can conceive of. If I am in a bit better condition, I've worked through different things on Earth, and then I'll pass to whatever sphere matches my development in love.

So if I'm highly developed in love when I pass, then I'll be in a space that is not in the hells, it might be even in the 2nd sphere or the 3rd sphere of the spirit world. Historically, there have been only a few people ever who have passed into the 3rd sphere of the spirit world.

#### 9.3. What happens to people who commit suicide?

Participant: What about people who commit suicide, are there any consequences for that?

Yes. A person who commits suicide is acting on two primary emotions. The person who suicides firstly has a whole set of emotions about self-love. Self-love in itself is a huge issue on the planet. Lack of self love is one of the major causes or major reasons why the majority of people do not pass into the 2nd sphere but rather pass into the 1st sphere; because of our lack of self-love; the way that we treat ourselves. (02:06:18)

Now suicides are literally the result of thousands of different reasons and whatever the reason is, will be determined by the soul condition of the person, and that will also determine the location that they arrive in the spirit world. But a suicide, because they had murdered their own body, will always arrive in a state in the spirit world in one of the darker places. Then what they will need to do is to come face to face with two issues inside of themselves. The first one is why they felt that they had the right to destroy their body. The second one is what emotional reason inside of them caused them to suicide. And they will have to face that emotion.

One of the main reasons why people commit suicide is they don't want to face the emotion that was in them when they were alive. They feel if they kill themselves they won't have to feel the terrible feelings they are currently feeling, and that is not true. When they pass they will have to feel the terrible feelings that they avoided when they were on Earth just before they passed, and they will have to feel one more terrible feeling, and that is the feeling that they murdered themselves and didn't have the right to do so. When I say "the right", they have got the free will to do anything they want. What I mean is that they will go through an emotion where they realise that the body that they had wasn't theirs to take away from themselves. It was created by God just as their soul is, and of course it is impossible in the end to kill their soul.

In the end, the biggest emotion that a suicide faces is the same emotion that they faced when they were alive and didn't want to face. The biggest impediment to their progress in the spirit world is that they often still do not want to face the emotion when they pass, the same emotion that caused them to pass. So for that reason until they connect emotionally, they don't progress. As soon as they connect emotionally, they generally progress very rapidly. Again, it gets back to connecting with your emotions and working your way through the issues. (02:08:40)

**Mary**: I just wanted to say that many of us have similar emotions even though we don't take our own lives. We spend our whole life doing things that actually damage our physical body in avoidance of feeling our emotions.

Yes. So let's look at the emotions related to smoking, which is a slow suicide. I am smoking and I am paying someone else (if you think about it logically) to slowly destroy my body and I am a willing participant in that process. There have to be emotional reasons for doing that that are very close to a suicidal person's emotional reasons.

So many of us have emotions of suicide in us, we just don't act upon them and when we pass, those emotions will be just as present in us as they were before we passed. So it always gets back to this one rule; be open to passionately experience all of your own emotions, no matter what they are. If you do that, you will always progress no matter what happens. So a suicide has just as much ability to progress as anyone else but often can't, because they have this same desire to avoid what caused them to suicide in the first place.

We can help them a lot here on Earth, to work their way through those kinds of emotions and how we can do is that by showing our own emotions and showing them how to deal with theirs. It is very important to understand that all of those things are based around the laws of God. That is the most loving way to actually help that person get out of that emotion. So remember, as Mary was showing earlier, the Law of Attraction pulls something into our life so that we deal with an emotion that will get us closer to God in the end. So let yourselves experience that. (02:10:30)

# Secrets of the Universe: Part 2

#### 10. The effects of abortion

**Participant**: AJ this is regarding abortion. It's a threefold question. I've seen videos of abortions where the foetus has been torn to shreds by a suction device. The physical effect on that form, on the spirit, is there any residual when that spirit actually transcends the physical form?

# 10.1. Experiences of the baby who is aborted

The foetus feels pain. There are differences between the intensity of pain and the duration of pain. The problem with any abortion of course is the foetus is going to feel pain associated with the abortion. The pain is twofold. The pain is firstly the physical pain, which will either be short and intense or quite a bit longer and drawn out, depending upon whether the abortion is to occur through chemical means or physical means.

There are spirits who actually help the foetus, the soul and the spirit body of the foetus go out of body. So what they do (and this is no justification by the way for abortion), is they nurse the child through the painful experience by helping the child to be out of body and not feel all the feelings associated with the physical pain itself. The spirits who do that know the intention of the parents so therefore they surround the abortion clinics. Abortion clinics are actually surrounded by spirits who are trying to nurse children through this process of transition, which is quite painful.

By the way a lot of these questions that you have been asking me about abortions (there have been quite a few of them privately) are prompted by some spirits who want to know about this and so I want to give fairly concise answers. The second part of the pain they feel is the emotional pain. The emotional pain begins the moment that the parents feel an emotion that they are going to go ahead with this abortion. Up until that time what happens is that there is usually an oscillation of emotion, in the mother particularly, but also in both parents. So you get an oscillation emotion of, "Yes, I think I should do it", "No, I don't think I should because I feel guilt." Eventually, as with any doubt emotion, which is a painful experience for any person to go through, you eventually settle on one side or the other. So one side is keep the child, the other side is abort the child.

When you settle on "abort the child", the child instantly, from that moment on, is starting to feel emotions of rejection. In fact, many people have the feeling of having a miscarriage at that point because the child actually can feel the emotion of rejection. So some people actually have a physical feeling of not wanting the child and the child actually miscarries because of that emotion. Now those emotions pass into the child. So you've got this instant intense or drawn out pain (depending on what kind of means were used to abort the child) coming into the sensory input of the soul of the child and then you've also got the emotional response of the child which is actually more painful to the child and generally of longer duration. (00:04:11)

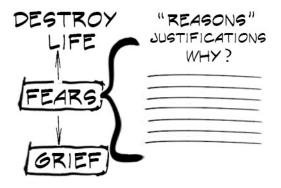
Now what happens is the nursing spirit, if we can call them that, who is usually a Celestial spirit who is assigned by God to nurse that particular child, will actually try to prevent the child from experiencing a lot of the physical pain associated with it, but the nursing spirit will allow the child to experience their emotional pain. So what happens is the child initially does a lot of crying in the spirit world after that first process of abortion occurs. The Celestial spirit is nursing this child through this process of the emotional pain of rejection. Then the spirit gives all of the love that the spirit is able to give and that actually regenerates the child and allows the child to have an emotion inside of it of self awareness regarding its own identity, and it also allows the child to experience a feeling of self worth, so the child then gains a feeling of self worth.

In order to actually allow that process to continue, which may take many months, the nursing spirit prevents the child from visiting the parents. I don't know if you are aware that whenever you have an emotion for somebody, for whatever reason, whether it's a love based emotion or an unloving emotion, there is an emotional hook that goes out of you, it's like a stream of energy that goes out of you to the other person. If you are a mother who has aborted, or a father and mother who have aborted and you still have that emotion of, "I have done the right thing," and so forth, there is this emotional energy going out towards the child. So what the caring spirit does is cut that energy off to stop it being received by the child. So the child doesn't get those emotions and that way the child is allowed to go through this

process of actually having some self worth and growing up with self worth. (00:06:12)

# 10.2. Emotions that the parents experience

What often happens is the mother, or both the mother and father, at some point in the future recognize the choices that they have made and they go through these emotions of, "Wow, I realize now that I've done the wrong thing in this particular situation." I mentioned this earlier to somebody but I think I'll write it on the board in terms of what kind of emotions to go through. There's usually a group of two separate sets of emotions. There are the "reasons". I'll put the word "reasons" in quotations because really they are the justifications of why the abortion took place. My suggestion is, if you have had an abortion, write down all the reasons why at the time you felt that you needed to do that; both parents, not just the mother, because this is something that is attributable to both the parents.



Discovering the emotional reasons for having an abortion

#### <u>10.2.1. Fears</u>

The reasons why you did the abortion that you are listing, when you list them all, are your fears. To be frank with you, those fears were great enough to create the destruction of life; were great enough to cause you to destroy life. Now those fears are pretty big fears and they cover grief inside of you from your own childhood; from your own life. The key is to allow yourself to firstly identify your fears and then allow yourself to feel the grief of those causal emotional reasons why you justified the destroying of life. You only justify the destruction of something through a fear. Now that's one set of things to do, so that's one group of emotions.

#### 10.2.2. The Law of Compensation

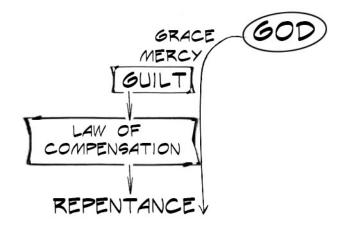
There's a whole other group of emotions you are also going to have to work through with regard to abortion and that is, you will generally have an emotion of guilt. An emotion of guilt is a pointless emotion to experience. When I say pointless, it is your way of getting out of other deeper emotions. Now let's see what you are getting out of with this guilt. There is actually a process that goes on in your soul when you do something disharmonious with love, and this is anything disharmonious with love, by the way. This process happens, but it happens a lot more when we do big things disharmonious with love than when we do little things disharmonious with love. We have this law that comes into operation called the Law of Compensation. You have probably heard of it as the Law of Karma? What you sow you reap.

It is actually a law that causes consequences to be placed upon your soul for actions that you took that were disharmonious with love, whether you are sensitive to them or not; sometime in the future you will feel them. Now for most people, they don't feel them when on Earth. What they do is they go through life trying to ignore it. You know how you have these little thoughts that pop up. Whenever the abortion pops up in your mind, "Oh, I'll suppress that back down again, "and we are off with life again. That's how most people react to these kinds of events, another thoughts pops up; "Oh, I treated that person badly. I'll suppress that." Another thought pops up, "I have harmed my children… no, I tried my best," and so I go on with my life. This is generally how we finish up acting in our life; these little thoughts pop up, those little thoughts are the beginning of our awakening to the Law of Compensation. (00:10:42)

#### 10.2.3. Repentance, Grace and Mercy

Now, whether you are here or whether you are in the spirit world, you are going to have to experience the results of

every single action you took. Most of us don't do that here because we ignore the results of most of the actions we took. What we need to do is to allow the results to hit us in their full emotional force. Remember this is an emotional process that's going to hit us in its full emotional force. So I will go through feelings of shame and then probably deeper feelings and then I will actually grieve what I did. I will go through a state of grieving which is actually a state of repentance.



Emotional stages a parent will go through after having an abortion

We go into a state of repentance and in that state of repentance we are now grieving what we did. We are coming to a full knowledge emotionally of the things that we have done to harm others. Now in that state that is a beautiful time to call upon God, because if you call upon God and you long to God, there's an emotion that God gives in response to your repentance, and that emotion is this misused term grace or mercy.

So rather than you now having to experience the full results of the Law of Compensation, because you are in a state of repentance, because you are feeling the emotion of repentance; God, through this mechanism of you longing for Her love, will give you mercy or grace and you will feel a feeling of peace overcome you about the situation.

In fact when you feel the feeling of peace overcome you about the situation, you will know in your heart that you have forgiven yourself for the particular issue that you face. You have done it emotionally, by the way. This is not an intellectual process; it's an emotional process where you forgive yourself. You have now forgiven yourself for what you have done because you can feel God's forgiveness work through you, through this action of repentance. This is, by the way, one of the highest laws of the universe.

When you enact this repentance from the heart, you call into being a higher law that actually overcomes the Law of Compensation. What happens is through the Law of Mercy or Grace, or you could think of it as the Law of Divine Love, God then actually helps take away from you the underlying pain of the results of your actions. That is one of the biggest laws of the universe. (00:13:42)

If that didn't occur, you would have to experience exactly the pain you created. Now imagine if we are talking about an abortion. I just described some of the pains that an aborted child goes through. If you don't go through the process of repentance you will have to go through the process of the Law of Compensation. The process of the Law of Compensation is; exactly what you have dealt out is what will be dealt to you in pain. That's one of the laws of the universe, but the Law of Grace or Mercy, which is invoked through the Law of Repentance, overcomes the Law of Compensation.

So as long as you are willing to go through that process, you can very rapidly deal with this problem of what we have done, that is disharmonious with love. When we go through that, we will come out the other side feeling a sense of peace. You will be able to talk freely with anyone about that particular issue without crying, and you will be able to actually mention it in public without feeling ashamed; when you fully process yourself through that emotion and feel the repentance fully. This explains how many spirits who are now in the Celestial world can come to you and tell you about all the bad things they did while they were on Earth and know that they have been forgiven for all of those things.

As it is with abortion, it's the same process in regard to anything else that we have done that is harmful in our life. You

see everything that we have done that is harmful in our life; we have had our reasons at the time, which were really in the end just justifications. We always had a reason why. If we list those reasons why, they will tell us our fears. Can you see it's the same pattern? They will tell us our fears. Our fear was; we were willing to break love, to destroy life, because of our fears and we will need to feel some grief about those things. When we feel the grief, and remember the grief is regarding the causal reasons why we did those things, they are released from us. (00:16:04)

We will have guilt about everything that we have done that broke love because that's an automatic reaction to the soul. The Law of Compensation kicks into effect every time we do something disharmonious with love, whether it's natural love or Divine Love, it doesn't matter; the Law of Compensation will kick into effect. We have the choice of feeling the full effects of the Law of Compensation, or we can go into a state of repentance. The state of repentance is this deep heartfelt sorrow and desire to deal with the underlying causal emotional reason why I did what I did.

When we do that and we ask God for grace and mercy, the underlying reason will be lifted from us. You will feel sense of peace and calm overcome you and you will be able to speak about these events without any fear, without any sadness, without any shame, without any terror, without any guilt. It's exactly the same process for everything we do that is disharmonious with God's Love

So I wanted to go through that with you because this is a part of how Divine Love works, if you like, and what a lot of the spirits in the spirit world don't understand, are these laws. You see, they understand the Law of Compensation. In the spirit world it's often called the Law of Karma. They understand the law and they feel the effects of, "What you sow you reap". There is a saying in the spirit world that, "The wheels of God grind very closely". When you are grinding flour, if you have ever seen a flour mill, you get a seed and it gets ground and ground into a powder. That's what God's Laws are like; they are going to grind every error out of you, one way or the other.

My suggestion is be wholly involved in the process and it'll be the shortest possible process for you. If you are not wholly involved in the process the Law of Compensation, the Law of Attraction, the Law of Cause and Effect and all these other laws will kick into play and it will be a slow, long winded and painful process for you. It's up to you. The laws of God grind and grind and grind. God has cleverly constructed Her universe. It's not like that with man. You know you go along and say, "Your Honour I did it because I was crazy at that time." It's not like that with God. You can't do things like that with God. God knows what you did and what you were feeling at the time. You can't get away with it. None of God's Laws let you get away with anything unless there is repentance, unless there is this feeling. (00:19:01)

Now, you can see that that is a very, very similar teaching to a lot of Christian teachings. That's why it was called Christian, it's based on Christ. I was the first Christ and therefore a lot of the things I say will sound Christian. Sorry about that, but that's what you get talking to Jesus! The truth is that this is a big law of the universe that is really important for you to understand and if you understand it that particular law, you can work through emotions much more rapidly.

**Mary**: I haven't been in a Christian faith but I wanted to make the point that this repentance is a very emotional place. I have tried to be repentant but it's a very different place to actually feeling true repentance.

Perhaps you can explain the difference between trying to be and feeling it. Can you think of an example?

**Mary**: There have been lots of times where I have felt that I am really sorry and I wanted to say sorry and I am crying and I never want to do it again and I feel ashamed of what I have done.

Then next time when an event comes up what happens?

**Mary**: I just did it again. I just got angry or just cut someone off or whatever and then I felt shame. This is why guilt is such a powerful avoidance emotion, because it wasn't letting me get deeper to the actual reasons why I was taking these actions. When I did that, I really connected to what it was I was avoiding by trying to control the situation. So I felt the reason why I was taking the action, getting angry for example, and I felt I really connected with that and felt grief about that; but I also felt a very deep longing towards God of, "Please take this away from my soul so it's not within me anymore."

Can everyone see that you can say sorry as much as you like but if you do it again you weren't sorry in the first place. So you know you see this a lot in a relationship for example. A man cheats on the wife – says he is sorry and cries and

does all these other things and she thinks he is sorry and six months later he is cheating again. Was he sorry? No.

What is real sorrow? Real sorrow is connecting to the causal emotional reason why you did what you did. That's real sorrow, a very important thing to understand particularly in a relationship. If you are wanting to get back with a partner who has harmed you in some way. Let's say you have got an abusive situation with your partner where the partner is may be yelling and screaming at you all the time or may be even physically hurting you all the time; unless that person who is doing that deals with the underlying causal or the emotional reasons why they do what they do, they are going to do it again. Guaranteed. If we deal with underlying cause of the reason why we do it, we will not ever be able to do it again. It'll be so abhorrent for us to even consider doing it again emotionally, that we would never be able to do it again. That's not a fear of it; you get to a point where you just cannot do it. (00:22:44)

**Mary**: You were explaining that process with regards to abortion and I just wanted to make the point that once the parents reach this place of repentance, then the child that's been aborted can actually then have a relationship with them and reconnect.

You see anybody can reconnect with a person who is repentant. It doesn't matter what's happened in your life, if the person is repentant they are never going to do that same thing again to you. Every single person on this planet and every single person in this spirit world can reconnect with people who have harmed them, tortured them and abused them and all sorts of things, as long as the person who was the perpetrator, is completely repentant and has dealt with the underlying causal emotion.

So you understand that when you deal with the underlying causal emotion, it creates an amazing pull to a pure relationship with the person and this is particularly the case with an abortion. So the child who is aborted feels drawn back to mummy and daddy, when mummy and daddy are repentant for the reasons why they did what they did. The nursing spirit, if the child is still quite young, will allow that process to occur under those circumstances, because that's in harmony with God's Laws. (00:24:04)

# 10.3. Justifications for avoiding emotions

**Participant**: What I wanted to ask, AJ, is with that example that you put on the board, you talked about listing the reasons why. Am I not going to be in my intellect if I do that rather than actually in the emotion?

You see your justifications are always based on emotional reasons. Your intellectual justifications always have an emotional cause. Someone mentioned to me in the break that one of their justifications at that time was this justification that, "I won't have enough money to care for our child". There is a deep emotional reason in that justification; lack of abundance or worry that God is not going to provide; all sorts of emotional reasons might be in that justification. This is why I say start with the justifications if you are having trouble getting to your fears and your grief, because if you start with them you will be able to easily identify what the underlying fears are for those justifications. Remember, every emotional justification you have is based on a fear that you have, of something occurring. So it's great if you can list them.

For example, my justification for not doing bigger groups is that I feel that I am not ready for doing bigger groups. That's my justification, but actually it's an avoidance. The real fear is that when I am in a bigger group I will get more projections of condescension, more projections of judgment, more projections of unworthiness and so forth that I don't want to feel; that's my fear.

So you will find these things in every single thing you do. Many of you feel a pull to teach people whatever you have learnt and then you tell yourself a justification, which is, "I don't like big crowds". That's a justification. That covers a fear. What's the fear? It's the fear of how you will be treated in a big crowd; how you will be treated, how you will be judged and so forth. Work your way through that and then step underneath it. (00:26:18)

# 11. Forgiveness

**Participant**: There's a lot of talk of forgiveness disempowering the perpetrator. How does that fit in with repentance? You were saying when you repent, the other person... is that automatic forgiveness then because you have repented, or does it need...?

No. Forgiveness is something you do for yourself not for the other person. Let's look at forgiveness. Forgiveness is a part of a lot of our understanding about God and it's something very important. I have talked about forgiveness in the past for three or four hours at a time, so there is already some stuff on the net about forgiveness that you can listen to, but here's a general summary.

# **<u>11.1. God instantly forgives us</u>**

What does God do? The instant you break one of God's Laws of love you are forgiven. God doesn't demand anything of you. God doesn't even demand that you are sorry. God still forgives you. Now, you might not forgive yourself or you may. A lot of times we think we have forgiven ourselves but in reality all we have done is justified our action. That is not forgiveness.

From God's perspective, God forgives every single action. So if a murderer comes along and murders your family, God will forgive them the instant that happened. But there is this Law of Compensation. The Law of Compensation is what you sow you reap; the Law of Compensation is there's going to be an effect for every action you take. So even though God has forgiven you, there are consequences for the laws you have broken and those consequences will have to be paid by your soul. (00:28:13)

Now let's look at that in a relationship; let's say a parent-child relationship where the father abused the daughter. If the father abuses the daughter, the daughter needs to get to a state of forgiveness before she can move on from that damage. It's not an intellectual place. I have heard so many people come up and say, "Look I have been abused as a child but I have forgiven my dad now". I say, "I am sorry but you haven't yet, actually, because to forgive someone completely, you have got to actually feel inside of you the underlying emotions they created through their interactions with you. You need to feel them and release them and then you've forgiven them."

# 11.2. The benefits of forgiveness

When you forgive them what happens is this; there is an automatic feeling inside of you now that you can love them even though they did those things. Now you think about it, with some pretty hard actions like abuse it's going to take a bit of effort on your part to work your way through the process of forgiveness.

Now what forgiveness does is a number of things for yourself. It does is it allows you to no longer have any emotional response to the action they took towards you. Now I am not saying you manufacture that state. It's got to be a real state in you –where you no longer have any emotional response to the action someone took towards you.

When you are in that state and you forgive, from that moment you can move forward on that issue. It is no longer an issue tying up your life and changing your life. But you know what happens a lot on Earth and in the spirit world? We only forgive if someone is sorry, and even then we have a hard time. Let's say we wait to forgive until somebody is truly repentant. The problem with that is this. If I wait until a murderer who murdered my family is sorry for what he did to my family, I am going to be waiting a long time. This will actually lock up my own relationship with God and my family because of the event. Remember, my family is now in the spirit world and I could still be having a perfectly loving relationship with them. (00:30:51)

So what happens is when I decide not to forgive, what I am basically doing is I am now basing my entire spiritual progression on the other person coming to a realisation of what they did. Now do you think if you are a murderer, you are going to easily come to a realisation that what you did was wrong? If you were going to come to it easily you probably wouldn't even murder in the first place would you?

So if you lock your life up waiting for the people who hurt you to be sorry, you will not ever be at-one with God and you will never experience the beautiful emotions that come in that state. You won't experience the freedom that comes from forgiving them and forgiving yourself. There have been long discussions that I have had about forgiveness and how it takes place. We just did one recently, so that's on the net, you can download that and listen to that. There is a whole discussion about forgiveness and repentance and interactions and love and self love. So my suggestion is to have a look at that, but in summary, if a person doesn't forgive, they are basically locking up their own spiritual progression and their own bliss. You are just harming yourself.

### 11.2.1. An example of some slaves

I have talked to many spirits who are in this state. We had a group of slave spirits who came to us once. They lived in Barbados 300 or 400 years ago and they were still in the hells of the 1st sphere. The spirits who were tortured by the slave owners were in the hells. The slave owners were in the hells deeper again, but the spirits who were tortured by the slave owners were still in the hells and they didn't understand why. When we talked to them, I started helping them connect to the emotions they had towards the slave owners, which were emotions of rage. They wanted to do to the slave owners what the slave owners did to them. They wanted to punish the slave owners by doing exactly the same things. We actually helped them, with a few higher spirits, go to where the slave owners were to look at their condition and they came back and said, "I am glad that they are in that condition." They were really, really angry; they were full of rage.

What we did was we connected them to their rage and started telling them that that's why they were where they were, because they were still in the rage and they hadn't forgiven. Now, as soon as they connected to that they asked, "How do I forgive?" I said, "All you need to do is feel the grief you felt about having these things done to you." As soon as I said that lots and lots of them started to go into their memories about the damage that was done to them and instead of getting in a rage about them, they just allowed their grief to flow out of them. Then I asked them to just long to God for God's Love to come to them and every single one of them moved from the 1st sphere to the 2nd sphere in that one transaction, just by doing that once.

Now those ones are now quite high up in the spirit world because they have learnt some of the other lessons of Divine Love in the process. It's been two years ago since that happened and they are progressing on the Divine Love Path; but understand that what was holding them there for 300 or so years was their state of rage and anger towards the perpetrator. So it's a very powerful thing to give up rage and anger towards perpetrators. It does not mean you will allow them back in your life until they are repentant, because when they are repentant they will never be able to hurt you again, their soul wouldn't allow it. (00:35:07)

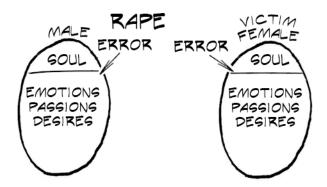
### <u>12. Rape</u>

**Participant**: I was just wondering if I could just go back to that abortion you were talking about – forgiveness with both parents – how is that situation with rape?

Obviously there are a number of things going on with rape. Of course the person who is the rapist needs to go through this process of repentance.

Please don't think that in all these discussions about the Law of Attraction that I am actually justifying the sin. Remember I said that sin is missing the mark of God's Love. What the sin is, is when I do something disharmonious with the way God would do it; that's basically the sin. So the rapist is sinning, is he not? He is doing something that if he was in harmony with God's Love, he would never be able to do. That's the important thing to understand, that everything that's done in disharmony with love is something that we would never be able to do if we were harmonious with love, and there is an automatic Law of Compensation effect on that particular person. So if I am a rapist and I haven't dealt with the emotions that caused me to rape on the Earth; in the spirit world, once I begin to work my way through it, there would be a whole group of emotions I would need to deal with.

Now let's look at what's actually happening in the rape. There is one soul on Earth who is the male perpetrator. He is the perpetrator of the rape. He has a group of emotions, passions and desires that have been distorted through the error beliefs that have entered him emotionally from his childhood. Then we have the soul of the female victim in this case, shall we call her a victim at this stage? The victim of the crime. She has a set of emotions, passions and desires and many of those emotions are also influenced by error, which causes her Law of Attraction. Remember it's our soul condition that causes our Law of Attraction. (00:38:13)



The soul condition of the rape perpetrator and the rape victim creates the Law of Attraction

# 12.1. Emotions in the rape perpetrator and rape victim

This male, due to these emotions, believes in his heart emotionally, that actually raping a woman is a justifiable thing to do. That's what he believes. He wouldn't do it if he didn't believe it. He believes, because of the group of emotions in him, that it's justifiable to actually have sex with a woman against her will. So he has quite a lot of emotional damage doesn't he? He doesn't believe in the Law of Free Will for example because if he did he couldn't do that, he obviously has some emotional damage if he is going to rape a female. These emotional errors are related to his mother in particular or women figures in his life in his childhood.

Now this female may have certain emotional errors in her regarding men in her life. This male is now in such a state emotionally that he is now constantly looking for a woman he can rape. There is a whole group of spirits connected with this now. His Law of Attraction means he has now got male spirits surrounding him who also have this same belief. By the way there are literally millions of those spirits in the hells of the spirit world, in dark places; who believe rape is justifiable. They look for a man who has the same set of emotions they have towards women. So there is the Law of Attraction going on here where they heighten his emotions and he now, with their help, is looking for a woman and a situation by which they can harm the woman and rape her. (00:40:20)

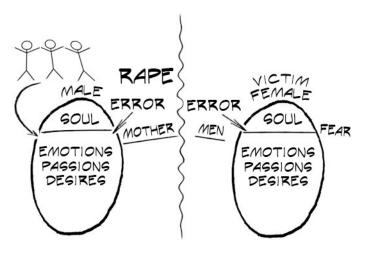
So he goes ahead, and once he finds that woman, who has a certain set of emotional conditions in her... and by the way I am not blaming her for that; he is the perpetrator, he is the one who's being disharmonious with love here. He will rape her for certain. Now what has to happen to fix it is probably the question. One thing that can help the woman fix it, if she is being raped, is to actually deal with the underlying emotional things within her that causes these spirits to identify her as a potential choice to be raped. In there, there will be some fears that she has about men, and many of those fears will have come from her childhood. This is why many women who are raped have also had some sexual abuse from men in their childhood, because there is a correlation between those two events that created fear in her and other emotions that she is yet to release.

So, she can actually work her way through the causal emotions that created the attraction. She can release that within herself and work through those emotions. They will be related not only just to the event now, which would be a very damaging event, but also to the underlying emotions. I am talking about the childhood emotions she needs to allow herself to actually deal with and experience. When she deals with that experience she will no longer feel anger, resentment or anything else towards men generally or even towards the man who raped her.

My soulmate in the 1st Century experienced many rapes, so Mary has the experience of having to work her way through those sets of emotions.

Now the man, he passes in a very, very terrible condition, or if he is on the Earth he is in a terrible condition. The only way we are going to be able to help him is to connect him to these emotions inside of him about his mother and about women in his life and how angry he feels and how powerless he feels around women and so forth. He needs to connect with a lot of emotions of powerlessness and grief around women and he will need to work through every one of those emotions; plus all the emotions related to damaging the Law of Free Will, plus all of the pain that he created in the woman. He is going to need to work though every one of those things emotionally. He can do that with God, or he can do it by the Law of Compensation. Many of them don't do it with God for a long time, so they pass into the spirit world and for many hundreds and sometimes thousands of years they remain in that state until they actually begin

doing it with God. Is there anything more you want to know about that particular scenario? (00:43:17)



Different emotions in the rape victim and rape perpetrator, and spirits influencing the rape perpetrator, create the event

# 12.2. Abortion resulting from a rape

Participant: It was about the abortion from the rape.

All right – let's go to this person now having a child.

Participant: And you had said that both people had to clear it, but...

No, in this situation he would have all of his emotions, which by the way are going to be terribly difficult and long winded to deal with, but he won't have to deal with the fact that she had an abortion because that was her choice. She will need to deal with the fact that she had an abortion. She will need to work through the emotion or fears in the same way that I have just explained, and that will be a fear that every time she looks at this child all she remembers is the event. That's the primary reason why this lady would have an abortion. The primary reason she has an abortion is because she is worried that every time she looks at the child she would remember the event and she doesn't want to remember the event.

So the key for her is to allow herself (because she needs to allow herself to remember the event) to deal with all the emotions around the event and then connect with the underlying emotions too within herself, and to look at what's going on for herself in that particular situation. She will need to look at this issue of aborting a child, but again it will be through the fear of her own emotion in the end that caused her to abort the child really, the fear that every time she looks at the child, all she will see is the event or the perpetrator. (00:45:11)

She needs to deal with her causal emotions. It is difficult, but it can be done. Obviously there have been many hundreds of millions, billions of women who have been raped historically. There are lots of women in the spirit world that have dealt with those emotions and all those women know that you can deal with these emotions. By the way, the same applies for males when they are raped but that has not been a common occurrence because generally the male has a physical body that's stronger, but can you see there are always these relationships going on?

Now of course, from God's perspective, her causal emotions for aborting this child are a lot different to a couple in a loving relationship deciding to abort a child. The couple in a loving relationship who decide to abort a child will have more emotions to work through about the abortion than this lady would. Can you see why? Because there's a lot of things going on in this situation compared to the couple that is in a loving relationship.

The truth is that God knows every single thing right down to the bone of it. I don't. So all I am doing is presenting to you scenarios of different people that I have observed in my life, who have had to go through these emotions. God knows each individual circumstance and situation and the individual emotions involved in every single thing. This is why your relationship with God is of paramount importance, because it's through that relationship that everything can be healed most easily, compared to doing it all yourself. (00:47:05)

### 12.2.1. The emotional impact of rape on the child

**Participant**: I am just wondering – say it was a rape situation and there was no abortion and the child was born, does that child take on soul injuries from the father and the mother?

Yes.

Participant: So that child would have to work through all of his father's stuff?

Well, because the father was just there in the instant, it was only during the instant he was present, if conception occurred, that the emotional injury would come from the father. So in comparison to the emotional injuries that will come from the mother, there is this wide difference between the two states, so the majority of the child's emotional injuries would come from the mother and its environment.

### **12.2.2. Caring for children lovingly**

But it would be far better for the mother's soul condition if she could allow the child to be born and even have the child given up for adoption rather than actually terminate the child. The other problem we have nowadays on Earth is that we judge people terribly when mothers give up children. We have this terrible judgment towards a mother giving up her child. Whose child is it again? God's child! (00:48:17)

If we keep that in mind we will stop judging mothers and start looking at this child with regard to giving it the best possible care we can give it. We will stop judging the mother; we will actually start looking at how we can help this child be loved. If the mother says to us, "I am not capable of loving it," and then two years later says, "Now I am," I'd be perfectly happy with that. I wouldn't ask them to sign away their life, giving away their child and then two years later when they feel sorry that they have done that, I wouldn't say to the mum, "Sorry mum, you cannot have your child, it is my child now." If we had the viewpoint that this wasn't our child would we ever get into a situation like that? I would actually say, "By all means, look after your child. Have you dealt with some of these emotions though? They are going to affect your child."

So the truth with everything is to allow yourself to deal with your emotions. In the case where she allows the child to be born then obviously the mum's emotion will affect the child. So it would be very, very good if the mum's emotions could be dealt with during her pregnancy because that helps the child. Don't feel that you are harming your child dealing with a causal emotion during your pregnancy.

You are actually harming your child when you suppress your causal emotions during your pregnancy because remember, when you suppress all of your emotions, that's when the majority of the emotions fly out to the universe. When you own your emotions completely, now less of your emotions are flying out to the universe doing harm to everyone else. So the more you deal with them within yourself, the less damage there is to other people. (00:50:07)

# 13. Releasing emotional trauma through healing

**Participant**: Just based on ancestral trauma, things get passed down on a physical level, say like a disease. I know you have talked about spirit attachments that have been with families for generations like diabetes and things like that. In my line of work, I do a lot of healing work with ancestral trauma. When I am going into the conception point and seeing the mother, I can actually go in and see the mother's trauma and the father's trauma... well, feel it, not see it; I feel it. So when I am going through and sharing with the client all the things that come up, they go, "Oh my God, that's my life, I have lived that out and that's manifesting". So as we are clearing it, can I clear it and then have them actually have the consciousness that's there and release the emotions not for them but... I guess what I'm trying to say is does the client have to literally go through every single emotion that they've taken on from their parents? Or is it just enough to have the consciousness and feel it on the table and then that's released or..? No, okay.

No. However, remember the principles of grace apply to every emotion. So when a person has the desire to experience the causal emotions inside of themself and they ask for God's assistance to deal with these multi generational emotions, God can then reach in and actually help remove it, let me describe it like this. Here's our soul (AJ draws on the whiteboard), here's the emotion that's inside of me from my parents, let's say from the mum in this case.

Now my free will means that if I have my free will totally open and expressive, everything, as Mary said earlier, will

pass through me. So this emotion would already be out of me if I had done that, if I am exercising my free will. Now the problem with our free will is ...you can think of your free will as a cap over your soul. When you don't want to use your free will to do something, what you are doing is like putting a shell on your soul; it's a shell on your emotions. Now for God to reach in... if you can think of a hand reaching in to try and grip this emotion, if you have got a shell on top, what can God do now? Nothing, because to do it would be to break one of Her own rules and that is, "I don't want to do anything that you don't want me to do." (00:52:44)



When we use our free will not to allow emotions to flow through us, we place a cap on our soul that blocks God

So while I am exercising my free will to block my relationship with God and to block the experience of this emotion, God can't actually reach in and help grab this emotion out of me. But if I open up my soul and allow myself to experience the emotion, even the potential of the experience, now my soul is open and because it's flowing, God can grab it because the emotion is now flowing in me and I am not preventing it through my own denial. So you can see it very much depends upon our will as to how fast we can release causal emotions.

Another thing I need to say though is that there are two things you cannot do for another person. One of them is release their emotion. You will never ever, ever be able to release another person's emotion. When I say two things, I could think of a whole list of things, but there are two primary things. In releasing the emotions I also mean desire; you cannot do something that someone else desires for them. Only they can experience their desires. You can act on it but you will be doing it for emotional reasons that you are denying inside of yourself. (00:54:08)

The second thing that you will never be able to do for another person is give them God's Love. So every time you put your hands on someone and evoke God's Love to come through you into the other person, it's not God's Love going through you into the other person, because only God can connect to the person and give God's Love to the person.

**Participant**: So what's actually happening? That's been a bit of a dilemma for me because I have done healing work for 8 years now and over that time come through theta healing and all the New Age stuff and found quite a lot of frustration with that because...?

Okay let's have a look at what's going on.

Here's your soul (AJ draws on the whiteboard), here's the soul of the person you are trying to assist, and here's God. Surrounding you are lots of spirits, particularly if you are doing healing, there are lots of spirits surrounding your healing process. By the way, around this person are probably some spirits as well. Some of them who want to help the person, other ones who perhaps want to harm the person.

In each healing situation lots of different things are going on. There might be spirits connected to the person who are actually causing the person's ailment. If you ask God's Love to enter the person then you actually ask the spirit to leave, in most cases what will happen is, if this person is open, God's Love can enter the person and actually help disconnect them from the spirit. Now that would look like an instantaneous healing for that person; a very successful day! So their stuff goes away quite rapidly under those circumstances. Next week they might come along with a different problem because they haven't yet healed the emotion that caused the attraction to the spirit that was harming them, so that's a different story all together. (00:56:13)



A healer can assist someone by asking for God's Love to enter them

The other thing that's happening is when you do some healing work with a person, the spirits that are with you or with them, like one of their guides or guardians that are in a good condition, (they might not be on the Divine Love Path but they might be in a good condition), would actually do whatever they can to help the person heal. (00:56:32)

Now if those spirits are on the Divine Love Path, they won't do that until this person is willing to deal with the emotion. But if the spirits are on the natural love path, they will use as much of your energy as possible, to do as much healing on this person. The ectoplasm of your body is used by the spirit to actually work through because you are the one with the connection that they can work through. They often can't connect to this person because this person is quite often in a sad state or whatever and so they are not able to connect to him or her but usually the person who is the healer is quite a good medium, so they are basically channelling energy, healing energy from spirits through themselves, to that person. But they are not doing it to their soul; that's the problem. They are usually doing it to their spirit body and their physical body.

### 13.1. Healing without addressing the underlying emotion is only temporary

Now remember I have said that every single problem we have is caused by the souls, not the bodies. So we can channel a lot of healing to a body, help them for a week or two weeks or a few months but then, a few months later they say, "I'm coming back. I've have got the same problem, I was really good for a couple of months." You hear that a lot when you are doing healing. The reason why is because they are still not identifying the causal emotion. Now, a spirit on the Divine Love Path would actually still do that, but only if they saw a willingness in the person to deal with the emotion.

So in other words, when you are in a love state, you know when a person's got that eggshell across the top of their soul, if you like, and you can feel it from them. I can feel it from many of you when you come up to ask me a question. I can feel that you don't want to deal with that. You say, "Yes I do, yes I do. How dare you say to me that I don't", and I say, "I am sorry, but I feel you don't." I can feel that eggshell on the top there. Whatever that eggshell is, I would try and encourage you to get into that one, but a lot of times we don't want to know what that is because we are afraid or whatever, so we don't deal with that.

But when you are a spirit, you can see it affecting the spirit body of the person, so you know there is resistance. Now when there is resistance like that, a natural love spirit can heal through you as the healer, but you are not going to heal the entire thing. You can't, because the emotion is creating it while you are trying to undo it. This is why a lot of people who have cancers for example, go along to a healer, and get lots of healing every week, they feel better for a day or so but eventually the cancer kills them. (00:59:24)

The reason is because they are not dealing with the underlying emotional reasons why, and the emotional reasons are more powerful than the healing. And because the emotional reasons are more powerful than the healing, the condition degrades. So all you do is slow down the condition if you don't deal with the emotions, but you never actually heal the condition in the person. Except of course as I originally said, if it was a spirit causing the condition, you can heal that really rapidly and that's why you have these effects some times that are really rapid.

# 13.2. Healing in a way that is harmonious with the Divine Love Path

Now on the Divine Love Path, if this person has the faith to connect to God, and they also have the desire to experience all of their emotions, which is called humility; they have the humility to connect to their emotions, now God can connect to them directly and that's going to be a pretty powerful experience.

So you've got them on the table. They are opening up to God or opening up to their faith that God will actually connect with them and help them here and they are humble to experiencing all their emotions. You can spend two minutes with them and say one word or two words or a sentence, and all of a sudden they are balling their eyes out having a major causal emotional release. That's a very powerful experience because that's really good for them. Eventually though what would happen is we need to teach them how to do it for themselves. As a healer this is one of the roles you can have, teaching people how to heal themselves.

So in that situation, God is actually giving them Divine Love directly during that process. You have helped them by telling them the truth. Remember I said there are three things we need to connect to God - a longing for Divine Love, a longing for Divine Truth and Humility. (01:01:23)

So we have helped them come to a state of humility by talking to them about their emotions. "You are allowed to have your emotions; you are allowed to experience your emotions," and so forth. We talk to them about the truth. The truth that we know our spirit friends might be telling us; "In your life, you were abused by your father and this is how you felt at the time. Do you remember that?" That's the truth entering them. They are longing for God's Love and they have faith that it's going to help heal them, they will definitely get healed from whatever that is, if they do those three things.

Then it's a very, very powerful experience for the person and also for the healer, that's a joyful experience because you can feel lots of things changing. So if we are a healer, the key is to change our focus a little from just trying to fix the problem externally, into fixing the cause of the problem so the problem can be fixed internally and that's the powerful thing we can do as a healer. (01:02:21)

#### 13.2.1. God only deals with causes

Remember that God only deals with causes. There's a Law of Cause and Effect, which I haven't discussed yet with people. God will only address causes in your soul. He doesn't address effects. So if you say to God, "Please take away this malignant cancer from me," God will not do that. You try that; God won't do that for you. Many people have tried that and they have died with their cancer. Many religious people have tried that and died with their cancer by the way. You know that, don't you, through your own experience and things you have heard.

Why hasn't it worked? They have had faith in God, they have had the humility maybe to experience their emotions, but what's going on? They are not addressing the cause. So you see, we've got to address the cause; we've got to be willing to address the cause, whatever that cause is. Sometimes those causes aren't too pretty. Sometimes the causes are actually "Wow, I have got this terrible emotion in me where I'd like to harm other people." That might be the cause and you've got to come to deal with that cause. Often that's the case with cancers. That's one of the causes, a big desire to impact our life on other people. You will see this happening a lot surrounding those kinds of diseases.

So often, unless we are willing to address the causes, God can't be involved in the process. Also, because we are unwilling to address the causes, any Celestial spirits or spirits on the Divine Love Path can't be involved in the process because they keep their connection with God by being harmonious with all of God's Laws.

#### 13.2.2. Many people on the natural love path do not understand the soul

So the only spirits that can help in that situation are natural love spirits and the natural love spirits don't understand the soul. Most of them haven't even learnt about the soul yet. They think the soul is the spirit body. When you talk to many people on Earth and spirits in the natural love community, if I suppose you could call it that, you will find that many of them have this viewpoint that, "My spirit body is my soul," and that's why they call it the spirit. But it's not your soul. It's a completely different thing but they believe it's the same thing. They don't even know what the soul is, so they don't even know what the cause is. All they do is see it in the spirit body but they don't identify with the cause emotionally in the soul. (01:04:52)

Now there are spirits on the natural love path who are starting to do that now. That's why we are getting a lot of emotional work coming into a lot of the healing now, whereas right back in the beginning it was all sort of metaphysical work; you know, work with the spirit form, but now it's a lot more emotional. But even so, there are a lot of laws involved in terms of how powerful we can be as the healer and if we understand them it can work really well every time.

Does that answer that for you? Sometimes my answers seem a bit long I know. But it's fairly concise.

With the medium-ship and healing sessions that we are doing now, what we will be doing is going through and practising a lot of healing techniques in terms of what we would do in different circumstances and situations to help a person heal. A lot of healers know all of the different techniques like kinesiology and reflexology and all these other "ologies" that we have here on Earth and we can use a lot of those techniques in actually helping a person connect to God and work their way through the emotions and have faith and all those different things that are the real primary things.

But down the track, once I am in the condition and then others of the 14 and others of you are in the condition of atonement with God, you'll be healing in an entirely different manner. You won't need all those "ologies" anymore because God would be able to operate through you and you'll know exactly what to do in each situation with each person, to actually help their causal emotions to be released. So when we are in that state, which is the state that I demonstrated in the 1st Century, there will be lots of people taking a lot more notice of the Divine Love Path at that point.

### 14. How AJ came to remember that he is Jesus

**Participant**: AJ, I came here this weekend with a burning question and it's about your journey. I know you had a regular life before where you were working and all the rest of it. Did you just wake up one morning and know you were Jesus? How did that happen?

That's a good question. It's funny that no one has ever asked me this question even though I say I am Jesus. I find it interesting that people don't ask questions about whether I am Jesus or not. Anyway, let me describe what happened. It's going to be a summary, all right? Obviously there are a lot of emotions involved in this summary.

# <u>14.1. AJ's childhood</u>

Shortly after I was born I had a lot of physical problems. So I had a lot of fear in my body and the fears in my body caused a lot of problems particularly in my abdomen and as a result of that I had some operations on my bowel and a few other things when I was very, very young; just a couple of years old.

Fear has been with me all my life and I only started releasing it thirteen years ago. What happened when I was quite young (you know how when you grow you start having your own memories); I would start having memories of different things happening, memories of abuse mostly which I couldn't understand at all. By the time I was around 12 years of age, I blocked off all of those memories. (01:08:46)

So I had done a very similar thing to what an abuse victim would do with torture or sexual abuse: just block it all off. I actually remember sitting down one day when I was 12. I was in the backyard in my hometown (I was born in Loxton in South Australia) and I knew from that moment that I would not remember my childhood. That was how I felt. Many of you don't still remember your childhood and there are good reasons for that that you need to investigate because there are emotions locked up in that.

I've always had a really strong bent towards God. Always, ever since I can remember. I remember when I was about 3 or 4 yrs of age, sitting in our backyard in a little warm place, patting a cat, longing for God and missing my soulmate. I was 4 and I didn't understand any of the emotions of it. So I have always had these connections with my soulmate and God that I couldn't understand.

When I was 7 my mother changed religion. She was an Anglican, Church of England, and she went through this big process of investigating different religions. What she did was she compared all the religions with the Bible. How many of you have done that in your life, got out the Bible line by line? It's a pretty big job considering how many pages there

are. My mother went through this process and she finished up narrowing it down to three religions that she liked; the Seventh Day Adventist religion, the Mormon religion and the Jehovah's Witness religion. The reason why she narrowed it down to those three was because she felt that each one of those religions had quite a lot of connection with the Bible and were practising what she had read in the Bible. Eventually she studied with each one of them. She went to the Seventh Day Adventists in our hometown (there weren't many) and she went to the Mormons, there weren't any Mormons in our hometown but they would visit. Then she went to Jehovah's Witnesses. There weren't any Jehovah's Witnesses in that town either. There was one in the town of Renmark about 30 or 40 miles away. Anyway, she went through this process of studying and after two years of doing that, she narrowed it down to the Jehovah's Witnesses. So my mother became a Jehovah's Witness. In the Jehovah's Witness faith there's a lot of focus on the Bible; literally reading the Bible and literally applying it. (01:11:43)

What that meant was that I was presented with the Bible at a young age. Before then, when my mum was in the Church of England, I wasn't interested in reading the Bible at all. What I would read were my dad's Alistair McLean books, a crime/ war writer. By the time I was 5 yrs of age I was reading those books instead, but still having this longing for God and so forth. I was 7 or 8 yrs of age when I started studying the Bible for myself. I started looking through the Bible and there were some things that really, really affected me and I couldn't understand why. Sometimes I would cry reading it and I couldn't understand why.

Anyway, that went on and by the time I was 12, I had studied the Bible so well that I knew the Bible better than my parents. I focused particularly on the prophesies of the Bible. I don't know if you know much about them; the book of Daniel, the book of Revelations, all the books of the prophets in the Hebrew Scriptures (the Old Testament). I realized that there were a lot of prophesies relating to the Messiah. I also started correlating prophecies with real life and I started feeling in myself that the Bible was God's Word. I can actually remember going through this feeling that the Bible was God's Word.

# 14.2. AJ's time as a Jehovah's Witness

So from then on, I devoted my life to the Jehovah's Witness faith. I started knocking on doors and my whole life was focused around it. I knocked on doors and started preaching. Many of you feel very confronted by me saying all this of course but that's how it was. I went through all of that and by the time I was 16, I just wanted to be preaching full time. I was one of these pests that came and knocked on the doors trying to change your mind.

Then I met a lady when I was 16 and by the time I was 19, I was married to her. We had two children and we were both in the Jehovah's Witness faith. I became what was called an elder in that faith. I was up in front of lots of people and eventually up in front of thousands of people. There was one time when I spoke to five thousand people. (01:14:27)

Anyway, I did all of that when I was still quite young. I was now in my late 20s, I had moved around a bit and was still in the faith but starting to feel quite a lot of emotions about other people's misunderstandings of love. I noticed a lot of lack of love being displayed. Even though we were trying to practise the Bible, there were a lot of times as I saw it, that the Bible wasn't being practised, particularly regarding the aspect of love; true love for everyone. So I started thinking and speaking a lot about love and as a result of that I moved to a new location and talked a lot about love. I found in the process of moving there that that the new location was even more unloving than the place I had come from.

That brought up lots and lots of different things for me. Because I was an elder in the faith, you had this role of "policing" the congregation. Whenever somebody in the congregation broke the so-called "laws of love" (by now I was starting to worry about this) you would actually talk to them. If they continued to want to break the laws of love, you would go through this process with them, where eventually, if they continued to want to do that, you would remove them from the congregation. You would "dis-fellowship" them it was called, or disassociate them.

In the congregation I was in at that time there were quite a few drunkards and the Bible condemns drunkards you see. It was my responsibility to deal with this issue because I was an elder in the congregation. In the process of doing that, I went through huge emotions and eventually I had a breakdown. I had this emotional breakdown when I was 32 years of age. They were emotions that I can still feel now. They were terrible emotions, like not knowing, just not being connected to myself anymore, feeling the terrible anger and hatred that was being projected at me for just following what I believed the Bible was saying I should do in that role. I finished up stepping down from being an elder in the congregation.

# 14.3. AJ's personal life

I'll describe a bit about my personal life. For the previous seven years I had known that my wife didn't love me. My wife had fallen in love with another man seven years earlier, and although we were still together and she never left me, our relationship wasn't the same. She was also depressed during that time. There were thirteen years, almost from the time of our first child, right the way through our relationship, where she was very depressed as well. During this time ironically, I was going through the breakdown. (01:17:36)

So I had all of those pressures in my life and at the same time I had four companies. I was trying to run these four companies through an emotional breakdown. That sounds like I was a super achiever and it was like that. In the Jehovah's Witness faith you didn't get paid for doing what you do, so you still had to earn money using other means. I would earn money by doing my computer work in the companies. There were huge emotional problems with all of the other owners of these companies, and I finished up losing our house. All sorts of things happened during or just before this process. I had all these different experiences that eventually reduced me to just a pile of rubble really. That's where I went to.

Then on top of that, there was this girl who was interested in me and what happened was that I went through all this guilt and shame about actually feeling like I wanted to love this other woman. It was a terrible set of emotions for me, because although we didn't act upon it at that time, I had this terrible feeling of guilt and shame that I was married and so on. Eventually I decided that I had to separate from my wife and I had to separate from the religion.

I did that and it was a very emotional time. I went back home and lived with my parents and allowed all these different emotions to come up. Over the next year and a half I spent most of my time crying basically, dealing with emotions, not with God because by this stage; I thought God had condemned me as well. I was alone now and dealing with my emotions. I was still seeing my boys three days a week, I would have them for three days and then their mum would have them. Because I had left the organization of Jehovah's Witnesses; everyone treated me as if I was dead. (01:19:54)

So you imagine; I had been totally immersed in it and now everyone I knew, every single person that I knew, treated me like I was dead. My own parents treated me like I was dead. I went through lots of emotions (as you can imagine) about all of that and worked my way through lots of them. As I was working my way through those emotions, a whole group of memories started coming up. At this stage, I didn't have any beliefs in reincarnation; I had no belief in anything other than what I had been taught in the Bible. Nothing else.

I felt totally condemned by God, so I didn't have a relationship with God, which I had had all my life up until this point, but I felt that God had cut me off too. So I was working my way through these emotions and for the first three or four months I was quite suicidal. What happened was just before I was thinking of suiciding, one of my boys' friends, two young children, a boy and a girl, went to visit their father and the father then brought them home and the next day the father burnt himself alive in a caravan. (01:21:21)

That sort of gave me a bit of a wake up, because by this time I had started feeling emotions and I could feel the emotions those children would have about that event. I stopped considering suicide and instead I went to go and get some help. I visited all these different psychologists and psychiatrists and everything and eventually settled on one who wanted to deal with my emotions, because I knew by this stage that I had to deal with my emotions.

Three months later I outgrew him because I started identifying his emotions better than he could. I went to another one and did the same thing, and then three months later of course the same thing occurred and I outgrew him. Eventually I met a lovely man who was really focused on emotions and he was so good with emotions. He was really, really good with emotions, and one day I hope that you will meet him too. He is not on the Divine Love Path but he helped me for the next year. I visited him twice a week and every time it was an emotional processing experience where I went through causal emotions and by this stage I was getting used to dealing with emotions.

I was alone, living at this stage with my parents, dealing with causal emotions and then the woman I mentioned earlier who was originally attracted to me, came into my life. She decided to leave the Witnesses at this stage, and she came into my life but it was a very turbulent relationship where I only saw her once a month. I'd see her once a month and then cry the rest of the month. I wasn't dealing with any causal emotion that came up. As you can see I have obviously dealt with that now, because I can think back on it in amusement. I dealt with emotions, emotions, emotions and it was terrible at that time. I used to write pages and pages on my computer and in the end I got used to feeling emotions; the

first 3 hours of every day I would just cry.

Then I found if I did that, the rest of the day was pretty good. Then my boys decided, through a lot of religious pressure, because my ex-wife was still in the religion, that they couldn't see me anymore. I went through some really bad emotions then, like for about 3 or 4 months I cried pretty much continuously. Then I went through realizing some things about God again, realizing that no matter what I had done, God would love me because even though my boys didn't want to see me anymore, I still loved them. I still loved them. I started to phone them a couple of times a week and sometimes they would answer the phone, sometimes not. Sometimes I would get my ex-wife who would tell me off and so forth.

I did that for another year or so until a year and a bit later, I decided I had enough self-worth by this stage, that I'd go around and see my boys. When I saw them it just cut me up because my younger son had grown from being a boy into a man in that time and I can remember just sitting down on the road crying about missing out on that part of his life; I still feel I have a bit of that emotion. (01:24:46)

Anyway, during this time I was still dealing with my emotions and I sort of had a relationship. Eventually after seven years it died because there was never any real love there. It was all based on emotional injuries.

### 14.4. Memories started returning

During this time I wasn't dealing with the cause, I was dealing with the effects a lot. But I was I also was having huge memories of torture, abuse, some rape memories, and childhood abuse memories. I am like, "What's going on? I have no idea what's going on." I just believed that I must have suppressed my childhood so much that all those things had happened in my childhood. I went through all sorts of emotions throughout that experience. I remember one time I was sitting down describing to the guy who was helping me, these nails getting hammered into my feet. I couldn't understand it; I just thought it was a childhood trauma of some kind. I cried for nearly 6 months about that one thing. It was just emotion after emotion.

And then I remembered other events too. I remembered things related to my fear of dogs and all these other different things. If you can imagine fragments of your life all sort of coming together emotionally. Whatever you can cope with, whatever you don't fear is what will come up next. So the more I dealt with an emotion, another emotion would come in and so forth, and that's what it was like for the next seven years. I spent a lot of the time alone, a lot of the time processing emotions, and a lot of time working my way through all these traumatic events. (01:26:39)

# 14.5. AJ's businesses

By the way, during this time I started three other businesses which just added to the turmoil of my life but I was controlling it really well because I was dealing with emotions now, which meant that things worked pretty well. I became quite abundant. In fact, at one point my ideal was to work towards getting enough money to create a place for children where they could work through their emotions.

The way I did that was I started developing property, I worked developing property and I got a lot of stuff together. Eventually I got to have thirteen or fourteen properties and started to work my way to what I thought would be the goal, eventually selling all these properties and leveraging them into what I wanted to do.

I was still dealing with emotions. I was still dealing with all these really traumatic memories, and quite often I was out of action for a day or two or more at a time as I was dealing with them. Eventually this on and off relationship, was off and I went through a lot of emotions about that because I thought it should be on. About a year and a half after that, I met this lady who challenged me to see a medium.

# 14.6. Meeting a medium

I had never seen a medium in my whole life and I disagreed vehemently with them. The reason was in the Bible it says that it's the work of the devil. So anyway, after a discussion (and she triggered a lot of my emotions during the discussion) I decided to go along to one. By this stage I am feeling pretty good actually. I have dealt with seven years of memories about sexual abuse, torture, rape and so forth and so I am in a fairly good state. I am feeling really good; my empire is building and I am enjoying the process of that. I am driving around in my sports car and starting to enjoy

my life. I thought I was starting to really get things emotionally together. I felt really present emotionally most of the time and I felt really good about my emotions and so on.

So I go along to this medium and she says, "You know how you have been dealing with all this stuff", and I said, "Yeah". (I thought she was going to say, "You have been doing really well"). Well, she said, "Actually there's a huge castle you have built around your emotions and you haven't begun to release them". I went, "My God, I've just come out of like seven years of crying almost every day," and so I asked about the details. She said, "They won't tell me anymore. Just that you have this huge castle and you need to do a few little processes". One of them was the Journey process. She said "You need to do a few little processes and that will help you open up a little bit more to these other emotions."

I was like, "What other emotions could there be, honestly?" By this stage I had a fairly firm belief that God loved me. I had a fairly firm belief about God and how God interacts with people because I could feel it in my life. I still had a fairly firm belief about emotions and processing emotions, and I had a pretty firm belief that I had dealt with everything. No, no, not true, not true. (01:30:36)

Anyway, I started having a very short relationship with this woman who challenged me and I upset her. In the process of upsetting her, I realized that I still seemed to have a lot of trouble with women, for some reason. I went home and I just cried and cried about how useless I was with women. Then for some reason I just remembered that I had a love of truth before and I seemed to have lost it, and I was so focused on relationships and being happy in every aspect of my life that I seemed to have lost this love and desire for truth. I do a pretty weird thing. I get on the Internet and go to Amazon and write down "truth" and enter it and I get a list of books about truth. I started searching. This was at night and I was crying because this relationship had just broken up. I have only had three relationships in my life apart from this pure one with Mary, and this third relationship was just there to trigger these emotions to cause me to get into truth.

#### 14.7. Discovering the Padgett messages

Anyway, I wrote "truth" and I think there were three or four hundred books which came up. I started scrolling down crying, crying, reading the titles and all of a sudden I started reading one title and I burst out crying. I go and sob, sob, sob and I go back and have a look and it says Angelic Revelations of Divine Truth. So I decided, "That's weird!" I go down and down and all of a sudden there was another one. I have forgotten about the first one by this stage, because I am still crying and crying. I go down, down, the list and I see another title. It was Angelic Revelations of Divine Truth Volume 2 but I didn't realize that, so I read it and I am down on the floor sobbing again. (Available also in one volume as "Book of Truths" by Joseph Babinsky from www.lulu.com). (01:32:52)

Then I thought, "What was the other one?", so I got back up the list and sure enough it was Angelic Revelations of Divine Truth Volume 1. So I buy them both, but it was Amazon US, it's going to be three weeks before it will come to me. I was feeling, "Okay, I can't wait for three weeks". The thing that has been with me all my life is that the truth is free, the truth is free, the truth is free – God wants to give us the truth and the truth is free. "Okay, so I shouldn't have to buy them from Amazon". So I get on the net and I type in Angelic Revelations of Divine Truth and lo and behold, there are a lot of sites that have it for free, downloadable. Now I have a little dial up modem thing going on at my home, none of this fancy Internet stuff, although I am a computer consultant. It's just that the place where I lived was on a beach and didn't have ADSL or any of those fancy things. I had to download them using a dial up modem.

Now I am in major meltdown by this stage because I really badly wanted access to this. So what I decided to do was to find another site that had anything to do with those same messages, and then I searched for soulmates. I have always had this belief in my whole life that I am missing my soulmate, just missing her. I had spent seven years crying about it in a previous relationship but still I have this same feeling. So anyway, I get down all the messages that have soulmates in them and I decided to download all of them. It only took an hour and a half. So I download all of them first, put them all in a document, print them all out (I have a laser printer) so it's fast and then grab them and I am reading. This is now midnight, one o'clock in the morning and I am reading, reading, reading the soulmate messages and crying my eyes out because what they are presenting is exactly what I believed about soulmates.

I am so keen now to get the Angelic Revelation of Divine Truth. So I download the rest and by the next morning I print them and I start reading; two weeks of reading, crying my eyes out the entire time, in between eating occasionally. I got really sick so I had to deal with that as well; vomiting, whatever. All that happened at the same time. I'd start

vomiting, reading these messages, crying, and that was my life for the next two weeks. I stopped doing my work and that's all I did. Normally I am a very fast reader, but because I cried a lot, I didn't read very quickly. After two weeks, I get to the second volume. I have gotten through one of these volumes with lots and lots of crying.

The reason I cried so much was because every single thing they presented was exactly what I had now come to believe, not through my Bible teachings or anything like that, but through the feelings that I had had up until that point, and I couldn't understand how this could be the case. (01:36:03)

Anyway, I am so overjoyed with this truth that I am getting, that I can't think of anything else. Now I am just fixated on this truth. You would have called me obsessed – guaranteed. I am obsessed with this truth and so I start reading the next one and then I noticed what I hadn't noticed before, that had been happening all the way along; that is, I knew in advance what every message was going to say. I just could not understand it, I just couldn't understand it. Anything you don't understand you put aside don't you? You put it in that box. But it keeps coming back to me, "Why is this happening?" It's like somebody is prompting me you know, "Why is this happening? Why is this happening?" I've got no idea why it's happening. I am starting to get quite distressed about it because it's eerie you know; it's now feeling eerie. You know how you get that thing that you are in something that's so joyful and everything and you go along with it and now it starts getting eerie and it really bothered me and I couldn't resolve it intellectually, I didn't know why.

Anyway I start the second volume and sure enough, every time I read a message, I know what it's going to say. If it says the truth about God, I know what the truth is about God. I would write it all down and sure enough, exactly what I'd written down was what the message was saying. The next subheading comes, "Truth about the spirit world," or whatever, and the same thing happens. I could write it all down. These are not the same as my beliefs by the way. These are not the same beliefs that I grew up with. These are just totally new concepts and yet I seemed to know them in advance of reading them.

Then all of a sudden get this inspiration to start drawing the universe. I start drawing the universe; the spheres, God, the soul union state, and the progression of the soul. I am drawing, drawing, I am drawing and none of this is coming from outside of me. There is no spirit involved, nobody is telling me, nothing's going on aside from the fact that it's all just coming from inside of me. It's all the stuff I know I know. So I draw all of this stuff, all of these universal things. I am just so rapt, I am so happy, I am overjoyed. All of this stuff is just flowing, flowing and I am emotional the whole time of course, it's all flowing constantly.

# 14.8. Coming to terms with being Jesus

Then, wham, in the middle of all this, I remembered who I was. I can't explain it other than that. I just remembered. Then all of this crap came up. I remembered I was Jesus and I cried and sobbed my heart out for days on end about it because I didn't want to be Jesus. By this stage before then I was feeling like I was going to teach this, I knew I was going to teach this, but I didn't want to be Jesus and I knew no one was going to believe me anyway. Would you? No, of course you wouldn't! You wouldn't believe I'm Jesus after hearing that story, that's for sure! (01:39:39)

So I am in terrible emotional turmoil by this stage. I know who I am now, which is a beautiful thing; to know who you are. I know what I am going to do for the rest of my life; that's a beautiful thing too. But there's so much fear now because not only was I now having these desires build in me about all these things, but I was now having memories of my life in the 1st Century.

### 14.8.1. Memories from the 1st Century

I started having memories of why I went through all this stuff, which I had previously thought was childhood trauma. I started reconnecting with all the events. You see in the 1st Century when I was twenty-one, I was tortured, almost to death, and I reconnected to that memory of all the different things that had happened around that. And when I was fifteen, I was abused by some men. Then I had started having all of these realizations that actually all of these childhood abuse memories that I had processed were related to my soulmate's life. I couldn't understand how that happened but it happened. Later on, I understood, once I processed more of the emotions. Then I actually finished up processing the emotions of my crucifixion, along with lots of other emotions.

Now by this stage I was used to emotional processing, but when I say, "used to emotional processing", this is

emotional processing on a whole different level compared to what I had done before. I then understood what that medium meant when she said that I had a whole castle to dismantle. So my whole life's focus, from that moment on, became just dismantling the castle. (01:41:30)

#### 14.8.2. Teaching Divine Truth

So I sold all of my properties and I spent that money on teaching people these things and I allowed all of these things to come up. I generally didn't tell them I was Jesus. I allowed all these things to come up. I gave away CDs and DVDs and whatever else, and I finished up going overseas on a few trips as well, doing the same thing overseas, all the while dealing with my emotions about my identity. Eventually I get to the point where I can feel I can tell a group of people who I am. I get to that point, and by this stage I feel quite strongly about the others of the fourteen, and by this stage I have actually identified most of them and know who they are. I know where they are and I know my soulmate is somewhere up here in Queensland.

I got rid of everything that I had down in South Australia and moved up to Queensland. In the process of moving up to Queensland, I met quite a few people. In fact, my soulmate's parents were in one of the groups of people I met. I didn't know that they were her parents or anything like that, but I just knew I had to be in this location; in the Gympie location and that she was around that area.

Anyway, I was still doing presentations, still working through my emotions and by this stage I've resolved inside of myself all the issues of identity, which by the way, was a very traumatic psychological process and it certainly wasn't something I enjoyed and it certainly wasn't who I wanted to be; it was in fact quite the opposite. I had lots of different times where I just disconnected completely from God and said, "I don't want to be the person it feels like I am", for lots of different emotional reasons, and I had to work through every one of them. Most of it of course I did while I was alone; I did all of this alone. Thank goodness probably, because if I had done it with someone around me they probably would have committed me. My mother did attempt to do that. When she heard that I was saying that I was Jesus, she went to some psychologist and they reported me. I had to go to have some assessments and so forth with doctors and whatever else. They determined very quickly that I wasn't a danger to myself or to others, and so they allowed me to live by myself instead of being committed. But I had to work through all the emotions about that as well. It brought up quite a few emotions. My family hadn't being speaking to me for quite a long time and then the first time they speak to me they want to commit me. (01:44:23)

There are lots of emotions in that. My father didn't speak to me for seven years and my mother for about three or four years and my boys for a year and a half. I was totally alone in a lot of places in my life. Anyway, I worked through all of those things. Then there was this burning desire to teach the truth, so I just focused on my passion and I thought, "Well, no one is going to believe who I am anyway, so maybe the best thing to do is just not tell them." Of course I went through that with God and I realized that that disconnected me straightaway from God, so I couldn't do that.

Then I thought, well no one's going to believe who I am and if I have got to say who I am, then it's not going to work very well at all, that was my feeling. In fact everyone around me, who heard me saying who I was, felt the same way of course, because that's my Law of Attraction. So they were all telling me, "Don't you say that." I went through a lot of emotions about this condescension from others, ridicule, and all those kind of emotions, and eventually I got through all of them and I know what I have to do.

So I just go ahead and do that; I just tell the truth all the time, no matter what the results are. I just tell the truth! I just started telling the truth. Ironically, for the first time after that point, people started to listen. Before that point, when I didn't say the truth, I would have whole groups of the audience angry, enraged with me. I would come out of every audience and go and cry, often for days on end. Then I would get myself all together again, work my way through a group of emotions, feel really good, go off to do another group and then that would be triggered again. I would go through the same cycle until the point where now, I hardly have any emotions to work my way through and I feel things quite strongly. (01:46:28)

Obviously during this stage I made lots of changes and transitions, which you will find yourself making as well, and almost a full memory of my life returned. What happened was I had lots of memories of my 1st Century life, and then my memories of my spirit life started coming to me. I went through the different experiences that I had in my spirit life. Then I started teaching spirits and talking to spirits and all those kind of things and working through issues there as well. Eventually I came through all of that to this point where now I know who I am, it doesn't matter to me whether

you believe me or not.

What matters to me though is I just want to follow my passion, and my passion is helping people get through all their stuff so they can connect with God. That's my passion and that's always been my passion, ever since I can remember in the 1st Century, that's always been my passion. So I have just processed my emotions all the way through that.

# 14.9. Others of the Fourteen

Now there were still memories coming to me during this time, by the way. Memories of our plans we made in the spirit world came to me. I started remembering all of these plans that we had made. The plans about what we would do in the future, what we would be doing on Earth; why it's all happening now, why it's around 2012 that all of these events are occurring, what was going on in the Earth, what would happen on the Earth in the future, and what kind of people would need to make what kind of changes in order for the changes of the world to occur, and all of those things. They are what I call the big picture things. The big picture things that I haven't talked to any of you about, yet.

One day in the future I will talk to you about them, but all those big picture plans came and by this stage I had attracted my soulmate into my life. That's a whole other story, which Mary can talk to you about at some point. By this stage we are starting to work through our emotions together, working through it all and Mary is having memories of her life in the 1st Century, her life in the spirit world, exactly the same process I've been through. Mary started going through that process two years ago.

So now she is going through this process of remembering these traumatic events from our 1st Century life, and her life after my crucifixion. Then others of the fourteen started doing it. Some of you have met Cornelius, the man who nailed me to the stake. He started going through the same experiences. All of these things are happening independently of each other and we eventually meet up. Mary was just blown away with the first set of 1st Century memories that she had, which she didn't expect to have at all. It was just a few days after meeting with me that she went straight into some memories. Every one of the fourteen has had to start going through these processes. Some of the fourteen who have returned are in a different state where they have just total denial of any of these processes yet. There are five or six of the fourteen who have not denied all their emotions but are denying some of them and then there is myself, Mary and Cornelius who are working through our emotions in a more conscious way. (01:49:54)

The others will come on board, I feel, I know, the more we deal with our stuff. They will start feeling that attraction. There are six here in Australia or five now here in Australia. There are two in Canada, two in South America, two in South Africa and there are two in the USA who come from the Vietnamese culture. Altogether there are fourteen and one of us has passed. The Apostle John passed during this five year period that I was dealing with my emotions. He was dealing with his emotions too but he went into a shut down place, and when one of the fourteen goes into a shut down place, there is a pretty severe Law of Attraction, and he was murdered a month after he shut his emotions down. So he is with me now in spirit. It was a plan that we had made that he would go through these experiences, but at the time I didn't feel it was, so it was difficult in one way losing his company because he was one of the few of the fourteen at that time that were dealing with some of their emotions.

# 14.10. The present

And so what we end up with is this half of the man that's in front of you, still working his way through his stuff; trying to demonstrate to you how to become yourself just by this process that I am going through becoming myself again. I understand completely why I have chosen to do all of these things. I remember the choices that I made. While it may be difficult for you to actually connect emotionally and to understand what's going on, I know that in time, if you follow this same path, this Divine Path that's been presented to you, that you will actually not only come to understand yourself but you will also come to understand the truths that I am presenting to you.

John Doel who has organized this venue for us today, has done emotional kinesiology type testing on these truths that I am presenting, but my feelings are that you don't need to do that. What you need to do is allow yourself to connect to the emotions about it and to see whether there is a ring of truth inside of you about it all, and allow yourself to then act upon those emotions inside of yourself. If you do that, you will come to connect with God and if you connect with God you will know the truth because God tells you the truth through that connection, so you won't need me.

All I am here to do is just to be an example that you can choose to follow. It's not that you follow me, but just the

example; how to work through all of your emotions and how to work through all of the issues. Remember I started this discussion off with all the different boxes, the different areas of things in our life that have to be worked through in order to get to God. Maybe I just need to rephrase that. I probably should say in order to allow God to come to us, because God is just there waiting for you to make these changes. (01:53:17)

# 14.11. Remembering reincarnation

So if you follow all of those things, you will find that you will progress. Now some of you still believe in reincarnation – that's okay. You can still believe in reincarnation. Trust me, if you deal with all of your emotions, you will end up with the truth. The truth will be known by you as to whether you are reincarnated or not, by the fact that you will remember your first incarnation and if you had a life in the spirit world like I have, you will remember that life in the spirit world. You will remember your second incarnation and every one of the 700 incarnations you feel you might have had. You will remember the entirety of that if you deal with your emotions. I put forward to you that that won't happen to you, because the truth is that there are very few people who have ever reincarnated on to this planet.

But you can go down that track, and as long as you deal with your emotions, you will come to a resolution about that particular thing inside of yourself. You will remember everything about your entire life. What's happening for me and this gradual process going on for Mary and Cornelius and others, is this process of remembering our entire life.

Of course I don't remember when I was born, because when you are in your first incarnation you don't remember that. But I do remember when I was born in my second incarnation, because you can remember that when you reincarnate. I don't remember in the first incarnation, the process of the soulmate separation, but in my second incarnation, because it's a reincarnation in a fully conscious zone, I remember everything about it. It's the most terrible, terrible experience that I have ever had to remember that. I'm still going through lots of grief about that; about the separation from my girl and all of the different traumatic emotions that I've had through my life now, dealing with that emotion. And in the second incarnation it is a terrible trauma that I am still working my way through. I'm still having a struggle dealing with my fears about getting back that relationship that I once had. I am working my way through that emotion as well. There are these memories of all the different things that I have done and I am so afraid of them because I just find it so hard to allow myself to remember them, because to remember them and then present them to you it will just seem so strange. It's just so difficult to remember a lot of them because I have about presenting to you the truth about all these different things in the spirit world that you can experience. (01:56:07)

When I first experienced them they were beautiful experiences. But what happened was that through the emotional filters of these terrible two memories, the memory of losing God and the memory of losing my soulmate, all of these other experiences became traumatic and difficult to remember and so I am working my way through all of those different memories.

There are literally thousands and thousands of subjects that I could talk to you about but obviously it will depend on your readiness to receive them as to when we discuss them. But at the moment I am still working through groups of difficult emotions and difficult fears that I have to work through and Mary is going through exactly the same process.

So we go through these cycles of feeling lots and lots of joy and happiness and peace and calm and so forth. Then whammo, we are into another memory where we are transported back to our life in the 1st Century, perhaps where I was tortured and abused and so forth. That happened quite a number of times in my life, unfortunately, and even more for Mary in her 1st Century life. Then we work through that emotion and we release that and we feel the same relief and the same peace and the same happiness that you feel when you release a causal emotion, the same lovely, peaceful, blissful feelings that come from God. Then we go into another emotional experience. So my suggestion is to allow yourself to experience all of your emotions about those things. (01:56:43)

# 14.12. Differences between AJ's experience and non-reincarnated people's experiences

You will not have as many emotions as I have had to work your way through. Don't think that what I have done is something that you are going to have to do for the next thirteen years because it's not. Many of you have already begun emotional work. Causal stuff is obviously difficult to access, but my feelings are that many of you will only have a few years of this process to deal with by just working your way through different emotions.

My experience and the experiences of every one of the fourteen are going to be very different from your experience. You won't have identity issues to sort your way through unless you believe you are other people from the 1st Century or other centuries of your life. When you start working through that you may find in the end that, "Ah, that was a spirit connected to me". I've had to work my way through all of those emotions too; "Maybe this is a spirit connected to me, a spirit who believes he is Jesus," and all that kind of stuff. I have worked my way through groups of emotions about that. Of course I don't have any connections with spirits in the sense that I don't hear them at all and I can't see them and that won't occur until I am at-one with God.

I know why, but you don't have to trust the answer as to why. What I am doing is what I came here to do. I came here to demonstrate to you how to get to be at-one with God without having any gifts inside of yourself. No gift of mediumship, no gift of spirit communication, no special abilities or anything like that and that's why I came here, to show you how to become at-one with God from that condition, without any help from any single person other than God. Not a single person has helped me through the last five years of my experience. (01:59:37)

Most people have been derogatory, negative, condescending and all of those different things to me during that time. Many of you in the past have felt those same emotions towards me. Yes, those of you who know me much better now have felt those same emotions at different times towards me; angry or upset or whatever and I feel all of those emotions and I have had to work through my emotional response to all of those things.

That's why I can stand here in front of you calmly and say who I am, maybe not so calmly a few minutes ago, without worrying about your judgment and your criticism and without worrying about what will happen with my Law of Attraction and so forth. My suggestion to you is when you do the same, you will have your connection with God, and you will have your connection with the Divine Truth. You don't need me; you don't need anyone else in that connection. And you will draw your soulmate into your life, and you will start having the same blissful life that I have experienced for a period of my life; the two thousand year period in between my 1<sup>st</sup> Century life and here. I have experienced that time of bliss, and what I am suggesting is that it is open to you as well, just by having a look at these teachings.

You will find in the end, if you are a man who is a logical man, you will find that there is so much logic in it all and you will see it all fit together. And if you are a woman who is an emotional woman, you will find there is so much emotion in it all and it all seems to fit together. And if you are either gender, you can merge those two things together. You will find there is so much truth in what you receive, and you will start feeling it as God's truth, not as mine.

You won't feel it as mine because I don't feel it as mine. I don't feel it as mine. I am just so grateful that God has taught me this truth right from the time I can remember being alive on the planet and it's so wonderful to learn it. There is nothing in comparison to it and so that's what I want to talk to you about. Anyway, that was a long winded answer.

# **15. Closing Words**

Now of course there is a lot more I can say because condensing forty-six years into a few moments is often very difficult, and sometimes there is a habit of getting things out of sequence as well. But it must be getting pretty late by now, many of you probably want to be leaving. If you want to leave now that's fine. I would like to thank you so much for your attention over the last two days and I am sure if you would like to, we can construct some more events down on this Coast.

Thank you so much for your attendance today and thank you so much for your donations. (02:08:53)