

## Mediumship By Mary Luck

<b>Spirit Talking</b>	<b>Mary's Divine Love Spirit Guides</b>
<b>Medium Writing</b>	<b>Mary Luck</b>
<b>Mediumship Date/Time</b>	<b>4th November 2009</b>
<b>Location Written</b>	<b>Wilkesdale, Queensland, Australia</b>
<b>Letter To</b>	<b>Mary Luck</b>
<b>Mediumship Subject</b>	<b>Mary's Personal Emotions Regarding Soulmate</b>

### Mediumship Text

**Mary:** Guides, this afternoon I find myself resisting connection with AJ. I felt this happen since my deeper connection with God last night. I feel the two are connected. While last night I felt the deep longing and innocent soul mate love that is a part of my pristine self, I have felt since then a desire for distance and this afternoon I felt some irritability rise in me when discussing the issue. What guidance can you give? I feel there is much 'man stuff' yet to be felt – I have some trepidation about how I will experience this.

**Guide:** Your instinct that this is an issue surrounding men is right. You have a LARGE amount of man related pain and anger yet to release. Your first century life was riddled with misadventure, misfortune and abuse involving many men. There is a deep cynicism within and your irritability caps much fear (terror even), distress and pain that you are reticent to connect with. You prefer the safety of distance with AJ. Understand that last night, emotionally, you took a step forward, towards your soul mate – a step you usually leave to him – this has triggered another layer of fear within. DO NOT PUNISH YOURSELF. This is par for the course and at times your progression will feel like a mountainous terrain – sometimes traversing smoothly downhill followed abruptly by sharp inclines. Acknowledge this new resistance as a sign of your progress – that seems strange to you! But if you remain willing to examine the emotions here for you, you can continue to make rapid breakthroughs. This is not new resistance and so in a way it is necessary to confront and dismantle it.

**Mary:** When I think/ feel more about it I just feel total resistance to connecting with AJ. I just want to be 'my own' person and connect with God. This feels quite disturbing as it feels an abrupt change. What is this resistance covering?

**Guides:** Your whole existence/ life has been negotiated to avoid deep intimacy with a a man. This is why he suddenly seems foreign to you. DON'T GET STUCK ON THIS FEELING. Delve deeper into this feeling. At the moment the temptation is to name THIS state as the feeling – KNOW THAT IT IS MERELY THE BLOCK. Underneath there is much to be felt.

Open your feelings to what it would feel like to be totally vulnerable to a man. How would you feel? Exposed, afraid of rejection and loss, unworthy.

**Mary:** I also feel a feeling (fear) that I will never be able to love in an open way, with an open heart.

**Guides:** This is an excuse to excuse yourself from allowing this state. Understand how much fear you have around truly and totally giving your heart. Have compassion for yourself. Take

time to really explore and be with these feelings. SHARE ALL OF THESE FEELINGS with your soul mate. This prospect frightens you – but this is also AN ERROR. You must come to realise that the state of being vulnerable with this man will feel ALIEN, FRIGHTENING & OUT OF CONTROL!! Remember you have constructed your life in a way so as to avoid this state! REMAIN HUMBLE and all will be healed and YOU WILL experience a deep calm and connectedness both with him and God simultaneously.

Mary, we cannot stress how important it is for you to examine your difficulties and fears around vulnerability and especially YOUR FEELING THAT YOU WILL BE CONSUMED BY A DEEPLY CONNECTED RELATIONSHIP WITH A MAN. There is so much in this for you.

You have little idea of how many emotions will be involved and how FREEEING it will be to release.

**Mary:** How do I do this? I feel a bit lost as to what to process...

**Guides:** Start by opening up more deeply to AJ IN EVERY MOMENT. Share with him your fears, ALLOW HIM his reaction and BE HUMBLE at the same time. Remember your life is your perfect Law of Attraction for WHATEVER you need to deal with. If you make this your priority you will be guided by events and triggers.

Your soul mate awaits you with so much love, and while you can see this and feel for this you must BE HONEST and state that you are afraid of this and deeply lack faith that a man can provide you with lasting emotional fulfilment.

You are cynical about men and this covers so much grief and loss.

Do not feel hopeless, that you must deal with all of this before you will feel safer and more constantly connected to your soul mate – in truth, as with so much on this path, the transformation begins with YOUR WILLINGNESS to face and feel your true feelings.

**Mary:** What are your names? Why can't I channel that? I feel that I must be inventing all of this!!

**Guides:** We are your sisters of the first century mainly. You feel afraid to hear our names and remember us as it will trigger many emotions for you.

Know that we have been together much as sisters and equals on this path and now we are honoured to guide you in this way. In fact we have much admiration for your courage to undertake what you have and wish you to know that from this place it is easy to see the perfection of what is unfolding even if for you it seems hopeless at times.

Understand how powerful your emotions are in unlocking barriers in the physical realm. You and AJesus hold great power in dealing with issues – in that when you do events and circumstances change immensely and rapidly. You are triggered by this and already have much to work on!

We will leave you again,

With love and much emotion,  
Your celestial friends and sisters