

Mediumship & Discussions With AJ Miller

Persons Talking	AJ Miller (AJ) in physical, having a second discussion with a spirit who classified himself as a “manly man” in the 1st sphere
Medium	NLD
Date/Time	5th November 2007
Location	London, United Kingdom
Talking To	‘Manly Man’ (in spirit world)
Subject	Helping the “Manly Man” further to see how his feelings towards women are affecting his spiritual progression

Mediumship/Discussion Text

NLD: It's very busy, a lot of activity.

AJ: There is quite a number that would like to talk and there's also some interfering who want to barge in and stop it from happening so...our spirit friends will just need to sort it all out a bit.

NLD: I don't know, I've kind of got, it's very difficult it's like two, I've got the manly man back and I've got, ...I've got somebody else here as well so...

AJ: Well would the manly man just like to have a brief conversation? And then...

Man: Yes, yes, uuum yes, I'm back and I am quite aware of the fact that I am not being fully loving in my actions by pushing myself to the front. I am very aware of this, thank you. But it needs to be said, ...I wish to state, ...I wish to, ...I am here, ...in gratitude. I have progressed. I do feel some changes and further more I am in the process of communicating my understanding at this time to others.

AJ: Good.

Man: I understand some of my actions have been far from loving (AJ: yes) but I wanted to say to you that I have every intention of continuing in this way and I have also made a decision to be willing to learn from those who have more understanding of these processes than I do at this time. So I do actually say thank you and apologize. But I am, ...I am who I am and it was my desire when I realized that this communication was possible to make sure that I said what I wanted to say. Is there anything that you could further add for my understanding at this time, as I am able to talk to you?

AJ: Yes, I was thinking, how are you finding listening to the ones who are guiding you? Are you still struggling a little with that?

Man: I am still struggling yes. You are correct.

AJ: Do you understand the reasons why you are struggling to trust them?

Man: I presumed it was because they are not in physical in the way that you are. I presumed it was the difference in where you are and where I am and where they are.

AJ: Right, so you felt it was to do with the fact that you couldn't see them clearly or...

Man: I find this particular communication one that I can trust. One that feels right for me. The others are, ... I feel less certain about.

AJ: Yes, ok. Because the emotion you are feeling about trusting them is also the issue that you are going to have with trusting God, does that make sense?

Man: I can understand what you are saying to me.

AJ: Yes, because what is actually happening is that it's difficult for you to trust somebody who you are struggling to see clearly and also to feel clearly and it is also going to be very difficult for you to trust God in that situation. So if you can allow yourself to work through it, let your self feel the emotion you feel of resistance and go deep into that emotion when you feel it, the emotion of a lack of trust in the ones that are trying to assist you, because what that will also help you do is open up the connection with God to a far greater degree.

Man: I understand.

AJ: Yes.

Man: I have one further question.

AJ: Go on.

Man: As far as my desires are concerned, not the Godly ones, the ones where my desires towards women are concerned?

AJ: Yes?

Man: From your perspective what is my path forward because I have found that I am feeling confusion in my actions at this time?

AJ: Yes. The first thing to understand is that with regard to the desires that you have, it is natural to have sexual desire. But the way God created the soul, God created the soul for it to split into two halves. Have you been told this from the ones who are teaching you?

Man: I have heard this but I find this somewhat difficult to comprehend and unacceptable with regards to the way that I have been and who I am.

AJ: Yes, yes. Well at the moment you sort of have the attitude I suppose, that comes from earth, in today's language of "playing the field" a bit. With the regard to the way God created the soul, God created the soul in such a way that you actually have a perfect mate who will satisfy all of your needs. But to get to the reason why you are using your sexual needs or gratifying your sexual needs in the manner you are, usually it is because of deep inner sadness about, and dissatisfaction with, relationships. Most of the time we go down the track of trying to satisfy ourselves sexually when in reality what we are doing when we do that is we are staying away from a deeper emotional need for a much deeper connection with a person. And also we often use sex to run away from feelings of sadness within our selves. In particular feelings of sadness relating to how unloved we feel or have felt when we were on earth in particular. So that is really the area to look at. At the moment you are using sex as a way to, how can I put this best, you are using sex as a way to disassociate from the inner sadness you feel and while you are involved in sexual relationships it keeps you away from that deeper emotion, does that make sense?

Man: This will be something I will have to think long and hard about. This is an interesting concept something that I have obviously not considered before. With my own understanding of myself I have just felt that I simply loved the variety. I loved the variety of everything that is available to me because of who I am, as I am I have appealed to many different types of women.

AJ: Yes.

Man: So I will certainly spend some time considering what you have said and because I know I am willing and I have felt some changes within me. I will be quite happy to ponder what you have said to me in this regard to...

AJ: That's good, if I could just say a few things to about the sexual desires and the relationship to sadness. When we have that feeling of wanting to project sexual needs onto others a lot of times the need is not actually sexually related but related to other types of desires within us that are not fulfilled. You would be aware that many people on earth over-eat not because they are hungry but because they have a deeper desire within that is not fulfilled, does that make sense?

Man: I understand this.

AJ: Yes, and really what you are doing with your sexual desire is a similar thing.

Man: Ahhhhhh. This I can understand.

AJ: Yes.

Man: Ok, this is good.

AJ: If you can allow yourself to look at what the underlying emotion would be that is actually driving you into sexual relationships and once you start dealing with that underlying desire what you will find is that you will still have a sexual desire but that sexual desire will now be a desire for your soul mate which is the other half of you.

Man: This sounds very appealing however there are some concerns within me as to the practicalities of this and whether I am indeed capable of such abstinence.

AJ: You mean abstinence between now and finding your soul mate? Or do you mean...

Man: Yes, should this, ...should I feel that this is the path for me to go. I am not at all sure if I would be capable of such a thing.

AJ: Well a part of your healing process may be that you need to have a relationship with a woman who is not your soul mate to actually work your way through the deeper emotional issues of what you have been avoiding, does that make sense?

Man: You mean a relationship with just one.

AJ: Yes, yes.

Man: Mmmmm.

AJ: And, and see what kind of issues this brings up within you.

Man: I will continue to think on these matters. There is much for me to consider now and I thank you...

AJ: No worries, my pleasure.

Man: ...for connecting again with me and I have understood from the guide here, Beatrice, that my manners are not all they should be so (AJ: Laughs) I will attempt to be more gentlemanly the next time I wish to talk with you.

AJ: Just one thing that I would like to say. As you know there are many men in the first sphere who have similar issues to what you are facing and so I feel that once you have been able to work through these issues you will have a great power to actually help and assist others to work through them too.

Man: I have, I have been discussing this with others in my area, in my location, and I will continue to do so. They are quite interested to know about the changes that I am feeling and I will of course return and discuss what you have shared with me at this time and I thank you. I thank you.

AJ: Yes, thank you.