

## Mediumship & Discussions With AJ Miller

<b>Persons Talking</b>	<b>AJ Miller (AJ) in physical talks with a soul mate couple in the spirit world named Louisa and Ralph</b>
<b>Medium</b>	<b>NLD</b>
<b>Date/Time</b>	<b>7th November 2007</b>
<b>Location</b>	<b>Phone Conversation between Wilkesdale, Queensland, Australia &amp; London, United Kingdom</b>
<b>Talking To</b>	<b>Louisa and Ralph (couple in spirit world)</b>
<b>Subject</b>	<b>Helping Louisa progress from her location in the spirit world into a happier condition (Louisa committed suicide when on earth)</b>

### **Mediumship/Discussion Text**

**NLD:** Ok this is different... (pause) ...there's one woman who is in this really terrible, desperately unhappy state.

**AJ:** Yes?

**NLD:** Who can't properly communicate with me directly, so it's coming through it's coming through Beatrice. Now she's, she's really, ...this is not going to be the same and I think your going to have to do it differently. I don't know what's going to happen, she can't talk, talk to her.

**AJ:** Beatrice can't talk to her do you say?

**NLD:** No, oh I don't know! This is unusual.

**AJ:** If the lady can just say things out loud and Beatrice can say them as if the lady is saying them. Then I'll just speak with the lady direct.

**NLD:** She is in such a terrible condition, the picture that I am getting is that she is just lying on the floor and she keeps trying to kill herself. She's like in this repetition of trying to get away from the pain that she is in.

**AJ:** Did she kill herself when she was on earth?

**NLD:** Yes, and so she is lying on the ground and every now and again she will try to move her self away from the terrible, terrible pain that she is feeling. She just doesn't want to go on at all but she's been like this for a very, very long time and so I can feel her. I can feel her desperation and her just wanting to end it. The spirits that are with her have been wanting to, have been trying to, let her know that her only choice is to change things.

What Beatrice is saying here now is that the difficulty that they have is that she is not an eloquent speaker, she's not able to really ask anything, so that's why they are taking these steps. But they wanted to focus on this woman; her name is Louisa; because there are others like her. It's felt that it would be extremely valuable to do this for a variety of different reasons and because Louisa has been like this for such a very, very long time. There's sort of like huge amounts of very, very negative stagnant energy in that area or in that location or place or whatever.

- AJ:** Is she able to have access to the earth plane at all? Like where I am. Louisa I mean?
- NLD:** She would be able to do it if she was willing.
- AJ:** Would she be willing to just come here and lay; I'm on my bed at the moment, she could come here and lay next to me and then perhaps we can talk?
- NLD:** She, ...there's a problem. Hang on; she's saying she can't, she, she doesn't feel worthy. She feels that she is in such a foul condition she would not want to go anywhere.
- AJ:** Right. Even if I would like her to, would she consider it?
- NLD:** No. There is some encouragement for her to do it but she's unwilling to even sit up or get up off the ground because she is lying; she's lying on the ground.
- AJ:** The reason why I ask is I would like her to come here with me and just hold my hand while I talk to her.
- NLD:** No, she can't do that.
- AJ:** OK.
- NLD:** Someone is offering to hold her hand there. (Pause) Even that is a huge challenge for her.
- AJ:** Yes. Ok. Could our spirit friends give us a little bit of background about what happened to her on earth?
- NLD:** She had, (pause) this goes back to the 18th century.
- AJ:** Yes.
- NLD:** She had a very sheltered upbringing in many ways and then, ...had very little experience of life what so ever because of that sheltered upbringing. Then through various different circumstances her whole world turned upside down and everything changed, she was suddenly penniless through no fault of her own.
- She was** on the streets and she was raped by a group of men, maybe sailors or something like that, and things just got worse and worse and worse for her and she was just so desperate unhappy and had nowhere, no one that she could really turn to, and she felt totally unloved and misunderstood and so she took her own life, she hung herself.
- AJ:** Yes and was her father the main cause of her going from a condition of being in a fairly protected condition, I think her father gambled away his money.... Somehow or some way he lost his...
- NLD:** Oh, I think he took his life as well.
- AJ:** Yes, I have a feeling that he lost everything gambling...
- NLD:** Yeah he lost everything, that was why she sort of...
- AJ:** And then took his life.
- NLD:** He was very, very proud and quite an arrogant man.

**AJ:** Yes.

**NLD:** And when that happened, he didn't hang about at all. He just ended his life immediately... because he couldn't face what he done and Louisa's mother had already died.

**AJ:** Right. And did Louisa have some sisters and brothers?

**NLD:** Sorry?

**AJ:** Did she have some sisters and brothers?

**NLD:** No.

**AJ:** So she was the only child.

**NLD:** Yes, and from when her father took his life, literally that was it, you know, everything was gone.

**AJ:** Yes and back then there wasn't much care for people who were in her situation, particularly for a woman who was in her situation.

**NLD:** So all the desperate feelings that she's had all this time have... have remained with her. She's not had any type of reprieve from those feelings. There has been quite a few attempts with others in the spirit world wanting to help her and encourage her to understand that there are different choices and are different alternatives but so far she hasn't been willing to accept that they can be anything to do with her.

**AJ:** Yes, I have a feeling too that she was uh perhaps engaged to a young man.

**NLD:** Yes before her father, before her father took his life there was a young man, Ralph.

**AJ:** Alright. And she really loved Ralph.

**NLD:** Yeah, yeah.

**AJ:** And Ralph; I think from what I am feeling is that Ralph's family wouldn't allow Ralph to marry her after her father did what he did.

**NLD:** Yes I think that's it, yeah.

**AJ:** Is Ralph in, ...Ralph would be in the spirit world now.

**NLD:** He's progressed, he's progressed further.

**AJ:** Would our spirit friends be able to find him?

**NLD:** Hang on, (pause) ok.

**AJ:** I was wondering whether Ralph would be happy to talk with us for a moment.

**NLD:** Yes he is willing... ok... he's, yeah we have him.

**AJ:** Ralph do you remember Louisa?

**Ralph:** I do indeed remember Louisa.

**AJ:** Yes.

**Ralph:** I have an awareness of the very difficult situation that she is in.

**AJ:** Yes.

**Ralph:** I have in fact... on occasion... felt the desire to engage in some form of communication but it has not been possible because of the unwillingness on Louisa's part to communicate in any way to me because she feels such embarrassment and loathing of herself.

**AJ:** Yes.

**Ralph:** So I have continued with my own development.

**AJ:** I understand.

**Ralph:** As I realized there was very little that I could do even though I have felt from time to time that there must be something I can do I have not been able to move beyond that simple desire.

**AJ:** Yes. Do you mind my asking where, ...what sphere you are now in yourself?

**Ralph:** I am in the second sphere; I have been told that's where I am.

**AJ:** No worries. Can you see how some of the decisions that you took actually affected Louisa's life?

**Ralph:** No not fully, I cannot see that. I feel that I did all that I could... in the circumstances.

**AJ:** A lot of the circumstances surrounded your family's disapproval of her, didn't they?

**Ralph:** Yes that, yes that would be an accurate thing for you to say.

**AJ:** Yes.

**Ralph:** The times when we were alive were difficult, and with our, ...our breeding was such that one always conformed with ones environment and with ones understanding of the way things work.

**AJ:** Yes I understand. I suppose what has the mechanism to help Louisa now more than anything is partly the recognition of how others around her in a way, due to their decisions that were unloving towards her, caused, finished up creating, some of the things that eventually happened to her, does that make sense?

**Ralph:** Yes I understand this now but at the time when we were in physical things were quite different. I do indeed...

**AJ:** I understand that yes...

**Ralph:** I do indeed...

**AJ:** I'm not there to be accusing, I'm not being accusing. I'm just saying that what would be helpful for Louisa now, because I'm interested in helping her now as much as we can, and a part of the things that would help her now is that for those who made the decisions that

they made around her, that they actually begin to see how much of a terrible affect it's had on Louisa even now, does that make sense?

**Ralph:** I understand exactly as you are saying and the difficulty for me is that I have, I still have, guilt in as much as I married another woman and had children and continued with my life.

**AJ:** Yes.

**Ralph:** And once she had taken her life I felt that there was nothing further that I could do and so I chose to continue in the best way that I could even though I loved her when I was that age, we were young. I, ...I, ...I pursued as much happiness as I could muster for myself.

**AJ:** Yes I understand and I know that circumstances. The background in particular was that there was so much pressure as well, but I suppose I am more referring to how you feel about that now rather than then, does that make sense?

**Ralph:** How I feel about that now is that I feel awkward even though I have a desire to help her. I feel awkward within that desire simply because I did marry someone else.

**AJ:** Yes.

**Ralph:** And I did love her a very great deal before things went so terribly wrong.

**AJ:** Yes, and you know this other person that you married. Did you feel the same kind of love for her.

**Ralph:** No I did not.

**AJ:** And you've not met anyone in the spirit world at this point that you feel a similar kind of love for?

**Ralph:** No I have not.

**AJ:** Yes.

**Ralph:** I grew to love my wife in some ways, but it was not the same quality of love that I felt with Louisa.

**AJ:** Yes. Umm, Ralph, are you aware that you are a half of a soul and that you have another half of your soul?

**Ralph:** Not fully. I have heard some small discussions on this but, but no not fully.

**AJ:** It's alright. The reason why I bring it up is because at the time of incarnation in the first instance the soul actually splits into two halves and one half incarnates into one body and the other half incarnates into another body. Into another spirit and material body, so in your case your half incarnated into your spirit and material forms that were created when your parents made love and then the other half of your soul, which was a woman I believe, incarnated as well, and I have a strong feeling that it is Louisa.

**Ralph:** (Pause) I am, ...I am quite astounded by this information and I have just been told this is more than likely. Oh my, my goodness me! What do we do, what can I do? This makes such a difference. I feel, I must help her far more. I feel that....

**AJ:** Well there are lots of things that can be done to help Louisa. The first thing; at the moment one reason why she feels not only in a terrible condition herself but she also feels in a totally unloved condition. Like nobody in the world actually loves her, and nobody in the universe in fact really loves her is how she feels. Hence she just wants to get away from that pain of not being loved so much, you know, that's what she feels. And for her to be able to come to understand that there is a love that binds the two of you that transcends the boundary of the physical and that will continue to grow if you both allow it to, will help her. But part of it is going to mean you working through some of your issues of sadness and guilt about the choices that you actually made in respect to Louisa too, does that make sense Ralph?

**Ralph:** I understand.

**AJ:** Yes, and the reason why I bring it up is not to harm you in any way but rather for you to see that in time, the other half of you is herself, Louisa. You are certainly going to want to be with her if that can be managed and the only way in which that can be managed really is for the both of you to work through different emotions that you feel towards each other and also for both of you to also grow more and more harmonious with love. One of the aspects of love, and it is a really important aspect, is to understand the time when we have not acted in harmony with the love that that was within our heart, and actually grieving over those times that we haven't acted in love. Does that make sense?

**Ralph:** I understand you. It was however so difficult for me. I had so much pressure from family. I came from a large family, a large wealthy family, and I was I was extremely pressured and I did not feel that there were any alternatives to me at that time. But now as you are talking to me, I feel such pain in my heart, but I also realized that there did not seem to be any other options open to me at that time.

**AJ:** Yes, I know that the options open to you at the time would have required a lot of courage and also probably the total estrangement from the rest of your family and that's what would have certainly made it very difficult. Have you Ralph heard of the Divine path in your travels?

**Ralph:** No, I have not.

**AJ:** Ok, it's a way of progression, progression at the soul level, where you can progress very rapidly through the different dimensions of the spirit world and where you are actually developing a relationship, a pure relationship of love, between yourself and God. It's a way to progress very, very rapidly, and your soul mate Louisa would certainly benefit from understanding that path and also being helped to follow that path in terms of helping her out of her current condition. And it would also help you very much too if you could progress on that path as well. But again, it's a choice. So its just an offer that I am making to you. I can talk to you about that path or some of our spirit friends can discuss with you about that path. How would you feel about that?

**Ralph:** (Pause) You have given me much to think of. My initial feelings are however that if it was at all possible for my love and me to be together in some way in a more loving place, in a more loving situation than we have ever had before, I would be such a fool to, to not consider any way that we could reach that. So yes, I, yes I am interested. I want to know how, ...I want to know how I can do this, but first of all because of all that you have said to me and this poor, retched being on the ground is my love. We must please do everything that we can to help her. How, what do we, how, what can I do? She, I see her and she,

she's not looking at me. She, she is in the most appalling condition. How, what do we do, what can I do?

**AJ:** Can we help her, ...help her feel her feelings about what she felt when she found that you left her when she was on earth, because a lot of her feelings, of being unloved and unwanted, are in fact related to the feelings that she had with regard to being left alone you know. Is she willing to speak with you about that issue?

**Ralph:** (Pause) No, she will not move from her, ...she will not move from the position that she is in. She is lying in such filth, she will not move.

**AJ:** Would you be willing to hold her hand and reassure her that you understand that you made some mistakes when you were on earth, and rather than trying to justify your actions when you were on earth, if you can just let yourself, for a moment, let yourself feel what she would have felt when you took the actions you took. Would you be willing to do that?

**Ralph:** Of course, how could I say no?

**AJ:** Yeah and if you can...

**Ralph:** She is not recognizable though as my Louisa. I have to say that. This creature is not the girl that I loved.

**AJ:** I know. I know. Do you understand though that she will be recognizable and in fact she will be far more beautiful than you've ever seen when you were even on earth? She will be far more beautiful if she can be helped out of her current condition.

**Ralph:** If what you say is true, that she is the other half of my soul, I must do everything that I can. I feel such a strong, strong need to do everything. So I am, I am, I am taking her hand. It is cold, it is dirty but I am holding her hand she, she will not look at me. (Pause) Lou.

**AJ:** Put your other hand down and just put it on her face.

**Ralph:** Lou.

**AJ:** Just reassure her.

**Ralph:** Lou.

**AJ:** And reassure her that you are not going to leave her again.

**Ralph:** My dear sweet Lou. It is me, it is your Ralph. I will be here for you for now on. I am so sorry. I ask that you forgive me and I ask that God forgives me for finally I have, ...I understand the terrible thing that I have done to another person to another soul and you were so beautiful and I long to see that beauty in you again. Lou. Look at me, oh. I have not felt such pain since, since you took your life. She looks! She looks at me. The pain in her eyes is unbearable!

**AJ:** Yes, yes she is going to need lots of help to release the pain that she is in and all she really needs is lots of love right now. That's all she really needs and she will get out of the condition that she is in. If you can listen to some of the things that some of our spirit friends will talk to you about with regards to the divine path, the path of at-one-ment with God, then growing on that path you have the greatest ability to also help Louisa.

**Ralph:** She does not move. She will not speak.

**AJ:** She will need lots of reassurance and just one time reassuring her is probably now going to be enough. She is going to need reassurance more than once. She will need persistence, because she has lost all sense of trust, does that make sense? She doesn't feel there's anything to trust or anyone to trust.

**Ralph:** I will do all that I can from this moment.

**AJ:** I would really love to know how it goes and I know if you can, when you find it very difficult, if you can talk to some of our spirit friends who are around you at the moment. Can you see the ones that are around you?

**Ralph:** Yes, I have an awareness of them.

**AJ:** These ones have wanted to help Louisa for some time as well and they very much love her. You know, very many of them have felt very similar feelings to what Louisa has felt and they will be able to help you a lot in terms of helping her work through some of these emotions that she feels. She has the ability to progress very rapidly and also for her appearance and also her pain to subside really rapidly too, and she has the ability to grow into such perfection that you will be astounded, you know. So this is just a temporary state that she is in, but she has been in this state for such a long time because of the pain that she has felt. It's going to be, ...you know, ...it's going to require some persistence to assist her, does that make sense?

**Ralph:** It does and I will do everything that I can, because I trust your words. I trust this experience and how can I not now with the information that you have given me, which feels to be right within my heart, I know that you speak the truth.

**AJ:** Yes. And some of our celestial friends can also confirm some of that information for you. The celestial spirits come from the 8th sphere or above the 8th sphere.

**Ralph:** There are so many spheres? There are that many?

**AJ:** Yes there are actually even more than 8 actually and if you progress on the divine path then you will see them in a very short period of time. The key for you is to talk to those spirits in particular, whenever you feel like you need guidance. Because I know that its difficult helping a person who wants to harm themselves all of the time because of how bad they feel, and if you can also get assistance from ones in a brighter condition than yourself, you will find it will help you a lot to work through the different emotions that you will feel as well.

**Ralph:** I understand. I understand. I will, I'm, I am willing.

**AJ:** Thank you.

**Ralph:** My circumstances were such that I was not that joyous. Things were reasonable but the prospect of being able to create that love again with my Lou. I will have no further interest in anything other than helping us both.

**AJ:** Yes and as I say, you will be able to progress very rapidly with the assistance others want to give you too and its very important. Others have felt for such a long time for Louisa and how her different circumstances that she has encountered in her life on earth have so badly

affected her and she has had so much love surrounding her but she is not in a condition to very easily accept that love. I feel that you have a direct connection with those experiences on earth. So you have a great ability to be able to help her and assist her to progress out of her current condition.

**Ralph:** I will do everything that I can. It had not occurred to me that I could actually do this.

**AJ:** Yes, I know, and a lot of times we are not aware of these things. The celestial spirits who are around you want to talk to you about how to go about assisting someone that is in the condition that Louisa is in and so I am sure that some time spent with them would really benefit you. But one thing. I am just wondering whether Louisa is having any recognition, is she hearing anything that I am saying at the moment?

**Ralph:** I have just been told by a wiser being that much of it is not being heard, but that she does have an awareness that I am here. She does know that I am here. I am being told that she is numb. I am being told that she is completely numb.

**AJ:** Yes, I would just like to say to her; Louisa, Louisa when you lost your love, when you lost your Ralph, you felt like you lost everything. But your Ralph is actually here now and wanting to help you and he can help you, but there is going to need for you to also trust some others too now. And he knows that he made mistakes when he was on the earth and he wants to help you and he wants to work through those issues together with you. Louisa, please, please, listen to him. Please let yourself respond. There is so much love around you and I know that you can't feel it and I understand why, but there will be a time, if you can just trust that one, out-reach and you can just hold the hand, you can just hold Ralph's hand, and he can just help lift you up and take you out of the place that you are now. Because there is no need for you to be here, there is no need for you to be on the ground here. You can be in a better place and it would be lovely if you would let Ralph, if you would trust Ralph enough, for him to take you to a bit of a better place.

**Ralph:** I wish to lift her! I wish to remove her now! But I am being advised to wait for her to choose this.

**AJ:** Yes it is far better if she chooses. Louisa, you can choose, you can choose to trust and I know it's going to mean that you are going to need to trust someone who you believe hurt you terribly. But he knows his mistakes and you can forgive and you can have a life together. It's not all lost like you think! There is light, and there is love, waiting for you. It just needs for you to make a choice, to make a decision to stop being where you are, and to listen and to learn, and also to let your self be loved again and to begin to love again your self.

**Ralph:** She hears you! There are tears flowing down my face and I see tears in her eyes now. So I know that she has heard you.

**AJ:** Yes. And Louisa let yourself feel. Let your self feel the sadness you felt when you realized that all was lost; everything that you had held dear to you was lost. Let your self feel the sadness of that. But understand that the person that you thought was lost is right there with you, right now, and he is holding your hand right now, and he wants you to choose to be with him now. He has sought your forgiveness and he longs for you to accept the forgiveness that he feels, to accept the repentance and sorrow that he feels, and to forgive him for leaving you. He doesn't want to leave you again.

He realizes what went on and what happened and he will be working through the emotions that caused him to do those things. You don't need to stay where you are. There is nothing more crushing than feeling your soul mate leave you, but he is back, and he can help you learn to love again and learn to trust his love again. You are in a different world now. You are in a different place now. You're not on earth anymore, where things are hard and difficult, and you're not also under the control of men around you. You are no longer in the same place anymore and there is no need for you to stay where you are. You can choose to get up and walk with him to a place that is better for you, where you will learn happiness again.

**Ralph:** I am not sure she can walk even if she wanted to. She looks to frail.

**AJ:** That's ok, you know. You and some of our other spirit friends can help carry her. If she desires to come, but the key is her desire to come. Louisa if you desire it, just show it, you know! Squeeze Ralph's hand and show him that you want to go with him and then somebody can help and carry you.

**Ralph:** Are her tears not enough! She hears! I know she hears.

**AJ:** Good, so how do you feel now about carrying her to a better place Ralph? Our spirit friends will be able to show you where it would be suitable for her.

**Ralph:** Her head is raised, I, I can, I will carry her now. Show me where to take her! I thank you. I hold this poor, poor person. This poor, poor love of mine in my arms and I will do everything I can and I thank you so much for the time that you have taken for the caring of another in such a sad, sad, sad situation and I will indeed return to let you know of our progress.

**AJ:** Thank you, thank you. And I am looking forward to the time when she feels that she can talk with me about it too. Anyway there is lots to do isn't there? And there is lots of help available to the both of you. So if you can just listen to those help and Ralph you are probably going to need some of that assistance too to help her.

**Ralph:** We are ready. We are ready, and we will move with the wisdom of others that surround us. I thank you.

**AJ:** Yes that is lovely. I thank you too. Bye Louisa.

**Ralph:** Good bye from both of us.

**AJ:** Yes, see you later Ralph.

**AJ:** NLD, will you ask Beatrice how they are doing?

**NLD:** They are now in a different environment where there is actually some light and some colour and Louisa now has some different attire and she's listening to Ralph and she's sitting up.

**AJ:** Ahhh that's good.

**NLD:** So she is already, she has already, she already looks different. Subtle changes, but they are there.

- AJ:** You know, I could just feel her devastation of Ralph leaving her when her father lost everything and then killed himself, and I could just feel her devastation not so much at that event surrounding her father, but the loss of the love, the love that she felt she had. And I think that NLD has some crying about this issue. (laughs)
- NLD:** No, that was really powerful for me because I could feel them both. Well I am sure you could too! And then I had a moment in the middle when I just went into my mind, a thought of “this is insanity”.
- AJ:** Well a lot of times ones like Louisa who are in a really terrible state wanting to harm themselves over and over again; so much of their pain is the pain of loss of love, you know, and she obviously was quite a sensitive person to the pain of loss of love. So I believe that once she starts allowing her self to see everything that she will progress quite rapidly. Because usually a person who has that sense of pain of the loss of love seeks and desires the love of God a lot stronger too.
- NLD:** Beatrice has just said that it will be a very gentle process with her.
- AJ:** Yes. And Ralph was quite, ...he was feeling that I was quite accusatory at the beginning and, he was finding that a bit difficult. Once he got beyond that emotion, things were a little different then. (pause) Is that what everyone hoped would happen?
- NLD:** Yeah, how could it not be?
- AJ:** Are there many in the same kind of condition?
- NLD:** Yes there are hundreds of thousands like that.
- AJ:** Mmmm yes. Is it possible perhaps to find the condition of their soul mates? Has it been considered? I am not sure...
- NLD:** I think in some situations that it has, but it's, you know, it's not always easy and if the soul mates aren't receptive at the time...
- AJ:** Yes.
- NLD:** or if they are not, you know...
- AJ:** in good condition...
- NLD:** yes. It's difficult getting them to really listen and be convinced.
- AJ:** Particularly from somebody in the spirit world who's in a better condition yes. I'm just wondering, with some of these different ones, we can help if their soul mates are at least willing to talk, then we can maybe in the future do a few more. Where they are willing to talk, that might help a group, that might help groups of them rather than individuals. I would say that a lot of the soul mates, if they have been in that condition for hundreds of years, then the soul mates might be in a second sphere condition, and if they are in a second sphere condition then we would certainly be able to hopefully reason with them coming from the perspective of the earth.
- NLD:** So that requires more of like, more organization. Celestial guides to find the soul mates and to get them together, is that what you are saying?

**AJ:** Yes, but it is not so difficult as it sounds, they would find the soul mates quite rapidly I believe. The issue is going to be more helping the soul mates to see the truth. Many of the people in Louisa's condition, the reason why they get in such terrible condition, is because often it is their soul mate that has done the damage, you follow what I mean? And when your soul mate has done the damage it sort of cuts you to your heart, you know? And so the other end, if the soul mate has done that kind of damage, I doubt whether the soul mate is ever going to be in a better condition than the second sphere unless they have really worked through some issues or they have found the Divine path.

So the key really is firstly to try to find the soul mates of these ones and then to reason with them about their emotions involved in what they did on earth. Help them trigger some of their emotions about the damage they did while they were on the earth to their soul mate.

As you can see with Ralph, there was that initial desire to defend his own actions, which I understand completely. His actions were caused by the amount of pressure that he would have been under. But he at that same moment wasn't understanding how cut to the heart Louisa was by his actions, does that make sense? And if we can help the soul mates feel those emotions of the damage that they have done, then it will certainly assist the ones who are in the state that Louisa was in to feel those emotions. And if they need our assistance to do that then we will be happy to assist where ever we can.

**NLD:** Beatrice says, thank you and leave it with us.

**AJ:** Yes, and the other thing too, just one thing I wanted to bring up is obviously John himself has been in a situation recently on earth where he felt that longing for his soul mate so desperately, you know, and so therefore could relate also to the emotion of a person if he was with his soul mate and his soul mate left him. So having a close connection with those emotions will certainly help John to be able to assist the teams of spirits who are helping those ones too.

**AJ:** Yes it is a sad place for them to be isn't it NLD? Someone like that who, through no fault of their own aside from some choices, all of these series of negative circumstances happens one after another after another and in the end, you get into such a despondent state all you want to do is just die. Then when you suicide and you haven't died there's that terrible feeling you have. I just want to die. Why can't I just die? You know. That was a bit hard on you that one was.

**NLD:** A bit, two sets of people crying. Well when they both were crying at the same time, that was quite a little challenge for me.

**AJ:** Yes but there was also some connection with you with the soul mate issues as well.

**NLD:** Well I didn't expect that, that was different. Good, very good and the other thing that I...

**AJ:** Go on.

**NLD:** Well the other thing that I felt, at the beginning, because I didn't quite sort of get what was happening, I could feel just such, such wonderful love coming from the celestial guides and whoever else that was there. They were sort of all around Louisa, even though she wasn't aware of them, and it was just such a lovely, lovely feeling at the beginning. This just total love and concern for this one sort of desperately retched woman on the ground.

**AJ:** That's right.

**NLD:** It was awesome.

**AJ:** In the spirit world, ones in Louisa's condition have so much love surrounding them but they are unable to connect with it because of their own feelings. The key is to try some method of connecting them to the feeling and then once they feel that feeling then they will be fine, when I say fine they'll be able to progress, but if they can't connect to that feeling it's just so hard. There are literally thousands of celestial spirits surrounding these ones, you know, waiting to assist them because it's not often that spirits on the natural love path will actually assist them.

**NLD:** Oh really it's just; it's just from the Divine Love path that this help comes?

**AJ:** Yes a lot of spirits on the natural love path will not involve themselves in assisting people in Louisa's condition.

**NLD:** Why?

**AJ:** Well there are a number of reasons; the first one is they feel that it is hopeless. They feel until there is something that they know not will happen, until she can be talked to intellectually, that they can't help her out of her situation and so they feel the situation is hopeless. So what they do is that they just avoid all hopeless situations, does that make sense?

**NLD:** Mmmm.

**AJ:** So from their perspective the situation is hopeless so what they do is to avoid the situation. So I would doubt there would be very many people on the natural love path surrounding Louisa aside for her soul mate visiting her occasionally and perhaps some of her relatives and some of her friends that she had while on earth. They would look at the situation and feel the situation was quite hopeless. Yes, but it is not ever hopeless huh?

**NLD:** Nope. (pause) Well that will trigger a few people's emotions when the read that one, when Denise transcribes it.

**AJ:** You reckon?

**NLD:** Don't you think?

**AJ:** May do.

**NLD:** What do you mean may do? No?

**AJ:** Oh no. Yes I think it will.

**NLD:** That felt pretty powerful to me. I think that will get lots of people going...

**AJ:** Yes well that is not such a bad thing.

**NLD:** No.

**AJ:** A lot of people are not, ...they are not facing some of the feelings about soul mate issues; you know, and they are avoiding them really, intellectualizing themselves away from it.

**NLD:** Well I think that we are going to hear about that one.