

## Mediumship By Mary Luck

<b>Spirit Talking</b>	<b>Mary's Divine Love Spirit Guides</b>
<b>Medium Writing</b>	<b>Mary Luck</b>
<b>Mediumship Date/Time</b>	<b>6th &amp; 7th November 2009</b>
<b>Location Written</b>	<b>Wilkesdale, Queensland, Australia</b>
<b>Letter To</b>	<b>Mary Luck</b>
<b>Mediumship Subject</b>	<b>Resistance To Truth &amp; Emotions</b>

### Mediumship Text

**Mary:** Guides – if you are real and not a figment of myself – I really need some help with my soul mate stuff. I am so lost. I don't seem to have any compassion for AJ and what he is currently going through. Tonight I connected to a huge 'fuck off' soul mate emotion, really a feeling of hate towards AJ, very much wanting him out of my life so that I can maintain 'independence' and a sense of 'safety'.

He is so distressed by this and I am seemingly OK. I am questioning everything – even if I have feelings for him at all? Or am I just addicted to someone loving me so much? I love what I receive from him but I don't seem to want to give to him of myself. What does it all mean? Why am I even here in this relationship? Why do I want to hate and not love???

**Guide:** Dear one, you feel there is no hope and you feel frozen inside. Understand that when you feel 'frozen' like this you are always only living in fear. You need to become like a little child. A child does not hate easily – your decision to 'hate' in this circumstance is driven by the adult you. You have lost your wonder and delight and feel weighted down by what you feel are insurmountable issues. BE LIKE A CHILD who is confident in the love of its father God.

God did not create pain – and in your first incarnation did not take Yeshua from you. Men did this and it is men and the world you are angry and grief-stricken with. Stop blaming your allies for the faults of your 'foes'. You are so intent on shying from responsibility for your own emotions – this state is an extension of that denial.

**Mary:** Guides I don't know how to make this shift into full responsibility for my emotions. I still seem to blame AJ every time he points out an error within me. I don't know what to do. I am scared to leave but I see the strain I am putting on him by being here. I lack repentance for everything he has felt as a result of my treatment of him – there seems so much I have to be sorry for and perhaps this is because I feel so responsible for my father's pain that I rebel at feeling for AJ??

**Guides:** Dear child, you are not remembering to be as a child. You are full of resentment that is JUST A CHOICE. CHOOSE again, dear friend. Stop fighting everything. Leave this place as AJ tells you, go and experience what you want to. You already know you will find it lacking and miss AJ in every moment but so far this has not been enough for you to make another choice.

Your stubbornness is to your own detriment. Only you can make this choice. Ask yourself would you prefer to stay here and prolong this process and painful avoidance or would you want to move forward NO MATTER HOW IT LOOKED or what form it took?

At present you grapple with desire. Don't you want to experience the bliss of pure desire?? Of course! Then why aren't you doing everything in your power to achieve this? AJ is right in that you lack gratitude for the wonder of what is on offer here, now, in your life.

Understand sister that pain is only pain – a discomfort that once experienced opens you to so many possibilities. At the moment you view it as the most powerful force in your life – but what of LOVE?? Would you insult this beautiful gift from God by comparing it and judging its power as less than that of pain?? See YOUR ERROR dear one.

Pain can be like a pinprick – surrender yourself to it, be willing to feel its depths and watch with wonder as it leaves you – washed clean like a wave that has broken suddenly on the shore and when it subsides leaves the sand fresh and smooth.

SUBMIT dear sister. Stop bargaining with God. He doesn't enter bargains but rather rewards those the most who gamble their whole existence on His Love – who submit their all, surrender to their pain and turn their life over to him in blind faith.

Would you not have gratitude to such a God? Who asks nothing of you except a willingness to experience fully that who you truly are at any given moment. A God, that offers this choice to any comer, regardless of their standing or creed.

You lack gratitude for this gift of knowledge because you still desire to have your life conform to the standards of the world in which you live – a world built and based on ERROR.

Receive new Truth with wonder; be grateful that you now know how to exist in a way that is not governed by the standards based in error.

Walk freely and tall in the knowledge of a loving God and the potentiality for healing of every living thing – including YOU.

Grieve your attachments in this old world and way of thinking. You have been avoiding this, wishing to have more faith in this new reality before you do so. Know that your faith will increase once you do this. Your knowledge, confidence and wonder cannot grow while you are still investing energy in the old.

Your eyes cannot focus on two separate objects at once – allow your focus to shift to this new reality.

Accept the Truth you already feel sure of and have faith in the rest – trusting your heart and mind will still help you discern Truth from error.

You have much to learn dear one and you would do well to release some of this arrogance you have. Stop believing things must be on your terms – be humble and SHOW RESPECT to this man who has only ever respected you and loved you and showed you patience and kindness. Be more aware of him. Recognise that your anger is always a choice and that your grief will not kill you – in fact it will do quite the opposite!

In this moment stop fighting to survive and just surrender to your feelings.