

Divine Truth Document

Spirit Mediumship With Mary Magdalene

Medium Writing	Mary Magdalene
Location Written	Wilkesdale, Queensland, Australia
Date/Time	02nd April, 2011, 4pm
Spirit Talking	Rachael
Letter To	Mary
Subject	Fear & Spirit Influence

Fear & Spirit Influence

Mary: Hi Rachael, I have not been channelling nearly enough I know. I have just spent the night wracked with stomach cramps, vomiting, and diarrhoea. I feel I am coming under heavy spirit attack whenever I sincerely desire connection with my beautiful Soulmate or my true self.

I feel the spirits are a large group, predominantly women, some men (I realise I may be only picking up on the women at the moment). I feel that they would happily kill me and that they are hooking into my fears of being attacked and physically harmed by groups of people. I would be very keen to hear whatever wisdom you may share on the situation and my best way to proceed with processing etc.

Rachael: Dear sister, it is good that you ask about such matters and that you are much more willing to hear about them. It is true that a great number of spirits surround you constantly as soon as you enter a space of longing or even just intention and desire for a connection with our dear brother, you Soulmate, Yeshua. In the past your fear has been so intense that, rather than become aware of what is occurring, you have simply withdrawn and often become dismayed at the (effect) lack of desire/ connection within you.

You have long felt that it is the holding onto your grief which impedes your Soulmate longing. In fact to a much larger degree it has been this fear of attack, specifically gang type physical violence that has blocked you for so long. It is true what you felt that many surround you and threaten to kill and abuse you when you desire opening to Yeshua. In fact as you desire to know more, you will become increasingly aware of how you are manipulated constantly by these types of threats from spirits. Many times you blame yourself and your addictions for not following a loving path – what you have not been aware of is how many other fears are actually the cause for your inaction or weariness, your sense of defeat and/ or disconnection from yourself. Yes, your addictions exist and deserve your attention but just be aware that many times your straying from the Path of Truth and Love has commenced long beforehand and as a result of threatening spirits – in these cases the 'addiction' is one of **avoiding threat** and pleasing angry women. Often now you are more conscious of addictive 'bribery' type situations and so not engage them however you still detune yourself from threats, condescension and displeasure from females. This detunement from

yourself in these situations is exactly what they desire because immediately you become less connected with everything inside of yourself and they are able to manipulate you readily in this space. Pray and allow yourself to **feel** more their presence and simply submit to the feelings that arise as a result. As you found last night this is relatively easy once you let yourself be **aware** of what is occurring. Your physical symptoms can be the gateway into your emotions. Remember that for such a long time you have lived completely detuned from your body's inner knowings and sensations. Let yourself begin to feel these things more, continue to exercise your **will** in the directions you have been and the process will unfold naturally.

I know sister that you feel quite hard on yourself, especially you feel you are not a loving Soulmate and partner to Yeshua. You must continue to learn that one does not, indeed cannot, become more loving by berating oneself. Recognise that much of your 'macho', 'tough it out', 'don't let 'em win', 'soldier on' attitudes have been reinforced over years by these women who now threaten you (who once 'guided' you in more subversive ways away from your fears, connection with men and truly away from your authentic, feeling self).

Sister the truth is that from the time you left home at 16 many, many spirits have been attracted to you to fill the many addictive hooks you have being met by your parents. The spirit interest and attachment has only been intensified because of **who** you are and the vested interest of so many in dark places to prevent your connection with Yeshua. (Such a connection will begin to change many long standing, commonly entrenched injury patterns between the genders on the planet – such changes would threatened the control and influence that many in darkness 'enjoy').

Let yourself feel **compassion** for yourself in this situation sister. Your upbringing did not equip you with skills in dealing with your own emotions and this left many doorways, well and truly wide open for spirits to enter and take up 'occupation', attached to you and influencing you constantly.

There are two primary groupings of fears that have allowed this to continue magnifying unchecked for years. I will outline them presently however I wish to prepare you sister to come to realise that you have a vast expanse of fear and specific fears that you have not even at this time touched upon. The coming months will be quite intense (and also really quite relieving) as you begin to connect with the fears you have suppressed for so long. Keep in mind they are so big, or rather you believe you are so unable to feel them, that you have almost completely denied that they even exist.

The two major areas that allow the current severe attacks to continue are:

1. Fear of Emotion – this has of course improved dramatically in the past three years however, as you know, there is still much resistance to feeling alone *or* connecting to emotions when in certain company.
2. Fear of Attack including –
 - fear of how others view you, humiliation, being laughed at, ridiculed, unfairly judged
 - fear of rape (sexual attack) gang rape, this fear is large within in you and you are as yet to expose the depth and breadth of it emotionally.
 - fear of torture, physical attack, being murdered, these are some of the fears that you began to touch last night and processing these will assist you immensely in reducing spirit attachment.

Let yourself become more aware of when spirits begin to hammer you and begin to act

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on your fears. Notice the fear in your body and when it elevates – around certain people and in certain situations. These are clues for you and also if you can become more aware of the fears as they happen you will be less likely to disconnect from yourself and instead begin to process it.

Regarding leading the Mediumship team – do not be concerned as we will assist you very much and we feel quite excited as not only will leading this project assist you to improve your mediumship but it will also assist you to deal with some of your fear we have been discussing.

I love you sister and invite you to talk to me often,
Rachael.